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20-Story Tower Proposed For Former Ross Lot - Page 3

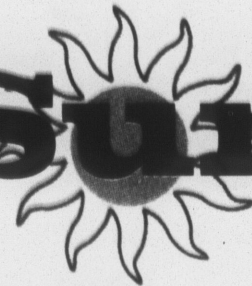
Raiders, Presidents Win Football Openers - Page 21



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# The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 53 No. 52

Thursday, September 16, 2021

\$1.50

## ★ 9-11-01: Never ★ Forget ★

QFD Ceremony Recalls 3,000 Lives Lost On 20th Anniversary Of 9-11



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Quincy Sun Photos/Robert Bosworth



### School Committee Preliminary Election Results On Sun Website

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The Quincy Sun went to press Tuesday evening.

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when available. Visit [www.TheQuincySun.com](http://www.TheQuincySun.com).

Results will also appear in print in the Sept. 23rd issue of The Quincy Sun.

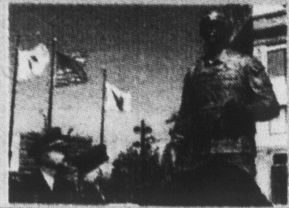


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**The Quincy Sun.com**

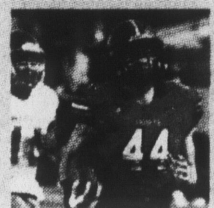




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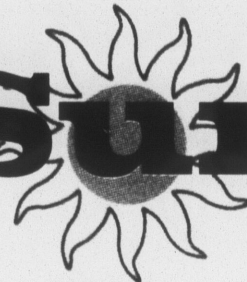
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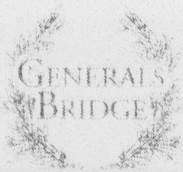
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# GENERALS BRIDGE & PARK DEDICATION

Saturday, September 11, 2021 at 10 a.m.

Corner of Dunford Drive & McConville Way, Quincy Center

Please see the blue parking lots and handicap parking locations identified below.



## Map Key:



Public Parking



Hancock Street: Handicap parking available on both sides between Granite Street and School Street.

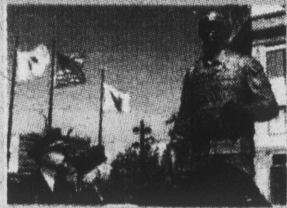
Generals Bridge Location

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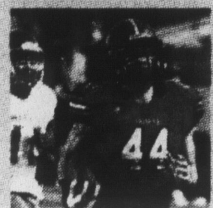




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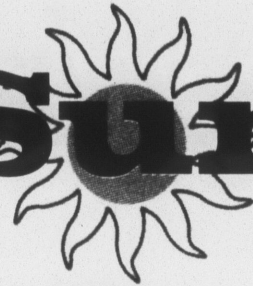
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**DISABLED AMERICAN VETERANS**, Department of Massachusetts, recently held a kick-off reception for its annual 5K Road Race which will be held in Boston on Saturday, Nov. 6. The reception was held at Granite Links Golf Course in Quincy. At the event, the DAV honored World War II veteran and former Quincy resident Luigi Pascale. The beloved veteran is a longtime DAV supporter and advocate. Pascale was honored for his military service and lifelong commitment to helping disabled veterans. He was presented a medal display shadowbox frame showcasing many of the medals he received for his military service in the U.S. Army during World War II. From left to right are: Charlie Cook - DAV chapter, 3 Senior Vice Commander; Coleman Nee - National 3rd Jr. Vice Commander; Will Egan - Department of MA State Commander; Dan Stack - DAV Department of MA State Adjutant/CEO and in the center with his medals is Luigi Pasquale. The DAV 5K, along with the DAV golf outing, is one of the DAV's main fundraisers. Since its inception in 1920, the Disabled American Veterans (DAV) has worked diligently to procure benefits for disabled veterans and their families. The DAV is a non-profit organization that has no affiliation with the government, and does not receive any government subsidies or funding.

*Photo Courtesy Frank DeGiacomo, M.D.*



**THREE QUINCY GENERALS** - Gen. Gordon R. Sullivan (left) shakes hands with fellow Quincy generals Joseph F. Dunford, Jr. (center) and James C. McConville (right) after offering remarks at the dedication of the Generals Bridge and Park in Quincy Center Saturday, Sept. 11. Statues of the three generals - along with busts of four other generals with local ties - were unveiled during the dedication. "These men never sought accolades or ranks; they were chosen to lead because they possess the virtues of leadership: integrity, courage, humility and loyalty," said Mayor Thomas Koch. "A grateful city is proud to claim them as our own and promote their legacies to inspire service to the community and the United States of America," he added.

*Quincy Sun Photos/Robert Bosworth*

## 'What We Are Honoring Today Is The Idea of Service'

### Generals Bridge, Park Dedication Draws Thousands

By **SCOTT JACKSON**  
Thousands gathered in Quincy Center on Saturday as the city dedicated the new

Generals Bridge and Park, which honor 18 men from the city who have served the United States since the


1770s.

The two-and-a-half hour ceremony began with a pro-

*Cont'd On Page 15*




**PROUD MOMENT** - General James McConville (left) and his father, Navy veteran Joseph McConville, unveil a bronze statue in Gen. McConville's honor at the Generals Park during a dedication ceremony Saturday. Two other statues and four bronze busts were also dedicated to generals with local ties at the ceremony.



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**DCR Fort Independence**  
**at Castle Island, South Boston**

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# FoxRock Unveils Ross Lot Development Plans

## Includes 20-Story Tower With 325 Hotel Rooms, Apartments

By SCOTT JACKSON

A Quincy-based company has unveiled formal plans to redevelop part of former Ross Lot in Quincy Center, including a 20-story tower housing a combined 325 hotel rooms and apartments, a 150,000-square-foot office building, a two-story building with a restaurant and other amenities, and a 490-car garage.

FoxRock Properties pitched the proposed redevelopment, known as SwitchPoint Quincy, to the Planning Board during its meeting on Sept. 8. FoxRock is seeking two separate approvals from the board; the first is a certificate of consistency for the overall project and the second is a special permit to build the hotel and residential structure 20 stories high.

The board did not vote on the proposal that evening

and will take up the matter again on Nov. 10. It has not been determined whether November's meeting will be held remotely like the Sept. 8 session was or in-person.

FoxRock's development would be located at 37R and 86 Parkway, which is within the former Ross Lot in Quincy Center. The roughly triangular parcel — which is bounded by General Dunford Drive to the south, Granite Street to the north, General McConville Way to the east and the MBTA tracks to the west — contains 117,366 square feet of land and is located within the Quincy Center Zoning District-15, where buildings can be constructed 15 stories tall by-right and 20 stories high with a special permit.

The developer hopes to begin construction on site in

Cont'd On Page 11

## Mid-Autumn Festival Chinese Calligraphy Exchange Exhibit Online Program

On Tuesday, Sept. 21 from 6 to 8 p.m., as part of Thomas Crane Public Library's September art exhibit, Mid-Autumn Festival Chinese Calligraphy Exchange, calligraphy lovers and anyone with an interest in learning more is invited to a special online program presented by Yunhua Ju, a calligrapher sojourning in the United States and a visiting scholar to the University of Massachusetts.

Yunhua Ju's five styles of calligraphy works make up the majority of the exhibit, with a special feature of one work by Ren Li, an IB Chinese teacher at Brockton

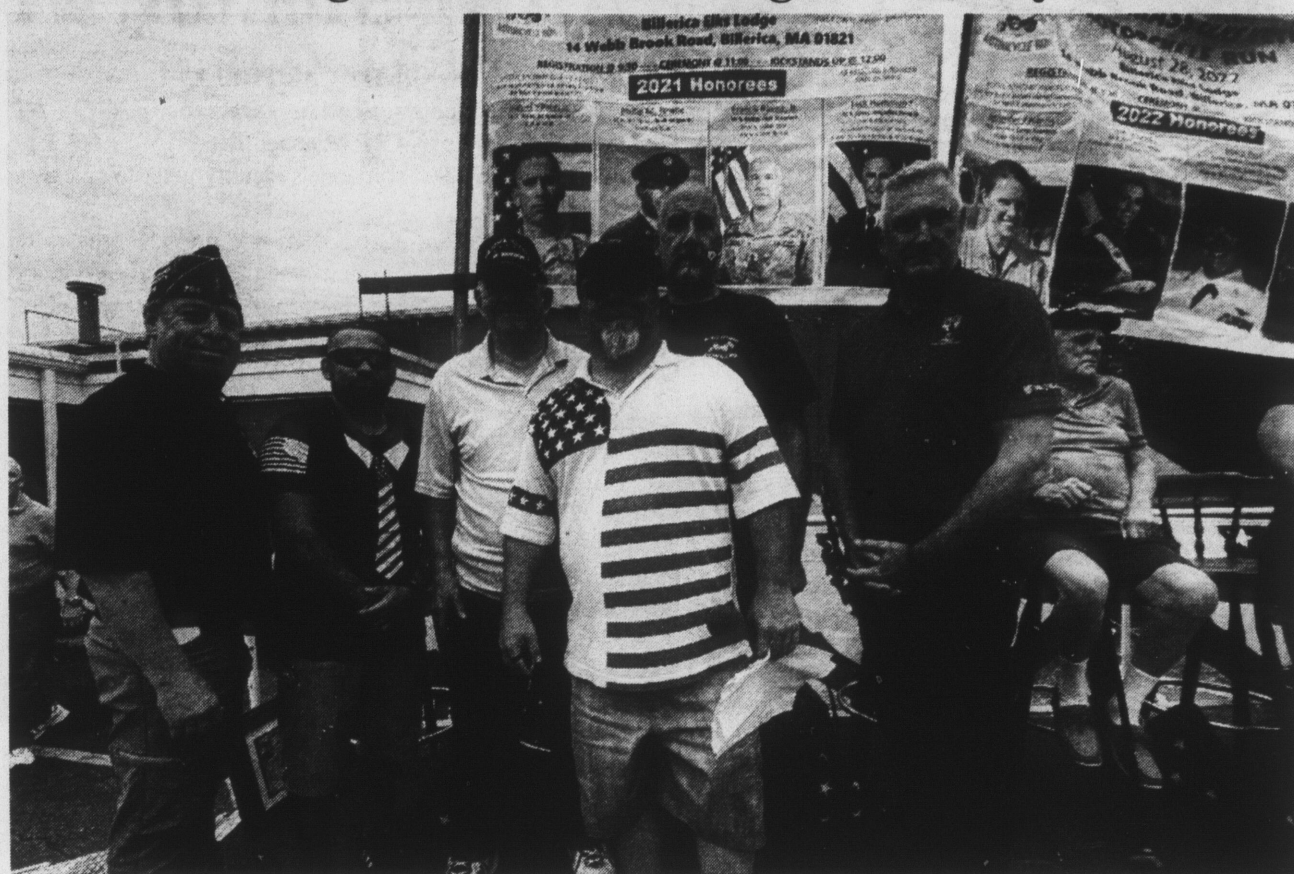
High School.

Online reception audience members will hear Ren Li discuss "American Calligraphy Teaching Practice," followed by a talk by Yunhua Ju, "How to Enjoy a Chinese Calligraphy." A question and answer session for each speaker will follow.

Join on Zoom (meeting ID 853 8326 8370). Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio.

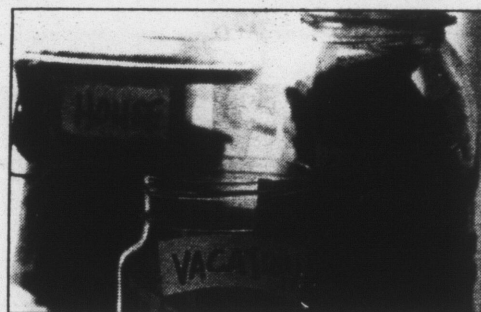
You may also view the program live on the Crane Public Library's YouTube channel.

## Morrisette Legion Post Donates Flags To Military Honorees



THE CYRIL P. MORRISSETTE American Legion Post 294, Quincy, recently donated flags and flags cases to four honorees during the Mass Elks Veterans Motorcycle Run. Post Commander George Bouchard presented the flags at the 14th Annual Mass Elks motorcycle run in Billerica. This was the first year the Morrisette Post was a sponsor of this event which was well attended with 250 riders and raised over \$17,000. The money raised will go to veterans' hospitals in the state to help veterans in need. During this event four honorees were honored for their devoted service to their nation from the U.S. Army and U.S. Air Force. The Morrisette Post was honored to participate in this event as Commander Bouchard delivered the flags folded in a case to protect them and spoke on behalf of the honorees during the event. Event Chairman Donald Barnard (Quincy Elks) said he was very excited with the turnout and his entire staff for the wonderful job putting it all together for the true heroes of this country who remain in the hospital. From left to right: Commander George Bouchard, Morrisette Post #294; Daniel Vitale Jr., Specialist E-4 U.S. Army (Afghanistan, Purple Heart); Buck Sergeant Philip M. Towne, U.S. Air Force (Vietnam); Chairman Donald Barnard (Quincy Elks), First Sergeant Francis Rayne, Jr., U.S. Army (Afghanistan and Iraq) and Brigadier General U.S. Army Jack Hammond (Iraq & Afghanistan).

Courtesy Photo



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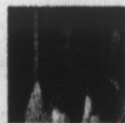
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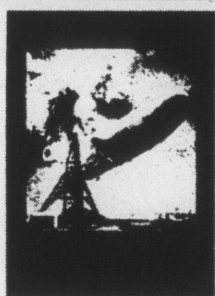
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## Moments in time

THE HISTORY CHANNEL

• On Sept. 27, 1854, two ships collide off the coast of Newfoundland, killing 322 people. The wooden-hull Arctic slammed into the iron-hull steamer Vesta and was severely damaged. In trying to beach the ship, the Arctic's captain ran over several lifeboats, causing more people to drown.

• On Oct. 1, 1908, in Detroit, the first production Model T Ford is completed. Its 22 horsepower, four-cylinder engine could reach speeds up to 40 mph and run on gasoline or hemp-based fuel.

• On Sept. 28, 1928, a lab accident led Sir Alexander Fleming, a young bacteriologist, to one of the great discoveries of modern medicine. Having left a plate of staphylococcus bacteria uncovered, Fleming noticed that a mold that had fallen on the culture had killed many of the bacteria. He identified the mold as penicillium notatum, similar to the kind found on bread.

• On Oct. 2, 1948, the first American road race since World War II takes place in Watkins Glen in New York. The New York Central railroad agreed to suspend train service so the drivers could safely cross the tracks.

• On Sept. 29, 1969, the U.S. Army drops murder charges against eight Green Berets accused of killing a Vietnamese national, citing reasons of national security after the CIA refused to release highly classified information.

• On Oct. 3, 1981, a hunger strike by Irish nationalists at the Maze Prison in Belfast in Northern Ireland is called off after seven months and 10 deaths. Afterward, British Prime Minister Margaret Thatcher agreed to several of the protesters' demands, including the right to wear civilian clothing.

• On Sept. 30, 1999, large doses of radiation are released at Japan's Tokaimura nuclear plant in an accident caused by a serious error made by workers at the plant. Instead of pouring 5 pounds of powdered uranium into nitric acid, workers poured 35 pounds.

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**The Garden Bug**

One of the first flowers represented in the arts may be the lotus flower. It is sacred in many ancient cultures, including in ancient Egypt as a symbol of death and rebirth to the afterlife. Ancient Egyptians adorned amulets, ceramics, papyrus paintings, jewelry and household items with it. In King Tutankhamun's tomb, collar necklaces made of cut blossoms that included blue lotuses were found among his many trinkets and treasures.

- Brenda Weaver

Source: [www.egmaton.com](http://www.egmaton.com)

Lotus

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# AARP Monthly Fraud Watch Update

By CINDY CAMPBELL  
Communications Director  
AARP Massachusetts

Did you know that someone's identity gets stolen every two seconds?

The AARP Fraud Watch Network provides you with tips and resources to help you spot and avoid identity theft and fraud so you can protect yourself and your family. Our watchdog alerts will keep you up to date on con artists' latest tricks.

It's free of charge for everyone: AARP members, non-members, and people of all ages.

## The AARP Fraud Watch Network is:

• **An Educator:** Get real-time alerts about the latest scams, tips on how to spot them, and the inside scoop on how con artists think so you can outsmart them before they strike.

• **A Watchdog:** Our nationwide scam tracking map gives you access to a network of people who've spotted scams and the opportunity to pass along your own experiences, so together we can beat con artists at their own game.

• **A Resource:** Get connected to a real live person trained in how to avoid fraud and advise you if you or a loved one has been scammed by calling our fraud hotline or attending a forum in your community.

• **Free for Everyone:** Anyone, of any age, can access our resources at no cost.

## SCAM ALERT #1:

### AARP Impostor Scams

One of the most effective things that criminals can do to gain your confidence is impersonate an organization that you do business with and trust. Sadly, no one is immune from this. Not even AARP.

Recently, the AARP Fraud Watch Network Helpline has been receiving calls about a scam involving phone calls from someone claiming to be with "AARP Security Systems" (or something similar sounding). We are told the first question they ask is whether you own your home and then they hang up.

We haven't yet heard from anyone who lost money or sensitive information to these scam calls, but that could always change. Don't engage with anyone claiming to be from AARP Security Systems, and if you get a call like this, let us know by calling the AARP Fraud Watch Network Helpline at 1-877-908-3360, or reporting it on our scam map ([www.aarp.org/scammap](http://www.aarp.org/scammap)). Anytime you are directed to pay a debt or other obligation with a gift card, it is a scam.

## SCAM ALERT #2:

### "Smishing"

As more of us catch on to scam calls to our smartphones and block them or don't answer them, scammers have taken to texting. "Smishing" is the term of art: SMS + phishing. Just as scammers phish by casting a wide net with email, so they do with smishing.

The same things that we suggest in order to avoid phishing attacks apply to smishing. But texts live in this space of immediacy - scammers know we are likely to respond much faster to a text than an email. To thwart their efforts, take a pause and consider the message. Is this really my bank, or Amazon, or PayPal, or the IRS texting me? Don't click links - access the company or agency in a way you know to be safe and see if there's an issue. Otherwise, don't engage.

## SCAM ALERT #3:

### Grandparent Scams

Criminals know that fear is the best motivator, and nothing drives fear more than a loved one in trouble. This is why scams targeting grandparents seem never to go away.

If someone calls claiming to be your grandchild, or some authority calling about your grandchild who is in trouble or danger, it's most likely a scam. It's certainly a scam if the caller directs you to send money fast to resolve the problem. Your best move is to hang up and call your grandchild or reach out to family who would know his or her whereabouts.

## SCAM ALERT #4:

### Utility Scams

Utility scams heat up as the temperatures rise (and when they fall), so much so that the Federal Trade Commission ranks utility impostors among the top reported scams. In this one, you typically get a call, email or text saying your account is past due and you must pay immediately, or they will cut off your power. Another tactic is the "utility" claiming you overpaid your bill, and they request your bank account information to issue a refund. Utility scammers can also show up at your door after a power outage or severe storm offering to get your power back on for a fee.

Utility companies typically don't do business this way. Any unusual communication from your utility should raise a flag. Disengage and contact your provider at a number you know to be legitimate (off of a recent statement, for example). Chances are you'll learn that there is no problem to address.

**Be a fraud fighter!** If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at [www.aarp.org/fraudwatchnetwork](http://www.aarp.org/fraudwatchnetwork).

# DQH Final Summer Outdoor Tour Sept. 18

By MARTHA CURTIS  
O'CONNELL

The Dorothy Quincy Homestead Committee will offer the last in its outdoor tour series at the Dorothy Quincy Homestead from 11 a.m. to 2 p.m. on Saturday, Sept. 18.

Docents will be available to welcome visitors and answer their questions as stories of the Edmund Quincy Family who first settled on the property in the 1630s are shared. It's not too late to enjoy the last of the summer blooms in the lovely heritage gardens before fall is upon us. The lofty Joe-Pye weed is typically buzzing with the bees and butterflies gathering sweet nectar in late summer.

Tours will end promptly at 2 p.m. A suggested donation of \$5 to the Homestead is greatly appreciated.

Visitors are encouraged to stop by the carriage house during their tour to see the lovingly restored Hancock carriage, a gift to John Hancock in 1777 from the owners of an American privateer, the Civil Usage. Due



JOHN COLLINS PHOTO of Joe-Pye weed in the late summer heritage gardens at the Dorothy Quincy Homestead. The historic site will hold its final summer outdoor tour Saturday, Sept. 18.

to on-going construction and conservation initiatives at the Homestead, the interior of the house remains closed to the public this season. Please note there are no public restroom facilities available on site.

Current MA COVID-19 protocols will be followed during this event. Please check the website [nscda.org/quincy-homestead](http://nscda.org/quincy-homestead) or

our Facebook page Quincy Homestead 1686 for any schedule changes.

The Homestead was purchased in 1904 by the NSCDA-MA. The grounds and buildings are owned by the Massachusetts Department of Conservation and Recreation (DCR) and operated in cooperation with NSCDA-MA in a public-private partnership.

Only dogs on leash are allowed on the property per DCR.

Before you visit, please read the visitor safety information for the City of Quincy, Massachusetts at [discoverquincy.com](http://discoverquincy.com).

The Dorothy Quincy Homestead historic site is located at 34 Butler Rd. at the corner of Hancock Street.

2021

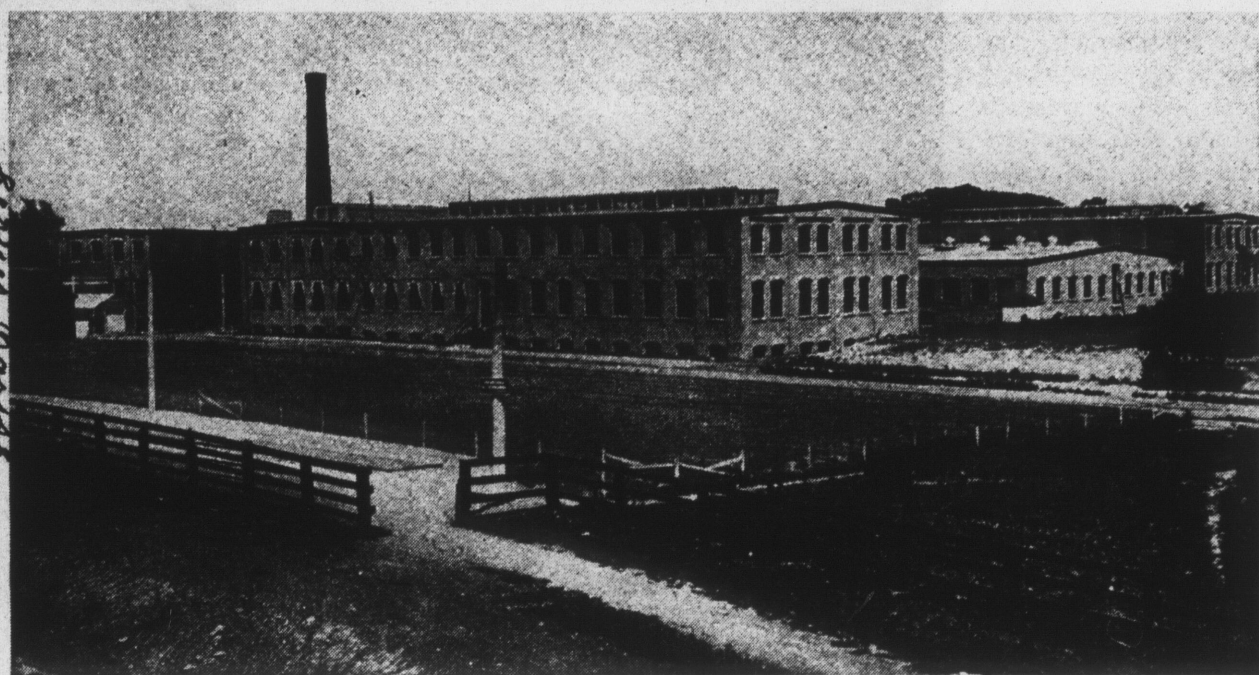
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## Scenes From Yesterday



THIS 1912 postcard is a view of the old Tubular Rivet and Stud Company building in Wollaston. This view shows Weston Avenue running through the middle of the picture that was taken just before a third floor was added to the large building in the center. Additional buildings were added by the company, including one of the lot in the foreground, before they moved to Braintree in the

1960s. Many tenants used the buildings over the next several years, including The Bargain Center, Boston Gear Works, a corrugated box manufacturer and a lamp manufacturer. Today, the buildings in this view are part of the Mellon Bray Condominium complex named for the founder of the Tubular Rivet Company.

*From the Tom Galvin Postcard Collection*

## READERS FORUM

### Resources Needed For Copeland Street Betterment

In The Quincy Sun Sept. 9th issue there was an excellent article (letter to the editor) from a Wollaston area resident reporting the street condition on Waterston Avenue. I am sure many readers identify with the writer.

Similarly, the residents of South West Quincy have recently reached out to their councillor on comparable issue, the condition of Copeland Street. There is one beautiful section there – the Granite Workers Memorial statue and park. But after that the sidewalks are hazardous to walk, in fact last month a pedestrian broke her ankle walking on Copeland Street.

Copeland Street is a gateway to the New Quincy, the Furnace Brook Parkway exit to Quincy from Route 3 and from the South East Expressway. It is distressing just to walk or drive on – an embarrassment gateway to the Historic City of Quincy.

We have reached out to our city councillor to take this street on the city council's agenda and to the Department of Planning and Community Development, to direct some resources for this neglected street's betterment.

Second, there is perhaps a way to give the businesses, property owners, used car dealers and garage owners some

incentives for sprucing up their business fronts. Often it only take a few flower boxes and the broom and the rake to make the difference and more pleasant for the pedestrians and the motoring public.

It has been proven many times if the business front is neat and clean of weeds and litter their business revenue goes up. It is a challenging street, and the city has planted some trees there years ago.

We are looking forward for response from our councillor and from the city's Community Development Department to evaluate how this Copeland Street, the gateway to the City of Presidents, better reflects this city. The community members are willing to walk with the officials and evaluate the needs and meet with the property owners to see what can be done together with the city planners and the Public Works Department.

"Until this issue is resolved, any expressions of pride and references to the {New Quincy} – will ring hollow in the ears of local citizens" – quoting William MacDonald of Quincy.

Anneli Johnson  
Quincy

### Thank You For Assisting Earthquake Victims

As we commemorate the 20th anniversary of the Sept. 11th event, we Haitians are praying for the peaceful rest of all the victims and peace and consolation for America for all the survivors and their families.

We pray for the peaceful rest of all the victims of the corona virus and of the 2,000-plus victims of the Haiti earthquake on Aug. 14, 2021. There was another earthquake Saturday in Haiti. Its center was in the city of Jeremy. Please pray for Haiti as we rebuke all future earthquake and violence in Jesus' name.

We want to say a thanks you to all those who are supporting us in sending food, medical support, tarps and school supplies to the victims of the Aug. 14, 2021 earthquake. Thanks to the support of many in Quincy and Dorchester and of Eagle shipping line we sent close to 400 tarps. This is enough to provide a temporary tents to 400 families. Our goal is to send enough tarps for 1,000 families victims of the earthquake. There are 16 churches destroyed, about 37,000 houses collapsed and 200 schools are completely damaged.

### Eight Quincy Students On SNHU President's List

Eight students from Quincy have been named to the summer President's List at Southern New Hampshire University in Manchester, N.H.

They are:

Denis Pimentel, Mary Kane, Deandrew Fortune, Gabrielle Christensen, Tracy Poirier, Brielle Moorhead, Leo Cay and Laurn White.

May God bless abundantly all our benefactors. May money locate your bank accounts and houses and may you get 100 folds. Thanks with your help and God's help Haiti is rising up Thanks, gracias, xie xie merci, shalom, peace.

Marie Denise  
Quincy

## Quincy's Yesterdays

This Week  
1973  
48 Years Ago

### 6-Ward Plan OKed But Councillor Vows Court Action

Federal Court Judge Andrew Caffery accepted the six-ward plan advanced by Ward 4 Councillor Albert Barilaro and approved by the City Council, and then the judge shut off all further debate on the issue that has plagued the city since June.

Thus the preliminary election will be held Nov. 6 and the final election on Dec. 4.

"The judge, in essence, overruled a state statute that would have barred us from redistricting again until 1980," said Ward 3 Councillor Theophilus McLelland III, whose political foothold in Ward 3 was wiped out under the Barilaro plan. (Editor's note: The Barilaro plan put Ward 3 Councillor McLelland in Ward 2 and added portions of Ward 3 to Ward 4 Councillor Albert Barilaro's constituency. McLelland chose to run for Councillor at-Large and lost. Barilaro would lose his Ward 4 seat to newcomer James A. Sheets.)

### LIONS CLUB ESTABLISHES CAPT. BRUDNO SCHOLARSHIP

The Quincy Lions Club is establishing a scholarship fund in memory of the late Capt. Edward A. Brudno, former Vietnam POW, who died last June.

A special committee, headed by former School Committee Vice-Chairman James F. McCormick, has been meeting to set up the scholarship.

Capt. Brudno's father, Dr. James Brudno, was a charter member of the Quincy Lions Club.

Capt. Brudno's Air Force Phantom jet was shot down in Oct. 1965. He was released with other POW's in Feb. 1973.

Serving on the scholarship committee with McCormick were Lions Members George Riley, City Auditor Alexander Smith and James Sullivan.

### QUINCYISMS

The Quincy Health Department administered 5,300 free flu shots at the JFK Health Center. **Health Commissioner Dr. Alfred V. Mahoney** termed it "a tremendous clinic"... **Rev. Joseph E. Brett (D-Quincy)** appealed to **Mayor Walter J. Hannon** for an "officer on the beat" for the Montclair area, where, he said, "vandalism and burglary are getting worse"... **Wire Inspector William H. Pitts** announced that his department issued 122 permits and collected \$1,629 in fees for wiring estimated to cost \$239,295... **Lt. Cmdr. Arthur W. Collins**, son of Mrs. Mary A. Collins, 71B Station St., West Quincy, returned to his home port of Norfolk, VA, after a ten-month deployment in the Western Pacific and Atlantic aboard the amphibious assault ship the USS Inchon...

The Faith McLarnon School of Dance was offering "Classes in Ballet, Tap, Jazz, Irish Step and Combination for Young Students, Adults and Tots." Classes are held at the Montclair Men's Club facility... The Quincy Emblem Club was planning to honor past president **Gerry Shepherd** during Supreme District Deputy Night Sept. 26. **Emblem Club President Mary Spalding** was to be hostess for the evening... **Marine Corporal Thomas W. Sullivan** was promoted to his present rank while serving with the Marine Corps, Base Camp, Camp LeJeune, NC... **Gail E. Whitehead**, daughter of Mr. and Mrs. Robert W. Whitehead, 72 Waterston Ave, was installed as Worthy Advisor of the Wollaston Assembly of the Order of the Rainbow Girls at the Quincy Masonic Temple... The Wollaston Credit Union, 651 Hancock St., was offering "Special Notice Accounts, 6% Per Annum"... "The Sound of Music," starring Julie Andrews and Christopher Plummer, was playing at the Wollaston Theater. All seats: \$1... Plans were being made for the annual Past Commanders Breakfast of the Jewish War Veterans. The event will be held at Beth Israel Synagogue, Sunday morning Oct. 7... Kimberley's, 751 Quincy Shore Drive, announced that "Happy Hour" would be held Monday thru Thursday from 4:30 to 7 p.m... **James Locke** was the incoming president of the Montclair Men's Club; he succeeded **Edward P. Adams**... The Duggan Brothers, Ambrose and Frank, announced that their annual "Auto Show" would be held Thursday, Friday and Saturday, Sept. 20-22... The Quincy High School cross country track team will have, for the first time, a female member on the team in **Jill Seamans**. Miss Seamans runs the 220, 440 and 880.



# Quincy Recreation Department Wiffle Ball Tournament

Quincy Recreation Director Michelle Hanly announces the Quincy Recreation Department recently held its annual Wiffle Ball Tournament at the Montclair tennis courts.

The Wiffle Ball Tournament is a popular event and was well attended, with approximately 75 youngsters from the city's 17 playgrounds participating. The tournament is a co-ed competition, with teams separated into three age groups: Midgets (8-10), Juniors (11-12), and Seniors (13-16). The event was run by sports specialists John Grasselli, Tim Durgin and Marissa McGue.

In the Midget division, teams from Perkins and LaBrequé playgrounds overcame stiff competition to meet in the championship. Both teams played hard in a game that turned into a one-sided affair with Perkins pulling away in the middle innings. James Bry-

an led the way pitching for Perkins, while Logan Mann and Teddy Bryan carried the team offensively. For LaBrequé, Davyn Hockney led the midget division with five home runs, while Johnny O'Connor and Danny Tetreault pitched especially well.

The Junior division featured a deep and competitive field, with two Forbes Hill teams meeting in the final, and playing an exhilarating championship game that went to extra innings. For the first-place team, Kevin Greene brought the heat on the mound, while Joe Carroll hit the go-ahead homerun in extra innings. Nick Ambroult led the tournament with 12 homeruns for the second place Forbes Hill team, while showcasing an exciting curveball on the mound. Max Lamonica and Aedan Callaghan played well defensively and provided opportunistic offense throughout the tournament.

In the Senior division, the championship featured an extremely talented Forbes Hill team against an underdog team from Welcome Young, that battled through the loser's bracket to reach the final. Forbes Hill was led by the pitching duo of Jack Greene and Connor Clifford, who showcased a variety of off-speed pitches that kept opposing hitters off balanced. Nathan Kane and Cameron Mann helped fuel the team's offense. Welcome Young was led by the pitching performance of Mike Zheng, and a multi-homerun day for Alex Polena. In the end, the pitching combination for Forbes proved to be too much, and the team earned a championship victory.

The Wiffle Ball Tournament was a huge success; all teams showed great sportsmanship and enthusiasm. Congratulations to all who participated.

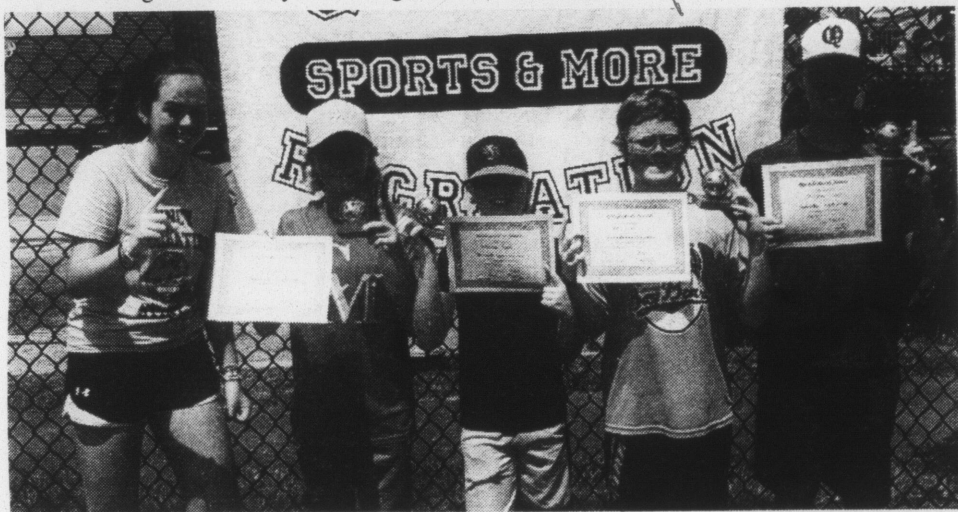


QUINCY RECREATION DEPARTMENT recently held its annual Wiffle Ball tournament. A team from the Perkins Playground won the Midget Championship. From left to right: Recreation Leader Olivia Skinner, Teddy Bryan, James Bryan, Nora Bryan, Logan Mann and Recreation Leader Tyler Le.

Photos Courtesy Quincy Recreation Department



JUNIOR CHAMPIONS: Forbes Hill - From left to right Recreation Leader Jack Nelson, Kevin Greene, Myles Ryan, Brendan Duddy, Joe Carroll and Recreation Leader Julianne Sheehan.



SENIOR CHAMPIONS: Forbes Hill - From left to right Recreation Leader Julianne Sheehan, Connor Clifford, Nathan Kane, Jack Greene and Cameron Mann.



JUNIOR RUNNER-UPS: Forbes Hill (from left to right) Recreation Leader Jack Nelson, Max Lamonica, Nick Ambroult, Aedan Callaghan and Recreation Leader Julianne Sheehan.



MIDGET 3RD PLACE: Beechwood (from left to right) Recreation Leader Patrick Webber, Noah Johnston, Jayden Gruezo, Faela Morris, Biruk Sawtelle and Recreation Leader Brandon Sullivan.



SENIOR RUNNER-UPS: Welcome Young (from left to right) Recreation Leader Dan Vu, Barry Yang, Alex Polena and Mike Zheng.

2 More Wiffle Ball Tournament Photos On Page 7

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## 2021 Wiffle Ball Tournament



**JUNIORS 3RD PLACE:** Perkins (from left to right) Nick Lamonica, Ryan Clougher, Sage O'Campos and Recreation Leader Tyler Le.



**SENIORS 3RD PLACE:** Montclair (from left to right) Francis Zheng, Anna Crump, Maggie Webber and Recreation Leader Abby Newton.

## HN Team Wins Cornhole Tourney

As part of the Saturdays in the Park event series, on Aug. 28th the Wollaston Hill Neighborhood Association hosted the 2021 Quincy All-Neighborhood Cornhole Tournament.

A highly-skilled team from Houghs Neck was able to unseat the 2019 winners from Merrymount.

The Association extends a sincere thank you to all

the tournament teams from Merrymount, Montclair, and Wollaston Hill for their participation and competition. Congratulations to Jim McCarthy, Alison Goyette McCarthy, Robbie Kane, and Mark O'Brien from Houghs Neck who are this year's champions.

Situated at Safford Park on Beale Street, the event drew a few hundred resi-

dents from the Wollaston Hill neighborhood and around the city and featured live music from The Fall, a beer garden featuring local craft beer, gourmet grilled cheese sandwiches from Craig's Cafe, and desserts from Babycakes. To learn more about upcoming events by the association visit [www.wollastonhill.com](http://www.wollastonhill.com).



**CORNHOLE CHAMPIONS** – This team from Houghs Neck won the recent 2021 Quincy All-Neighborhood Cornhole tournament coordinated by the Wollaston Hill Neighborhood Association. Team members celebrating their win are Mark O'Brien, Alison Goyette McCarthy, Jim McCarthy and Robbie Kane. *Courtesy Photo*

## Social

### Movie Review: 'Shang-Chi And The Legend Of The Ten Rings'

By BOB GARVER

Last month, Disney CEO Bob Chapek controversially referred to "Shang-Chi and the Legend of the Ten Rings" as "an interesting experiment." He was purportedly referring to the decision to release the film exclusively to theaters (as opposed to a simultaneous theatrical/streaming release), but some took the comment as dismissively referring to releasing a film with a predominantly Asian cast.

I see it as an experiment on another front: trying to take advantage of the historically tricky Labor Day weekend. I don't know if it's because kids across the country are back to school or the transition out of summer blockbuster season, but Labor Day weekend is traditionally one of the worst box office weekends of the year – not the worst holiday weekend, the worst weekend, period. Fortunately, even if the film is an "experiment," the experiment has paid off on all fronts. The film opened to \$71 million, proving that the film could succeed without streaming, an Asian cast can carry a movie, and by nearly doubling the previous record, blockbuster openings are possible on Labor Day weekend. It helps that film itself is an above-average MCU entry that deserves its success.

Shang-Chi (Simu Liu) was raised by his father Wenwu (Tony Leung) to be an expert assassin. Wenwu himself was in possession of the powerful Ten Rings, which gave him malevolent superpowers, but gave them up to marry Li (Fala Chen), herself a martial arts master from the mystical land of Ta Lo who had to give up her powers to marry Wenwu and start a family. Shang-Chi escaped from his father and fled to America, where he currently spends his days valet parking and hanging out with his friend Katy (Awkwafina). He gets a distress call from his estranged sister Xialing (Meng'er Zhang), so he and Katy travel to Macau to rescue her. It turns out Xialing is doing fine, running an underground fight club after training herself to be an expert fighter and escaping from Wenwu herself. The whole thing turns out to be a setup by Wenwu to reunite with his children so they can travel to Ta Lo to rescue Li, whom the kids know to be dead. It's up to Shang-Chi, Xialing, Katy, and a surprise returning character from



another arm of the MCU to save Ta Lo from Wenwu, who will either recover his wife or use the Ten Rings to burn the village to the ground.

This movie has some of the best action sequences I've seen from the MCU in a long time. The best is an early one on a bus (between this and "Nobody," this has been a great year for bus-based fight sequences), and that's followed by one on the side of a building that is basically constructed like a giant Plinko board. I also like a few fights set in Ta Lo, one where Wenwu battles Li, and one where Chang-Chi spars with his aunt Nan (Michelle Yeoh). Less enthralling are fights toward the end where the Ten Rings are unleashed to throw people around, shoot phony-looking lightning bolts, and fight CGI dragons. It's the kind of overdone action that turns people off of the MCU. I will say that one element I appreciate is that the characters don't immediate-

ly go into celebration mode after a final battle with many casualties. They recognize that the day is won, but they make it a priority to honor their fallen comrades.

I'll admit I was worried about the future of the MCU with the disappointing "Black Widow," but "Shang-Chi and the Legend of the Ten Rings" has it back on track. The action is pretty crisp, but more importantly, the characters are engaging and funny enough that I want to see what adventures they'll have in installments to come. I hope this movie ultimately outdoes "Black Widow" at the box office so there can be no doubt that this experiment was a success.

**Grade: B**

"Shang-Chi and the Legend of the Ten Rings" is rated PG-13 for sequences of violence and action, and language. Its running time is 132 minutes.

Contact Bob Garver at [rgr251@nyu.edu](mailto:rgr251@nyu.edu).

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## WHAT'S COOKING

with  
**Marie & Suzie**

By MARIE D'OLIMPIO and SUZIE FALCO



### Meat Cakes

By MARIE

Today's recipe for hamburgers gives them a different kind of zing. If you are tired of just cooking just a plain hamburger you will find that this is very different and delicious.

#### Directions and Ingredients

- ½ pound ground beef
- ½ pound ground pork
- 1 small onion, finely chopped
- 1 potato medium-sizes, cooked and mashed (or if you have leftover mashed potatoes you can use those - potato amount should equal about 1 cup)
- 1 egg
- 1 cup seasoned bread crumbs
- ½ cup grated Romano or parmesan

cheese

- 1 tablespoon of low sodium soy sauce
- 2 tablespoons olive oil

Combine the pork, beef and potato then add all of the rest of the ingredients and blend well.

Mix and shape into about 8 patties depending on how large you want to make them.

Coat with plain bread crumbs (you can also use corn flake crumbs. I combined the two when I made them.)

Sauté them in a combination of oil and soy sauce.

Fry thoroughly because of the pork and they can also be great on the grill barbequed. Serve with any side or salad

### Homemade Granola Bars

By SUZIE

Here is a fun and tasty recipe for some homemade granola bars. These can be stored in Ziploc baggies and are so much fun to make. Have the kids join you as well!

The flax adds important nutrients and it is tasteless. Make sure you buy ground flax and always store in freezer to prevent it from getting rancid.

- 6 tablespoons pasture butter (I use Kerrygold)
- 1/3 cup coconut sugar
- 1/4 cup maple syrup (the real stuff)
- 2 teaspoons vanilla extract
- ¼ tsp sea salt
- 2 cups quick-cooking/instant oats
- organic PLAIN oats (do not use regular old-fashioned oats)
- 1-3/4 cups crispy brown rice cereal (I use Erewon brand)
- 1/2 cup sliced almonds
- 1/4 cup flax meal
- 1/3 cup mini chocolate chips (I use Enjoy Life brand)

#### Instructions

1. Line a 9 x 13-inch baking pan with parchment paper and grease lightly
  2. In a large pot, combine the butter, sugar and maple syrup. Bring the mixture to a boil over medium-high heat, stirring constantly. Lower the heat and simmer until the sugar dissolves and the mixture is slightly thickened, about 2 minutes. Remove the pan from the heat and stir in the vanilla and salt.
  3. Add the oats, rice cereal, almonds and flax meal to the pan and fold with a rubber spatula until well combined.
  4. Transfer the mixture to the prepared pan and press down lightly with a rubber spatula to even out. Sprinkle the miniature chocolate chips over top, adding more or less to suit your taste, and press down firmly with the spatula so the chips stick. The mixture should be tightly compacted in the pan.
- Place the pan in the refrigerator for 1-1/2 - 2 hours to cool.

### Stuffed Artichokes

By MARIE

Everyone once in a while I made my family a real treat by serving artichokes. A lot of people are afraid to cook them because they seem to be complicated or difficult. There are many ways to make stuffing for artichokes but this is one I use most of the time.

#### Ingredients

- 1 cup seasoned bread crumbs
- ¼ cup tomato sauce
- 1 tablespoon of white wine
- ¼ cup grated parmesan or Romano cheese

Mix all ingredients until moist and well blended.

Add a little water if dry -and more bread-crum if too moist.

Par boil the artichokes, let cool until they can be handled to be stuffed.

Cut bottom stem off so artichokes will sit properly in the baking dish.

With a scissors trim the top of the leaves slightly.

Spread artichoke leaves slightly and put stuffing in between each layer of leaves. Tighten enough so stuffing won't fall out.

Place them up straight in a deep pan and add ½ cup water and 2 tablespoons of olive oil and cover.

Cook on low heat for 1 hour and baste with the liquid.

You can also bake them in the oven.

I sometimes add tomato sauce over each on before I cook them, but that is optional.

Can be served with meat, fish or any delicacy.



FALL IS A good time to improve the health and appearance of a stressed lawn.

Photo courtesy of MelindaMyers.com

## Help For Weather-Stressed Lawns

### Tips For Fertilization, Mowing, Maintenance

By MELINDA MYERS

The extreme heat and drought of 2021 across much of the country has turned many lawns brown. Damaged lawns may be thin, contain dead patches or are overrun with weeds.

Fall is a good time to improve the health and appearance of a weather-worn lawn. Start the process by evaluating the damage. Then plan a course of action and be prepared to follow through as needed with proper care.

Fall fertilization can help improve thin lawns, and those with numerous small dead patches the size of a baseball or smaller. Apply fertilizer in early September to help lawns recover from summer stress while encouraging denser growth and deeper, more drought tolerant roots. Those in warmer climates growing grasses like centipede, Bermuda and zoysia should make sure the last fall application is at least one month prior to the average first killing frost. Use a low nitrogen, slow-release fertilizer that won't harm stressed lawns and young seedlings if repairing or overseeding the lawn.

Continue to mow high as long as the grass continues to grow. Taller grass produces deeper, more drought tolerant roots. Mow often, removing only a third of the total height. This is less stressful on the lawn and results in shorter clippings that can be left on the lawn. The clippings return mois-

ture, nutrients, and organic matter to the soil.

Use a sharp blade for a cleaner cut that closes more quickly, reducing water consumption and risk of insects and disease while leaving the lawn looking its best. You'll also save time as sharp blades cut more efficiently and reduce fuel consumption by as much as 22%.

Improving a lawn's growing conditions will help it recover more quickly and equip it to better manage environmental stress. Core aerate lawns that have more than one half an inch of thatch, those growing in compacted soils, or before overseeding. By removing plugs of soil, you will break through the thatch and create channels for water and fertilizer to reach the grass roots. For best results, core aerate the lawn when it's actively growing; fall for cool season grasses and spring or early summer for warm season grasses.

Hand removal of weeds is the most environmentally friendly option. Organic broadleaf weedkillers with the active ingredient Fendate or Hedta is another option. Spot treat problem areas to minimize the use of chemicals and reduce the stress on already stressed lawns. As always, read and follow label directions carefully whether using traditional, natural or organic chemicals.

Repair dead and bare

patches in cool season lawns that are the size of a soccer ball or larger as needed. Those growing warm season grasses will have the best results when seeding in spring through early summer. Rake away dead grass and debris roughening and exposing the soil below. Spread grass seed over the area and lightly rake to ensure seed-to-soil contact.

Or mix a handful of grass seed in a bucket of compost or potting mix. The organic matter helps conserve moisture and promotes seed sprouting. Spread the mix over the soil surface. Water these areas often enough to keep the soil surface moist until the grass seed sprouts. As grass begins to grow, water more deeply and less often to encourage a robust drought tolerant root system.

Proper maintenance and a bit of cooperation from nature will help transform your lawn from a disappointment to an asset in your landscape.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her web site is [www.MelindaMyers.com](http://www.MelindaMyers.com).

## Fifth Annual Mike's 5K To Crush Substance Abuse Oct. 16

The fifth annual Mike's 5K To Crush Substance Abuse will be held Saturday, Oct. 16 in Milton.

Registration is open at [mikes5k.racewire.com](http://mikes5k.racewire.com).

Mike's 5K was started in 2017 in memory of Michael Mulcahy of Milton, who heroically battled an opioid addiction for 10 years before passing in 2016.

The race raises money for many area organizations focused on substance abuse prevention and treatment programs. Since its inception in 2017, Mike's 5K has donated more than \$250,000 to organizations including Bay State Community Services, the Boston Bulldog Running Club, the Gavin Foundation, the Grayken

Center at Boston Medical Center, the Laboure Center, the Milton Substance Abuse Prevention Coalition and the Milton Youth Center.

"The COVID-19 pandemic has been especially challenging for our friends and family suffering from substance use disorder," said John Mulcahy, president of Mike's 5K. "Over-

dose deaths are on the rise. The Mike's 5K Committee is excited to return to an in-person event in 2021 to support the terrific work of our many partner organizations on the frontlines of fighting the opioid epidemic."

More information about Mike's 5K can be found at [mikesfivek.org](http://mikesfivek.org).

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# Ask Rusty: 'COLA' In Benefit Projections

By RUSSELL GLOOR

National Social Security Advisor

At the AMAC Foundation, The Non-Profit Arm  
Of the Association of Mature American Citizens

**Dear Rusty:** In your reply to "Confused Senior" about when to claim Social Security benefits, I noticed that you did not take into account any compounded annual increases in benefit payments. While these are not guaranteed and are dependent upon the economy, they do affect the difference in total amount that can be drawn between eligibility age, full retirement age, or age 70. Would you please address this? **Signed: Stickler for Details**

**Dear Stickler:** Thanks for your feedback on that article. You are correct, of course, that I did not include Cost of Living Adjustments (COLA) in my response to the question asked, and that was intentional. I seldom include future COLA in these calculations because doing so would mean introducing a speculative factor, and I don't like uncertainties when it comes to claiming Social Security. It's not that I can't include COLA, but it's usually easier for people to grasp the straight (guaranteed) mathematical computation without adding a variable factor which could result in an inaccurate future benefit projection.

Historically, COLA increases have ranged from 0% to 14% because COLA is tied to inflation — a variable determined by annual changes to the national Consumer Price Index (CPI). If you remember the very high inflation years of the late 70s and very early 80s, those are the years when the highest COLA increases were granted. More recently (but before 2021) inflation has been held to its lowest level in recent history and, accordingly, COLA increases have been quite small. No COLA increases at all were granted in 2009, 2010 and 2015, and the increase in 2016 was a paltry 0.3%. The average COLA increase over the last 10 years (2011 - 2020) was 1.7%, and the average over the last 20 years has been 2.2%. I've done these computations both ways - including a 2% average COLA increase and not including any COLA increase - and the resulting breakeven

## Social Security Matters

point for claiming at age 70 vs. full retirement age doesn't significantly change.

For clarity, most early projections now suggest that high inflation in 2021 will cause the 2022 COLA increase to exceed 6%, far above the average over the past 20 years, further emphasizing the speculative nature of predicting COLA. Although the actual future benefit predictions would be somewhat different with a COLA projection added, those amounts would be conjecture (and "not guaranteed," as you have said). Excluding COLA from such analyses, however, does provide guaranteed amounts and I prefer to use solid numbers rather than speculative ones. If it turns out that COLA improves their benefit amount and break-even age that will be icing on the cake, but they've made their claiming decision based on solid information and guaranteed future benefit increases.

Other feedback from that same article suggested I should have also evaluated an option to claim benefits early and invest them, rather than waiting longer to get a guaranteed higher Social Security benefit. Just like trying to predict COLA, predicting investment growth introduces a variable that I'm not comfortable using when advising about Social Security benefits. For that type of speculative advice, it would be prudent to seek counsel from a certified financial planner.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.*

To submit a question, visit [amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory) or email [ssadviser@amacfoundation.org](mailto:ssadviser@amacfoundation.org).

## A Living Will For Your Dying Wish

By JOHN GRIMALDI

"You don't have to be old and sickly to start thinking about the benefits of making a living will, but it's well worth giving it serious thought if you are a senior citizen," says Rebecca Weber, CEO of the Association of Mature American Citizens [AMAC].

Weber explains that a "last will" is a document that lets you decide how your possessions, property and money will be distributed among family and friends when you die. A living will allows you to choose how you wish to be treated in the event that death is imminent and you are unable to communicate your wishes to your doctors and your family. "A living will does not go into effect if you are able to think and talk about the options you have, if you have been in an accident or are suffering from a dangerous illness. It only takes effect if you are incapacitated and cannot express your wishes."

You can find "do-it-yourself" living will templates on the Internet and while they are relatively easy to complete, it's important to bear in mind that different states have different rules about preparing living wills and so you may want to consult an attorney. You may also want to discuss your decision to execute a living will with your family and your primary care

physician. After all, if you are incapacitated and can't communicate your wishes to the attending medical team, you'll need someone to inform them that you have a living will. And should you have religious doubts or concerns, talk it over with your minister, priest or rabbi, says AMAC's Weber.

The American Bar Association [ABA] suggests you may also want to consider providing a close relative with your health care directive, specifically for medical decision making. The ABA also notes that: "The critical task in advance care planning is to clarify your values, goals, and wishes that you want others to follow if they must make decisions for you, rather than trying to address every possible medical treatment. Workbooks

such as The Tool Kit for Health Care Advance Planning can help you: [www.ambar.org/agingtoolkit](http://www.ambar.org/agingtoolkit)."

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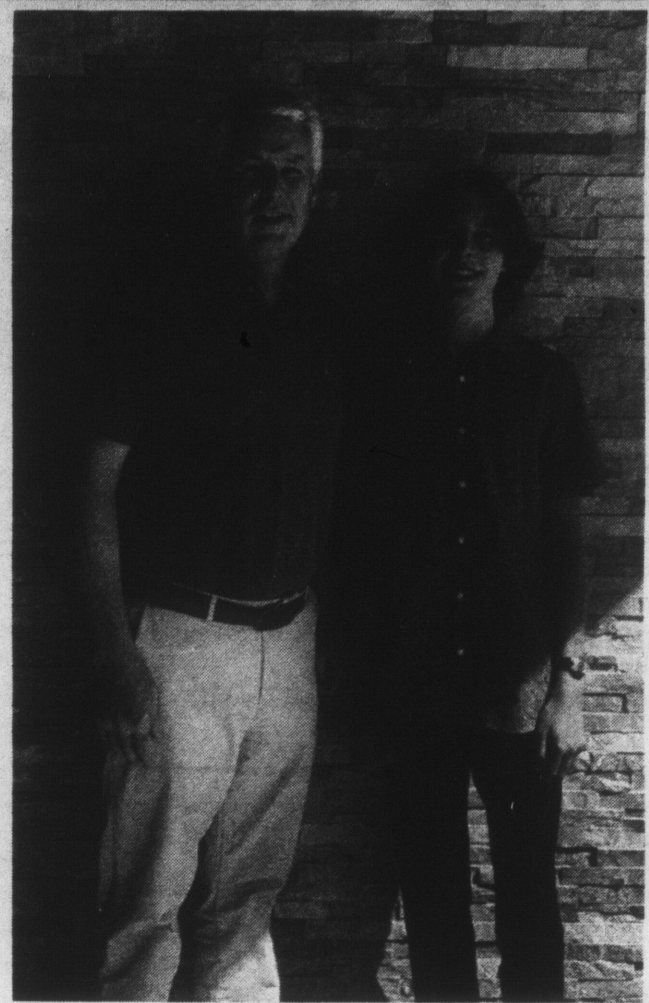
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• First, make sure your doctor understands and supports your wishes, and you

understand your health state, likely futures, and options.

• Second, there is no guarantee that your directive will follow you in your medical record, especially if you are transferred from one facility to another. You or your proxy should always double-check to be sure your providers are aware of your directive and have a copy.

• Advance planning is an ongoing, evolving process. Review your wishes whenever any of the Five D's occur: (1) you reach a new decade in age; (2) you experience the death of a loved one; (3) you divorce; (4) you are given a diagnosis of a significant medical condition; (5) you suffer a decline in your medical condition or functioning.



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Courtesy Photo

## BBB Scam Alert:

## Scammers Impersonate Legitimate Lenders To Steal Thousands Of Dollars

By BETTER BUSINESS BUREAU

BBB Scam Tracker is receiving reports of scammers masquerading as legitimate loan providers. The phony lenders guarantee a quick loan with no upfront fees. But victims who provide their banking information to the scammers are left in the negative.

### How the scam works:

You receive an email advertising a guaranteed loan. The email displays a logo and contact information for what appears to be a legitimate loan company. Before proceeding with the offer, you search for the company online to determine if they can be trusted. You find that the name and contact information matches with a legitimate company, so you proceed with the loan.

Once you agree to the loan, the "lender" takes your personal banking information and deposits the loan into your account via a check. Then, they demand you buy insurance for the loan before the check officially clears. Unfortunately, the loan check turns out to be fake, something victims often don't realize until after they pay the "insurance."

One victim told BBB, "The money will be available the next day, but then it will be rejected by your bank three days later."

These scammers know that consumers are increasingly aware of phishing attempts, so they use the identity of a business that can easily be verified online. This allows them to gain target's trust and get access to their bank account.

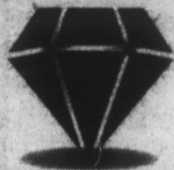
### How to avoid fake loan offers:

• **Avoid unsolicited loan offers.** Scammers use offers of quick cash to lure you in—don't fall for it. Whether they contact you by phone, email or text or send loan offers by mail, approach all unsolicited offers for money with caution.

• **Expect a credit check.** These scams often prey on people who may not easily qualify for a loan. No legitimate lender will provide you with a loan without performing a credit check.

• **Ensure the business contact information matches the email sender information.** Brand identifiers can easily be copied and included in the body of an email, so the most important information for a consumer to verify is the email address of the sender. The domain for the email address typically matches the domain of the official website and should be free of random letters or numbers.

• **Research loan providers before accepting an offer.** When doing business with an unfamiliar company, don't just verify they're legitimate by searching their name online because you could be missing surprising information. View ratings and reviews to see what other people are saying, and check for a BBB business profile.



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## WHAT'S COOKING

with  
**Marie & Suzie**

By MARIE D'OLIMPIO and SUZIE FALCO



### Meat Cakes

By MARIE

Today's recipe for hamburgers gives them a different kind of zing. If you are tired of just cooking just a plain hamburger you will find that this is very different and delicious.

#### Directions and Ingredients

½ pound ground beef  
½ pound ground pork  
1 small onion, finely chopped  
1 potato medium-sizes, cooked and mashed (or if you have leftover mashed potatoes you can use those - potato amount should equal about 1 cup)  
1 egg  
1 cup seasoned bread crumbs  
½ cup grated Romano or parmesan

cheese

1 tablespoon of low sodium soy sauce  
2 tablespoons olive oil

Combine the pork, beef and potato then add all of the rest of the ingredients and blend well.

Mix and shape into about 8 patties depending on how large you want to make them.

Coat with plain bread crumbs (you can also use corn flake crumbs. I combined the two when I made them.)

Sauté them in a combination of oil and soy sauce.

Fry thoroughly because of the pork and they can also be great on the grill barbequed.

Serve with any side or salad

### Homemade Granola Bars

By SUZIE

Here is a fun and tasty recipe for some homemade granola bars. These can be stored in Ziploc baggies and are so much fun to make. Have the kids join you as well!

The flax adds important nutrients and it is tasteless. Make sure you buy ground flax and always store in freezer to prevent it from getting rancid.

• 6 tablespoons pasture butter (I use Kerrygold)

• 1/3 cup coconut sugar  
• 1/4 cup maple syrup (the real stuff)  
• 2 teaspoons vanilla extract  
• ¼ tsp sea salt

• 2 cups quick-cooking/instant oats  
organic PLAIN oats (do not use regular old-fashioned oats)

• 1-3/4 cups crispy brown rice cereal (I use Erewhon brand)

• 1/2 cup sliced almonds  
• 1/4 cup flax meal

• 1/3 cup mini chocolate chips (I use Enjoy Life brand)

#### Instructions

1. Line a 9 x 13-inch baking pan with parchment paper and grease lightly

2. In a large pot, combine the butter, sugar and maple syrup. Bring the mixture to a boil over medium-high heat, stirring constantly. Lower the heat and simmer until the sugar dissolves and the mixture is slightly thickened, about 2 minutes. Remove the pan from the heat and stir in the vanilla and salt.

3. Add the oats, rice cereal, almonds and flax meal to the pan and fold with a rubber spatula until well combined.

4. Transfer the mixture to the prepared pan and press down lightly with a rubber spatula to even out. Sprinkle the miniature chocolate chips over top, adding more or less to suit your taste, and press down firmly with the spatula so the chips stick. The mixture should be tightly compacted in the pan.

Place the pan in the refrigerator for 1-1/2 - 2 hours to cool.

### Stuffed Artichokes

By MARIE

Everyone once in a while I made my family a real treat by serving artichokes. A lot of people are afraid to cook them because they seem to be complicated or difficult. There are many ways to make stuffing for artichokes but this is one I use most of the time.

#### Ingredients

1 cup seasoned bread crumbs  
¼ cup tomato sauce  
1 tablespoon of white wine  
¼ cup grated parmesan or Romano cheese

Mix all ingredients until moist and well blended.

Add a little water if dry -and more bread-crum if too moist.

Par boil the artichokes, let cool until they can be handled to be stuffed.

Cut bottom stem off so artichokes will sit properly in the baking dish.

With a scissors trim the top of the leaves lightly.

Spread artichoke leaves slightly and put stuffing in between each layer of leaves. Tighten enough so stuffing won't fall out.

Place them up straight in a deep pan and add ½ cup water and 2 tablespoons of olive oil and cover.

Cook on low heat for 1 hour and baste with the liquid.

You can also bake them in the oven.

I sometimes add tomato sauce over each on before I cook them, but that is optional.

Can be served with meat, fish or any delicacy.



FALL IS A good time to improve the health and appearance of a stressed lawn.

Photo courtesy of MelindaMyers.com

### Help For Weather-Stressed Lawns

#### Tips For Fertilization, Mowing, Maintenance

By MELINDA MYERS

The extreme heat and drought of 2021 across much of the country has turned many lawns brown. Damaged lawns may be thin, contain dead patches or are overrun with weeds.

Fall is a good time to improve the health and appearance of a weather-worn lawn. Start the process by evaluating the damage. Then plan a course of action and be prepared to follow through as needed with proper care.

Fall fertilization can help improve thin lawns and those with numerous small dead patches the size of a baseball or smaller. Apply fertilizer in early September to help lawns recover from summer stress while encouraging denser growth and deeper, more drought tolerant roots. Those in warmer climates growing grasses like centipede, Bermuda and zoysia should make sure the last fall application is at least one month prior to the average first killing frost. Use a low nitrogen, slow-release fertilizer that won't harm stressed lawns and young seedlings if repairing or overseeding the lawn.

Continue to mow high as long as the grass continues to grow. Taller grass produces deeper, more drought tolerant roots. Mow often, removing only a third of the total height. This is less stressful on the lawn and results in shorter clippings that can be left on the lawn. The clippings return mois-

ture, nutrients, and organic matter to the soil.

Use a sharp blade for a cleaner cut that closes more quickly, reducing water consumption and risk of insects and disease while leaving the lawn looking its best. You'll also save time as sharp blades cut more efficiently and reduce fuel consumption by as much as 22%.

Improving a lawn's growing conditions will help it recover more quickly and equip it to better manage environmental stress. Core aerate lawns that have more than one half an inch of thatch, those growing in compacted soils, or before overseeding. By removing plugs of soil, you will break through the thatch and create channels for water and fertilizer to reach the grass roots. For best results, core aerate the lawn when it's actively growing; fall for cool season grasses and spring or early summer for warm season grasses.

Hand removal of weeds is the most environmentally friendly option. Organic broadleaf weedkillers with the active ingredient Fendax or Hedta is another option. Spot treat problem areas to minimize the use of chemicals and reduce the stress on already stressed lawns. As always, read and follow label directions carefully whether using traditional, natural or organic chemicals.

Repair dead and bare

patches in cool season lawns that are the size of a soccer ball or larger as needed. Those growing warm season grasses will have the best results when seeding in spring through early summer. Rake away dead grass and debris roughening and exposing the soil below. Spread grass seed over the area and lightly rake to ensure seed-to-soil contact.

Or mix a handful of grass seed in a bucket of compost or potting mix. The organic matter helps conserve moisture and promotes seed sprouting. Spread the mix over the soil surface. Water these areas often enough to keep the soil surface moist until the grass seed sprouts. As grass begins to grow, water more deeply and less often to encourage a robust drought tolerant root system.

Proper maintenance and a bit of cooperation from nature will help transform your lawn from a disappointment to an asset in your landscape.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her web site is www.MelindaMyers.com.

### Fifth Annual Mike's 5K To Crush Substance Abuse Oct. 16

The fifth annual Mike's 5K to Crush Substance Abuse will be held Saturday, Oct. 16 in Milton.

Registration is open at mikes5k.racewire.com.

Mike's 5K was started in 2017 in memory of Michael Mulcahy of Milton, who heroically battled an opioid addiction for 10 years before passing in 2016.

The race raises money for many area organizations focused on substance abuse prevention and treatment programs. Since its inception in 2017, Mike's 5K has donated more than \$250,000 to organizations including Bay State Community Services, the Boston Bulldog Running Club, the Gavin Foundation, the Grayken

Center at Boston Medical Center, the Laboure Center, the Milton Substance Abuse Prevention Coalition and the Milton Youth Center.

"The COVID-19 pandemic has been especially challenging for our friends and family suffering from substance use disorder," said John Mulcahy, president of Mike's 5K. "Over-

dose deaths are on the rise. The Mike's 5K Committee is excited to return to an in-person event in 2021 to support the terrific work of our many partner organizations on the frontlines of fighting the opioid epidemic."

More information about Mike's 5K can be found at mikesfivek.org.

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# Ask Rusty: 'COLA' In Benefit Projections

By RUSSELL GLOOR

National Social Security Advisor

At the AMAC Foundation, The Non-Profit Arm  
Of the Association of Mature American Citizens

**Dear Rusty:** In your reply to "Confused Senior" about when to claim Social Security benefits, I noticed that you did not take into account any compounded annual increases in benefit payments. While these are not guaranteed and are dependent upon the economy, they do affect the difference in total amount that can be drawn between eligibility age, full retirement age, or age 70. Would you please address this? **Signed: Stickler for Details**

**Dear Stickler:** Thanks for your feedback on that article. You are correct, of course, that I did not include Cost of Living Adjustments (COLA) in my response to the question asked, and that was intentional. I seldom include future COLA in these calculations because doing so would mean introducing a speculative factor, and I don't like uncertainties when it comes to claiming Social Security. It's not that I can't include COLA, but it's usually easier for people to grasp the straight (guaranteed) mathematical computation without adding a variable factor which could result in an inaccurate future benefit projection.

Historically, COLA increases have ranged from 0% to 14% because COLA is tied to inflation -- a variable determined by annual changes to the national Consumer Price Index (CPI). If you remember the very high inflation years of the late 70s and very early 80s, those are the years when the highest COLA increases were granted. More recently (but before 2021) inflation has been held to its lowest level in recent history and, accordingly, COLA increases have been quite small. No COLA increases at all were granted in 2009, 2010 and 2015, and the increase in 2016 was a paltry 0.3%. The average COLA increase over the last 10 years (2011 - 2020) was 1.7%, and the average over the last 20 years has been 2.2%. I've done these computations both ways - including a 2% average COLA increase and not including any COLA increase - and the resulting breakeven

## Social Security Matters

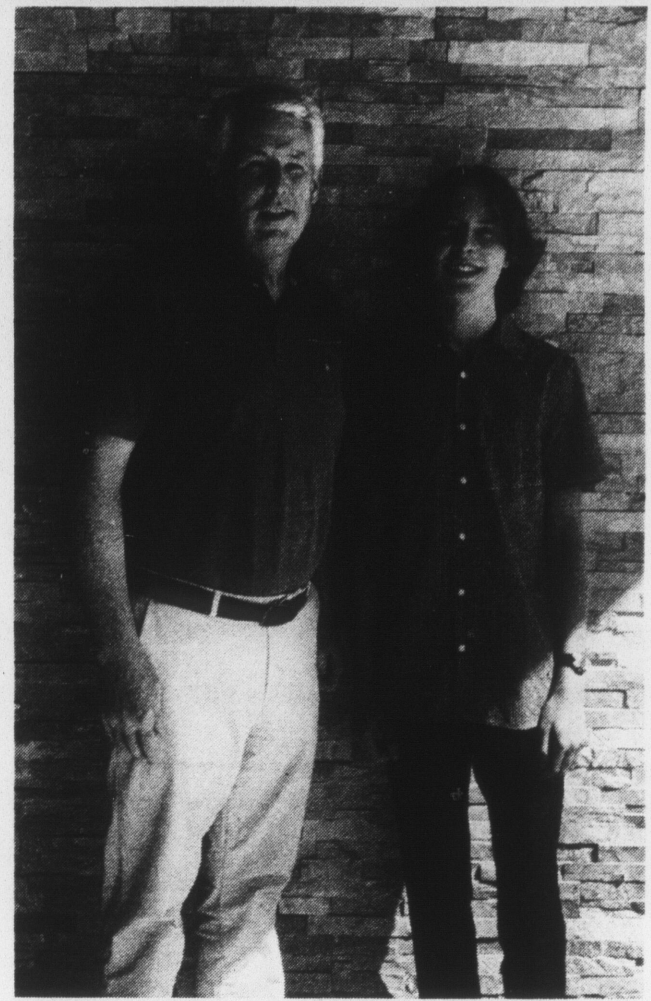
point for claiming at age 70 vs. full retirement age doesn't significantly change.

For clarity, most early projections now suggest that high inflation in 2021 will cause the 2022 COLA increase to exceed 6%, far above the average over the past 20 years, further emphasizing the speculative nature of predicting COLA. Although the actual future benefit predictions would be somewhat different with a COLA projection added, those amounts would be conjecture (and "not guaranteed," as you have said). Excluding COLA from such analyses, however, does provide guaranteed amounts and I prefer to use solid numbers rather than speculative ones. If it turns out that COLA improves their benefit amount and break-even age that will be icing on the cake, but they've made their claiming decision based on solid information and guaranteed future benefit increases.

Other feedback from that same article suggested I should have also evaluated an option to claim benefits early and invest them, rather than waiting longer to get a guaranteed higher Social Security benefit. Just like trying to predict COLA, predicting investment growth introduces a variable that I'm not comfortable using when advising about Social Security benefits. For that type of speculative advice, it would be prudent to seek counsel from a certified financial planner.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.*

To submit a question, visit [amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory) or email [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org).



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Courtesy Photo

## A Living Will For Your Dying Wish

By JOHN GRIMALDI

"You don't have to be old and sickly to start thinking about the benefits of making a living will, but it's well worth giving it serious thought if you are a senior citizen," says Rebecca Weber, CEO of the Association of Mature American Citizens [AMAC].

Weber explains that a "last will" is a document that lets you decide how your possessions, property and money will be distributed among family and friends when you die. A living will allows you to choose how you wish to be treated in the event that death is imminent and you are unable to communicate your wishes to your doctors and your family. "A living will does not go into effect if you are able to think and talk about the options you have, if you have been in an accident or are suffering from a dangerous illness. It only takes effect if you are incapacitated and cannot express your wishes."

You can find "do-it-yourself" living will templates on the Internet and while they are relatively easy to complete, it's important to bear in mind that different states have different rules about preparing living wills and so you may want to consult an attorney. You may also want to discuss your decision to execute a living will with your family and your primary care

physician. After all, if you are incapacitated and can't communicate your wishes to the attending medical team, you'll need someone to inform them that you have a living will. And should you have religious doubts or concerns, talk it over with your minister, priest or rabbi, says AMAC's Weber.

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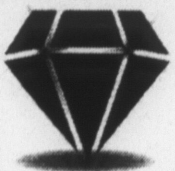
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### To Steal Thousands Of Dollars

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On Sept. 8, Officer O'Connor was assigned to the West Quincy sector of the city on the overnight shift.

At approximately 1 a.m., he was dispatched to a residence for a report of a breaking and entering in the past. When Officer O'Connor arrived on scene, the victim stated that a party known to him showed up at his residence last night and asked to stay. The victim told him that he could not stay there.

The victim later found the suspect inside his residence and that he had entered through an unlocked door. The victim once again told the suspect that he was not welcome and if he came back he would call the police.

At approximately 12:30 a.m., the victim discovered the suspect in his living room going through a tool box. When he told the suspect to leave, the suspect grabbed a blue lighter and exited the house in an unknown direction. Another occupant of the residence noticed that her medicine bag and a tool box were missing from her bedroom. Neither occupant knew how the suspect gained access into the residence. Both stated the door was locked.

Officer O'Connor queried the suspect through the Crimi-

## A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS

Public Information Officer

Quincy Police Department

nal Justice Information System (CJIS), which revealed that he may possibly live in Weymouth. The victim described the suspect as a black male wearing a black sweatshirt and red Puma shoes.

Based on how much time had passed since the call, and knowing that to get to Weymouth the suspect would most likely be crossing the Fore River Bridge, Officer O'Connor drove there to try to locate the suspect. Officer O'Connor observed him walking by Kilroy's Car Wash located at 570 South St. and notified dispatch to send additional units. Officer O'Connor instructed the suspect several times to stop walking but he continued to walk and ignored the officer's commands.

Officer O'Connor activated his cruiser blue lights and

continued to give commands that the suspect ignored. He continued to follow the suspect until additional units arrived. Once the suspect turned onto Washington Street, he began to run towards the Fore River Bridge.

Officer O'Connor exited his cruiser and began to pursue the suspect on foot. The suspect then ran into the street, causing a vehicle approaching the rotary to slam on the brakes to avoid striking him. Officer O'Connor then chased the suspect into the rotary. He was able to catch up with the suspect and guided him to the ground. He attempted to place the suspect in handcuffs, but the suspect resisted by placing his hands under his chest.

With other officers now on scene, the suspect was placed in handcuffs. During a search of the suspect, Officer O'Connor located a blue bic lighter matching the description of the lighter taken from the residence. Officer O'Connor was unable to locate any medication in the suspect's possession.

The 25-year-old from Weymouth was transported to the Quincy Police Station where he was booked for burglary, larceny from a building, disorderly person, and resisting arrest. Great work!

## QUINCY POLICE CRIME AWARENESS JOURNAL

### WEDNESDAY, SEPT. 1

**LARCENY/MOTOR VEHICLE** (scooter), 10:24 a.m., South Street. Report.

**INDECENT EXPOSURE** (male), 11:01 a.m., Centre Street. Male resident exposed himself to caller. Arrest made.

**LARCENY** (package stolen), 9:18 p.m., Stewart Street. See caller in QPD lobby. Caller said a package was stolen. Company has package listed as delivered. Caller said he never got it. Report filed.

### THURSDAY, SEPT. 2

**BREAKING AND ENTERING/PAST** (dwelling), 12:18 p.m., Edwards Lane. Has a video of someone on her

property. Reporting party in QPD lobby.

**LARCENY** (check), 2:30 p.m., 31 Braintree Avenue. In QPD lobby. Report filed.

### FRIDAY, SEPT. 3

**VANDALISM/PROPERTY** (overnight), 10:45 a.m., Belmont Street. Window smashed in. Unknown if anything was taken. Nothing disturbed/taken from vehicle. No suspect information.

**LARCENY** (power tools), 1:26 p.m., Russell Park. Complaint filed.

**LARCENY** (checks), 2:23 p.m., Sea Avenue. See caller in police lobby. Report.

**VANDALISM/PROPERTY** (window), 11:16 p.m.,

Seven Eleven Store, Hancock Street. Unknown suspect threw a rock at window and smashed it. He believes it may be on camera. No injuries. Case number provided. Will call if they have incident on camera. Advised.

### SATURDAY, SEPT. 4

**BREAKING AND ENTERING/PAST** (garage), 10:11 a.m., Highland Avenue. Dodge Ram color red, garage was broken into and truck along with power tools stolen.

### SUNDAY, SEPT. 5

**VANDALISM/PROPERTY** (red Dodge Caravan), 8:36 a.m., Clay Street. In the parking lot, multiple cars. Three cars, flat tires, windows smashed. Handicap placard taken out.

### MONDAY, SEPT. 6

**ASSAULT AND BATTERY** (ongoing), 1:43 a.m., Marina Bay Marina, 333 Victory Rd. Within 103 meters. Male could be heard in the background saying "if you call the cops, I'll f\*ck you up" and then the line disconnected. Caller called back and said that his shirt was ripped and then stopped answering questions. Caller states that suspect is on a boat, will show officers what slip he is in, does not know the number. Reporting party states that he was thrown between boats and that there were two males who assaulted him. Reporting party states that all parties have been drinking all weekend. Driving victim home. Complaint to be filed.

**VANDALISM/PROPERTY** (vehicle), 10:30 a.m., Baystate Road. Report to be filed.

**VANDALISM/PROPERTY** (four tires slashed), 1:02 p.m., Burns Avenue. Report to be filed.

**LARCENY** (card inside ATM), 2:45 p.m., Star Market, 130 Granite St. Citizens Bank ATM. Card went inside machine and did not come back out. Customer by the ATM by the customer service desk. Report to be filed.

**VANDALISM/PROPERTY** (to car), 6:46 p.m., Walmart, 301 Falls Blvd. By the front door. White Ford F-150 damage from shopping cart. Advised.

**VANDALISM/PROPERTY** (broken window), 7:33 p.m., Jackson Street. Heard commotion a few nights ago now sees apartment window broken. Unsure who broke it. Case number given.

### TUESDAY, SEPT. 7

**ASSAULT AND BATTERY** (past), 12:28 p.m., Quality Dental Care, 1255 Hancock St. With patient. A&B report submitted.

**LARCENY/MOTOR VEHICLE** (Toyota Camry), 1:50 p.m., Finest Auto Sales, Quincy Avenue. Report to be filed.

**VANDALISM/PROPERTY** (motor vehicle window shot out), 2:28 p.m., Taffrail Road. See caller in police lobby. Report to be filed.

**VANDALISM/PROPERTY** (to bike), 4:23 p.m., Clay Street. Bike was damaged. Caller wanted incident documented. Case number provided.

### WEDNESDAY, SEPT. 8

**BREAKING AND ENTERING/PAST** (dwelling), 12:57 a.m., Taber Street. Arrest made. Right side - black male, medium height, heavy set reporting party states male broke into his house twice today. Once this morning and once 30 minutes ago. Reporting party states that male took off on foot, had no clothing description. Believes he resides in Weymouth. Report and complaint submitted. Suspect spotted on South Street by Washington Street by 774. Fled on foot towards Fore River Bridge. Taken into custody at Fore River Rotary. Arrest for burglary, disorderly and resist-



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[jrodeck@qcap.org](mailto:jrodeck@qcap.org)



16

2021



# FoxRock Development Plan Includes 20-Story Tower

Cont'd From Page 3

the spring of 2022 and complete the project by early 2024.

FoxRock and Mayor Thomas Koch had negotiated a land disposition agreement, which the City Council approved in June 2019, allowing the company to acquire that portion of the Ross Lot from the city and to redevelop it. That LDA also allowed the company to buy out the city's right of reverter at 114 Whitwell St., formerly home to Quincy Medical Center, freeing it up for a residential redevelopment. The developer agreed to pay the city \$4.25 million as part of the pact.

The new office building would be located at the south end of the parcel, abutting General Dunford Drive. The hotel and residential tower – which, at 20 stories, would be the tallest building in Quincy – would be located at the north end of the site, separated from Granite Street by a new outdoor amenity area. The garage would be located in between those two buildings sitting behind the two-story commercial building on General McConville Way. The office building and 20-story tower

would both have retail space on the ground floor as well.

"The project aims to create a vibrant streetscape through programming active uses along the ground floor with both lobbies, retail spaces and a series of outdoor spaces of different scales and type," Josh Kleinman, FoxRock's director of design and construction, told the board.

"We've located loading docks and back-of-house facilities away from McConville Way to truly create a pedestrian-centric city block."

David Bois, principal at the design firm Arrowstreet, the master planner for the project, said the various uses included in the proposal would create an active site.

"We're really looking to create an active, 18-hour environment with office, retail, hotel and residential," he said.

In February 2019, Koch announced that FoxRock had struck a deal with Brigham and Women's Hospital and South Shore Health System, the parent organization of South Shore Hospital, to lease space within the proposed office building.

At the Sept. 8 board meeting, Kleinman said the office building had been designed for medical uses. Ed Hodges, principal at the architectural firm Dimella Shaffer, said the office building would have a "robust infrastructure to handle a variety of tenants that may come along."

The 20-story tower at the north end of the site would have 125 hotel rooms on the lower five floors and 200 apartments on the upper floors, with separate entrances for the hotel and the residences.

FoxRock's initial plans for the Quincy Center site, as unveiled in 2019, included 110 units of workforce housing. Following the Sept. 8 meeting, a spokesperson for the company told The Sun "The project will have to go in front of the affordable housing trust which will determine the affordability requirements for the project."

The garage, which will be located between the two larger buildings, would have space for 490 vehicles. FoxRock plans to include 20 charging stations for electric vehicles when the garage first opens, with capacity to



**TWENTY-STORY building with a combined 325 hotel rooms and apartments is part of FoxRock Properties' plan for the former Ross Lot in Quincy Center, along with a 150,000-square-foot office building and a 490-car garage. The new high-rise would be the tallest in Quincy, surpassing the 15-story Chestnut Place building on the Dennis Ryan Parkway elsewhere in the downtown district. This view is from Granite Street looking south; General McConville Way is to the left of the building in this picture and Burgin Parkway to the right.**

Renderings Courtesy FoxRock Properties

add more charging stations in the future.

In addition to the 490

spaces FoxRock would construct in the garage, the city will set aside 300 spaces to the south of General Dunford Drive for the developer in accordance with the 2019 land disposition agreement.

A new municipal garage has been proposed for that area to replace the garage formerly on the Ross Lot.

A two-story commercial building would sit between the new garage and General McConville Way. Bois said the ground floor would

house a 6,000-square-foot restaurant – with additional space for outdoor dining – and the second floor would feature amenity and meeting space for the hotel next door.

Karl Skulte, the applicant's engineer, said the city has upgraded utilities – such as sewer and water mains – in the vicinity of the former Ross Lot in recent years to prepare the area for future development.

Cont'd On Page 13

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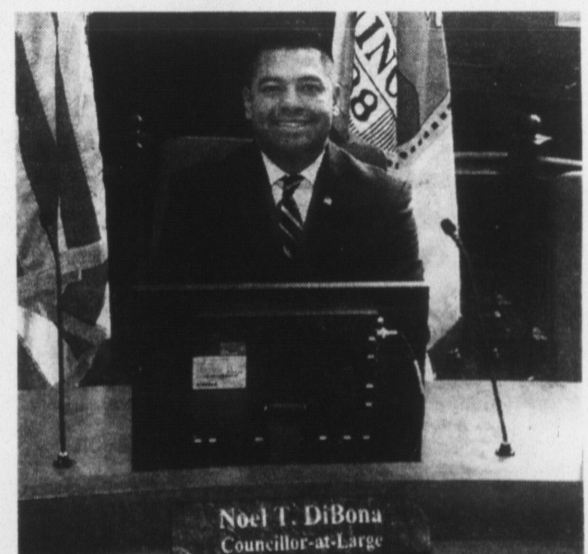
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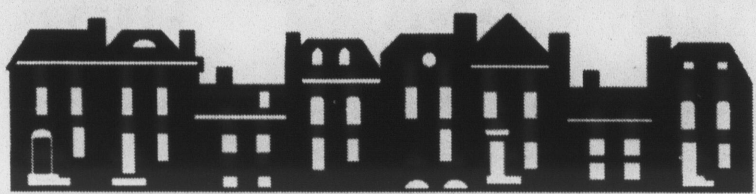


**VIEW of FoxRock's proposed 20-story residential and hotel building as seen from Hancock Street. Mayor Thomas Koch unveiled plans for the new public park seen in the foreground earlier this year, along with the two buildings on either side of it.**



**FOXROCK included in its proposal a 490-car garage, along with the two-story commercial building seen in front of it. The building would house a ground-floor restaurant with second-floor amenity spaces for the hotel next door.**





# Real Estate

## Quincy Real Estate Transactions Sept. 7 - Sept. 10

Transactions are compiled by the Norfolk County Registry of Deeds

### SELLER

Jason Smith  
78 Whiton Ave LLC  
Alfonso & Sherry Fine  
Unit 205, 308 Quarry Street Quincy Nominee Trust  
Joanne & John J. Vacca  
Donna A. Miller  
Lynne J. Connor  
Xia Zhong  
James R. & Linda A. Masterson  
Nantasket Way LLC  
Estate of Kevin M. Riley  
Darlene Flores  
Matthew J. Chalifoux & Allison Blaisdell  
Dinghong Mei & Yan Wang  
Qing Tao & Xi A. Ge  
Joseph R. & Barbara J. Frenette  
Estate of Rosalie DiRico  
Robert J. & Dorothy A. Boyle  
Adelmar Fernandes  
HL & BL Investment Inc.  
Cheryl A. Collagan  
Shuyu Ren & Cuiyan Xin

Michael E. Daniels & Monica L. Budrow  
Eugene E. & Marian T. Deady  
Steven P. & Christina Carey  
Katherine Weisenreder  
Douglas W. & Sarah J. Kazorek  
Estate of Mary D. Gallagher  
Emelinda M. Viola Revocable Trust

### BUYER

SJKS QC LLC  
Tehuti Wallace  
Sen Pham  
Eris & Risa Karanxha  
Fehan Living Trust  
Niaocai Zeng  
Jennifer T. Murphy  
Kenneth Lee, Paula Lee & Sandra Lee  
Claire Lee  
Copeland Living LLC  
Jiyong Lin, Guiying Li & Xin Lin  
Wei Z. Liu & Shenyu Ou  
Charles H.T. & Chooi W. Huang  
Michael & Lindsey Alves  
Qinghong S. Mai  
Karen Nisenbaum  
Glen Hartman  
Gene Silverman  
Yi Ding  
Mustafa Elbach  
Kelvin Pham & Novia Vo  
Luong V. Nguyen, Khanh T. Pham, Trang N.T. Nguyen  
& Thao P.P. Nguyen  
Jacob Vasapolli & Elizabeth H. Tessitore  
Dan Lin & Yu Sun  
Brenda Shatee & Samsanook Siripanya  
Allison C. & Kypros D. Pantefi  
Jason M. Parente  
Dennis J. Pan  
179 Robertson Street LLC

### AMOUNT

\$550,000.00  
\$650,000.00  
\$305,000.00  
\$270,000.00  
\$615,000.00  
\$215,000.00  
\$350,000.00  
\$385,000.00  
\$400,000.00  
\$800,000.00  
\$753,000.00  
\$330,000.00  
\$425,000.00  
\$690,000.00  
\$345,000.00  
\$490,000.00  
\$1,720,000.00  
\$655,000.00  
\$375,000.00  
\$1,700,000.00  
\$507,000.00  
\$608,888.00  
\$772,500.00  
\$785,000.00  
\$538,000.00  
\$550,000.00  
\$552,500.00  
\$759,000.00  
\$550,000.00

### ADDRESS

10 Seaport Drive, Unit 2311  
78-80 Whiton Avenue  
141 Willard Street, Unit 6  
308 Quarry Street, Unit 205  
43-45 Brook Road  
195 Independence Avenue, Unit 126  
110 Spring Street  
90 Quincy Shore Drive, Unit 710  
12-14 O'Connell Avenue, Unit 12  
49 Copeland Street  
100 Marlboro Street  
500 Washington Street, Unit 808  
41 Marion Street, Unit 2  
54 Ferndale Road  
230 Willard Street, Unit 204  
35 Winthrop Street  
2001 Marina Drive, Unit 902W  
34 Trevore Street  
500 Willard Street, Unit 202  
55 Centre Street  
67 Watkins Street  
53 Sharon Road  
51 Chickatabot Street  
38 Alton Road  
78-80 Garfield Street  
81 Spring Street  
30 Conant Road  
30 Brook Street  
167 Robertson Street

## O'Donnell Reports Steady Real Estate Activity In Norfolk County

Register of Deeds William O'Donnell reported the Norfolk County real estate market more than held its own during the month of August. He also reports a continued strong showing in sales highlighted Norfolk County real estate market activity for the month of August.

"The Norfolk County real estate market continues to be steady," O'Donnell said in his report. "There were 16,282 documents recorded at the Norfolk County Registry of Deeds which is a 1% increase over last year's August document volume. There were 1,999 deeds recorded out of this document volume, representing a 7% increase over August of last year.

"Average sale price, again including both resi-

dential and commercial sales, increased 3% over 2020 to \$903,842.69."

Even though there was a considerable increase to the monies for mortgages the number of mortgages recorded decreased over the previous year's numbers, O'Donnell noted. There were 3,665 mortgages recorded during the month which is an 11% decrease over 2020. Total amount of money borrowed for mortgages county wide was well over 3 billion, a 62% increase compared to August 2020.

"While some of the mortgages are due to purchases and sales of real estate, other mortgages are due to refinancing existing mortgages," O'Donnell said. "Individuals have different motivations to refinance.

Some refinance to reduce their monthly payments, others to take some years off their debt while still others are using the money to pay for home improvements and other capital expenditures."

He added: "There has been a strong demand for housing, single family housing particular, coupled with a limited supply of available housing stock and historically low interest rates which could be motivating buyers to do what is necessary to secure housing. The growth in some real estate indicators seen in 2020 continues into 2021."

One continuing cause for concern, however in Norfolk County, was foreclosures, O'Donnell said. A moratorium on foreclosures in place during the pandemic in 2020 was lifted on Oct. 17, 2020. This moratorium was in place due to the COVID-19 pandemic. The

Norfolk County Registry of Deeds has been closely watching the foreclosure market.

"During August of 2021 there were six foreclosure deeds recorded as a result of foreclosure processes taking place in Norfolk County. Additionally, there were 15 Notices to Foreclosure Mortgages, the first step in the foreclosure process, recorded here in Norfolk County," O'Donnell said. "A foreclosure recording is very impactful on those being foreclosed on. August of 2020 there were no Notices to Foreclosure Mortgages and five foreclosure Deeds. These numbers remind us that some of our neighbors continue to face financial challenges.

"We will continue to monitor these numbers," O'Donnell said.

Additionally, for the past several years, the Norfolk County Registry of Deeds

has partnered with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Housing Solutions, 508-587-0950 to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"If you are having difficulty paying your monthly mortgage, please consider contacting one of these non-profit agencies for help and guidance," O'Donnell said.

Homestead recordings by owners of homes and condominiums decreased this year at the Norfolk County Registry of Deeds in August. There was a 2% decrease in homestead recordings in August 2021 compared to August 2020.

"A Homestead," noted O'Donnell, "provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000. It is great to see folks protecting the biggest asset most of us have, our homes. I would urge anyone who has not availed themselves of this important consumer protection tool to consider doing so. Please

at [www.norfolkdeeds.org](http://www.norfolkdeeds.org) to get more information on homestead protection."

O'Donnell concluded:

"Available real estate inventory continues to be a constant source of concern in Norfolk County. It's especially been a problem for first-time homebuyers attempting to crack the market. However, there is a silver lining in the August real estate statistics and that is based on the optimistic lending numbers that we've seen.

"These figures are very encouraging and tell us competitive interest rates and a robust eastern Massachusetts economy are having a positive effect on the Norfolk County region. The Registry of Deeds was operational every work day during the pandemic. The Registry of Deeds continues to be open to the public for business, however that is being evaluated as the COVID-19 developments unfold.

"The drop-off box located outside the main entrance of the Registry Building for the time being will continue to be available for use by those members of the public who may not be comfortable in entering the Registry of Deeds Building. Land documents are being record-

Cont'd On Page 13

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# FoxRock Development Plan Includes 20-Story Tower

Cont'd From Page 11

"Throughout the years, McConville Way as well as this area have been redeveloped and the city has spent a good amount of time and energy into improving the utilities within McConville Way," Skulte said.

"As a rule of thumb, we are tying into all of the utility services and the design elements that have been installed essentially to facilitate redevelopment in this parcel as well as others in the area."

Members of the public were invited to comment on the project during the Sept. 8 meeting.

Greg Baryza, a resident of the nearby Cliveden Place development, said he was in favor of the proposal.

"I am not speaking to object to any of this stuff – as a matter of fact, I am in favor of it," he said. "My wife and I sold our house in the suburbs of Boston. We decided to live in a downtown area, we wanted to live close to public transportation, and we didn't mind being part of a development district."

In a letter to the board, which was read into the record during the meeting, Baryza raised concerns about the impact construction nearby would have on his building. He said his building "experienced regular and significant shaking" when the buildings formerly on the Parkway were demolished and new infrastructure was installed in the area.

"I submitted pictures of



A 150,000-SQUARE-FOOT office building has been proposed for the corner of General Dunford Drive and General McConville Way. A FoxRock official told the Planning Board the building has been designed for medical use. The building would also include ground-floor retail space. Rendering Courtesy FoxRock Properties

furniture that had moved as a result of the shaking, movies of water sloshing back and forth in bottles, and potted plants quivering from the vibrations. My wife's antique glass collection was put at risk because pieces were sliding to the edge of shelves in their display case," Baryza said. "This occurred periodically, often multiple times per day, multiple days per week, over the past two years."

Matt Warner, a Bigelow Street resident, said that "development is a thing that

is going to happen – it's not a bad thing," but added he was "a little bit surprised and disappointed" that FoxRock was proposing to construct a 20-story building on site rather than a 15-story one. Warner also questioned how people would be able to access the medical office building if they had to park in the 300 spaces the city would be providing on the opposite side of General Dunford Drive.

Ward 5 Councillor Charles Phelan Jr., in whose

district the site is located, said the Planning Board should take steps to protect nearby residents from construction impacts as part of the permitting process.

"Whether it is noise mitigation, vibration mitigation, I'm not sure how you do that, but I think we have to take a look at that," Phelan said.

"The residents, they are living there, they are going to be living there through this and this is a lot to go through. What I think is go-

ing to happen afterwards is they are going to have a beautiful backyard, but for now, the next couple of years when they are doing the development, we have to take them into consideration."

Following the public comments, board chairperson Richard Meade said he and his fellow board members would need time to consider the application.

"I think we need some additional time obviously to get through the information

to digest it. What I would suggest is that the board put this on its agenda for November – not October," Meade said. "I'm not suggesting we're going to be in a position to vote it up or down in November, but... we will have an opportunity to discuss it further and digest it a little more."

David Mahoney, the attorney representing FoxRock at the hearing, said he agreed with the decision to schedule the matter for the November meeting.

## O'Donnell Reports Steady Real Estate Activity In Norfolk County

Cont'd From Page 12

ed electronically for many of our institutional users. We are also receiving documents in person, via regular mail, Federal Express and from those placed in our drop-off box located just outside our main entrance at 649 High St., Dedham."

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource

for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accu-

rate, accessible land record information.

All land record research information can be found on

the Registry's website [www.norfolkdeeds.org](http://www.norfolkdeeds.org).

Residents in need of assistance can call the Reg-

istry of Deeds Customer Service Center at (781) 461-6101, or email [registerodonnell@norfolkdeeds.org](mailto:registerodonnell@norfolkdeeds.org).

**Armando Agnitti, Esq., CISR**  
Anthony Agnitti, CIC, LIA

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<b>Thursday, September 16</b> 6:00pm: Bethany Congregational Church 8:00pm: NQHS vs. Somerville Football 9/10  <b>Friday, September 17</b> 11:30am: LIVE: Currently in Quincy 7:00pm: LIVE: QHS vs. Oliver Ames Football  <b>Saturday, September 18</b> 12:00pm: Generals Bridge Dedication 7:00pm: The Call  <b>Sunday, September 19</b> 10:00am: Bethany Congregational Church 11:30am: Good News  <b>Monday, September 20</b> 11:30am: LIVE: Currently in Quincy 8:00pm: QHS vs. Oliver Ames Football 9/17  <b>Tuesday, September 21</b> 7:00am: LIVE: AM Quincy with Joe Catalano 7:00pm: AM Quincy: Mayor Thomas Koch  <b>Wednesday, September 22</b> 6:00pm: Good News 7:00pm: The Call	<b>Thursday, September 16</b> 6:00pm: At Your Library: September Happenings 7:00pm: In the Know: Norfolk County Sheriff's Office 8:00pm: TCPL Presents: Restorative Yoga  <b>Friday, September 17</b> 11:00am: In the Know: Norfolk County Sheriff's Office 8:00pm: At Your Library: September Happenings 8:30pm: TCPL Presents: Cooking with Colin  <b>Saturday/Sunday, September 18/19</b> 9:00am: In the Know: Norfolk County Sheriff's Office 10:00am: TCPL Presents: Restorative Yoga 12:00pm: Massachusetts House of Representatives 7:00pm: In the Know: Norfolk County Sheriff's Office 7:30pm: At Your Library: September Happenings  <b>Monday, September 20</b> 6:00pm: On Q: Ep #2 7:30pm: LIVE: Quincy City Council  <b>Tuesday, September 21</b> 4:00pm: LIVE: Board of License Commissioners  <b>Wednesday, September 22</b> 1:30pm: TCPL Presents: Legacies of 1620 7:00pm: City Council 9/20

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# Power Steering Fluid Leak, Gear Ratios, Foggy AC

Ask John Paul: AAA New England's Car Doctor

I drive a 2011 Chevrolet Impala and have the oil changed whenever a notice appears on the dashboard to change it. This happens between 3,800 and 3,900 miles. The oil was changed on 4/15/20. Since then, I have driven 3,600 miles. Now it is almost 18 months and there is no notice that oil needs changing. Is this normal? I am a senior citizen, and I am concerned. I drive less than 5,000 miles a year.

Oil changes are still important and depending on the vehicle and how it is driven oil can be changed in as little as 3,500 miles or three months to 10,000 or one year. The maintenance reminders are great, but it still is important to change engine oil. Personally, I would not go longer than one year in between oil changes with any vehicle.

I had a power steering line leak on my Volkswagen and replaced the line and added fluid. The car seems fine, but the power steering is a little noisy. When I replaced the fluid I used power steering fluid, not the very expensive Volkswagen power steering fluid. Was that a mistake?

Volkswagen, like many manufacturers, require special fluid. Depending on the year of your Volkswagen the fluid was either a synthetic blend or fully synthetic. Conventional fluid may work, but the viscosity is different, which may be causing the power steering noise and could also cause stiffer steering in cold weather. I would drain the fluid and add the correct Volkswagen specific fluid.

Is there an easy way to determine gear ratios for differentials. I'm looking for a very specific ratio differential for my car and when I go shopping at junk yards, they all look the same. My car has a tag on the differential, but when I go looking most are missing. I am looking for a 3.50 ratio posi-traction rear end.

I don't know how easy this will be in a salvage yard, but it is certainly possible if you are careful. Mark the driveshaft or yoke on the differential with chalk and mark a tire with chalk. As you turn the tire count the driveshaft revolutions. If in one rotation of the tire the driveshaft turns three and a half turns, you have found your 3.50 ratio differential.

I have an older Honda Scooter that I rode all summer to my job and it suddenly stopped running. After pushing it home, it did fire up for a second or two and then wouldn't start. Any ideas?

These scooters are pretty simple and like all engines require, fuel, ignition, compression and proper timing. Start with: is there spark, remove the spark plug and hold it up against the engine and crank over the engine, if there is spark at the electrode you have ruled out an ignition problem. Next is fuel, check the carburetor drain. If you open the drain and no fuel comes out, you have found the issue. These small scooters don't use a traditional fuel filter. There is a small screen at the bottom of the fuel tank. Drain and remove the tank and clean the vacuum petcock assembly. If the tank is rusted, you could have it cleaned or for a few hundred dollars replace the entire tank and fuel petcock.

I have a 15-year-old Jeep Cherokee and more often than not the heater fan doesn't work. Sometimes if I hit a bump, it will come on. Any thoughts?

Over age these fans can bind up; this can be from bearing failure and debris such as leaves and twigs that make their way to the heater box. I have seen several of these fans that when removed the wires are melted due to over-heating. Inspect the fan and wiring. If there are any signs of overheating, replace the fan.

I heard you on your radio program (I listen on the podcast) talking with Biff your producer and he asked if you would ever buy a very expensive car (over \$200,000) and you said no. Your reason was even if you could afford it, that type of expense wouldn't match your New England sensibilities. You mentioned you drive a Hyundai. Putting your sensibilities aside, what very expensive cars have you driven that are amazing?

Thanks for listening to the radio program. The Rolls Royce Ghost (starting price \$325,000) is about as good as it gets: soft controlled ride, stunning performance and a beautiful interior with matching wood and leather throughout. For sports cars the McLaren GT (base price \$225,000) was blazingly fast but had a slightly more comfortable ride than other supercars I have driven. Not quite as expensive as but the Mercedes Benz GLE AMG coupe is pretty amazing with its handcrafted 600 horsepower engine and stunning interior and a bargain starting price of \$115,000.

I have a 2002 Toyota Camry with 307,000 miles on it. I have never changed the transmission fluid. I checked the fluid yesterday and it was still full, but the color has changed from a strong red color to a more red/brown color. Should I do anything at this time with the fluid? The car is running okay at this time.

Changing transmission fluid on a high mileage car can be risky. Sometimes what happens is when you change or flush transmission fluid the varnish and other debris will wash away and cause additional problems as this varnish gets into the transmission valve body. New transmission fluid is not a cure for transmission problems such as slipping and flaring between shifts. I would only change the fluid in your 20-year-old Camry if the transmission is performing properly.

Over the past few days when I turn the air conditioner on in my car, I see a mist or fog coming out of the vents. Is this the Freon leaking out and what should I do?

In some cases, this can be from an air conditioner system that is slightly undercharged with refrigerant. Although, more than likely what you are seeing is a result of high humidity, coming in contact with the cold dry air. This can be more likely if the air conditioner is set in recirculate rather than fresh air. Also, if the air conditioner evaporator drain is clogged, this extra water will cause fog. According to weather science, if the air temperature is near the dew point air will condense and cause fog.

We purchased a new 2020 Kia Sportage in December of 2019. It did not have the usual new car smell, but instead a very strong offensive rubber, industrial smell. We were assured by dealer that this would go away, usually in few months. It has subsided some, but after 10 months, the car just is a "sick", unhealthy smelling vehicle and nothing has fixed this. Have tried everything and just had cabin filter replaced with no effect. Dealer recognizes smell and tells us we need to contact KIA ourselves. Doing research, we found that in 2012, Kia Sportage was one of 10 worst for VOC's, but can find no further information. Can you shed light on this as it makes us feel ill every time get into car?

Years ago, Kia and as well as Hyundai vehicles had some odd smells that were certainly different than typical new car smell. I haven't noticed that odd smell in many years. In my own car - a Hyundai Santa-Fe - it had a very strong smell, and it was the dealer/port installed cargo tray. Once I removed the tray, cleaned it and let it sit in the sun for a few days the smell disappeared. To minimize the smell always keep the air setting on the fresh air side rather than recirculating the cabin air. At this point 11 months later, any smell should have dissipated. Certainly, calling Kia customer service is a good start. Readers: have you had a similar experience with odd new car smells? I would like to know. Email me at jpaul@aanortheast.com

I have a 2010 Escalade Hybrid with a 6.0-liter engine. The motor has a loud tapping sound from the top end of the motor. Do you know of a shop that can repair this problem?

The engine in this vehicle uses cylinder deactivation to save fuel. The engine itself has a history of faulty valve lifter which produce a distinctive ticking noise. At 11 going on 12 years old that is at least one of the possibilities that could cause a noise like what you are experiencing. Regard-



JOHN PAUL  
AAA's Car Doctor

ing getting the car looked at and repaired, any competent repair shop should be able to at least give you an idea of what could be wrong. For a list of AAA Approved repair shops near you go to [www.aaa.com/repair](http://www.aaa.com/repair).

**Reader Tip:** Regarding finding body parts for an old Subaru Mike W. suggested Subie Savers <https://www.subiesavers.com/impreza>

I own a 2005 Toyota Corolla that I inherited, and it is the most boring but also the best car I ever owned. The rear brakes are drum brakes and I have to periodically have rust blown out of the rear brakes as they make a distinct noise when I slow down and stop. Since the brake drums are very rusty, I was wondering if I could replace the rear brake drums without replacing the brake shoes as the shoes are fairly new. Also, the headlights on the car are not as bright as I would like. I have replaced the halogen bulbs with original equipment bulbs and cleaned some of the haze off of the headlight assembly with little improvement. I was wondering if there is an aftermarket bulb that you could recommend that would improve the efficiency of the headlights.

I prefer to match new drums with new brake shoes. Using new brake drums and old brake shoes or vice versa old brake drums with new brake shoes can cause brake squeal. One option is having the current brake drums resurfaced to clean up any accumulating rust. Regarding headlight bulbs, some people have added LED replacement bulbs as a brighter whiter alternative. The issue is that these bulbs are not Department of Transportation compliant. You could add a brighter DOT compliant bulb (Sylvania Silver Star Plus is one). These brighter bulbs add light but are designed not to offend oncoming drivers. The one downside, similar to high performance tires is a shorter lifespan. Where a typical headlight bulb might have a usual life of four to five years, performance bulbs might only last two years. For some drivers the trade-off is worth it. You might also consider replacing the entire headlight assembly with a quality aftermarket product. The lenses will be crystal clear and provide better light than the reconditioned lenses.

I have two general questions for you. The first is can E3 brand spark plugs be used with an aftermarket electronic MSD ignition system? The second question: is a power steering oil cooler beneficial for an older car?

Holley (parent company of MSD Ignitions) recommends using regular spark plugs with their MSD ignition rather than specialty hotter plugs. Based on what I have seen this means stay away from platinum and multi electrode spark plugs like E3. I would use traditional copper plugs and maybe gap them a little fat and after running them for a while check the plug condition. Some people will run a slightly cooler plug to somewhat offset the hotter spark. Regarding adding an aftermarket power steering oil cooler: unless you are auto crossing a car and really exercising the power steering system, I don't see the need.

I took my new to me 1958 Buick to a car show recently and it generally runs quite well. The guys in the local car club that ran the show suggested that I should switch the ignition system to an electronic style and the generator to an alternator. What is your take on this?

With a solid-state ignition system, you never have to worry about points wearing of burning out and the ignition spark is generally stronger and provides quicker starts. The problem with generators is they don't do a good job at charging the battery at an idle. Replacing the generator with a simple to install General Motors alternator with a built-in voltage regulator would solve any possible charging problems. That being said cars performed just fine for nearly a century with this old technology and if it is working well you could certainly keep using it.

My 2011 Mercedes Benz GLK 350 needs a power steering hose replaced. The repair looks easy enough, but my question is about power steering fluid. The owner's

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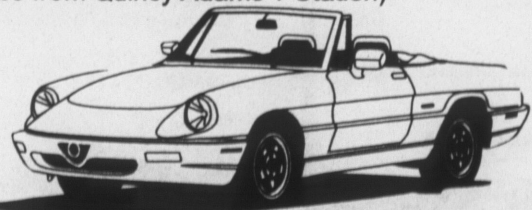
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MAYOR THOMAS KOCH (at right, podium) leads a moment of silence in memory of the nearly 3,000 lives lost during the Sept. 11, 2001 terrorist attacks. The Generals Bridge and Park were dedicated last Saturday - the 20th anniversary of the terrorist attacks. Among those who perished were two former Quincy residents: Kevin P. Connors, who was working on the 84th floor of the South Tower of the World Trade Center the morning of 9-11; and Susan MacKay, a passenger on American Airlines Flight 11 which struck the North Tower of the World Trade Center.

Quincy Sun Photos/Robert Bosworth

## 'What We Are Honoring Today Is The Idea of Service'

Cont'd From Page 2

cession led by a color guard from the 54th Volunteer Regiment of the Massachusetts Army National Guard and a flyover by a pair of F-15 fighter jets flown by the Massachusetts Air National Guard.

The fanfare came to a close with a howitzer salute by the 1st Battalion, 101st Field Artillery Regiment, of the Massachusetts Army National Guard, and the unveiling of statues and busts inside the new park.

The 18 generals honored on Saturday include two men - Joseph Palmer and John Hancock - who served in the Continental Army during the Revolutionary War as well as leaders of the US Army, Air Force, Marine Corps and the National Guard who have served the country in the centuries since then.

Seven generals, all of whom have served since World War II, are honored with statues and busts in the park.

Unveiled on Saturday were life-size statues of retired Marine Corps Gen. Joseph Dunford, who served as the chairman of the Joint Chiefs of Staff; Gen. James McConville, currently the chief of staff of the Army; and retired Gen. Gordon Sullivan, who also served as the chief of staff of the Army.

Busts were dedicated in honor of Major General Francis McGinn of the Massachusetts National Guard; Ronald Rand, a retired Air Force brigadier general; the late Stephen Keefe, a major general in the Air Force Reserve; and the late Charles Sweeney, a major general in the Air Force.

All five living generals

spoke during the dedication ceremony, along with guests who spoke on behalf of the two late generals.

"I think the generals honored here today are simply links in a long chain of men and women from Quincy who have sought to make a difference by living a life characterized by service," said Dunford, who served as the chairman of the Joint Chiefs from 2015 to 2019.

"If you look at it that way, the bridge and the park are less about recognizing any of us as individuals and more about highlighting the values and the traditions that are most important to Quincy, Massachusetts.

"What we are honoring today are the Quincy traditions that we are most proud of: hard work, character, honor, commitment and respect for our neighbors. What we are honoring today is the idea of service, the calling, as many have

said, to be part of something greater than yourself."

McConville, who has served as chief of staff of the Army since 2019, said he is often asked about his hometown while he is traveling.

"I often get asked about the great people from Quincy that are serving in our military. They ask, 'what is in the water up there - what is it about Quincy that creates all these great leaders and military servicemen?'" McConville said.

"I tell them it is not what is in the water, it's what is in the people, because people from Quincy are honorable. They are resilient. They are hard-working patriots who are willing to serve their country in a time of war knowing they are putting themselves in harm's way so others may enjoy freedom and prosperity.

"Again, I want to thank all those veterans who raised their right hand and

said, 'send me,' and I also want to thank their family members."

US Rep. Stephen Lynch called the generals the city recognized on Saturday guardians of freedom, justice and equality.

"Today we honor more than the achievement of men to the rank of general. Instead, and more than that, we also honor the example provided by their parents and their families and in some cases generations, along with the people of this city, that led to a lifetime of discipline, commitment and patriotism that lifted these men to positions of sacred trust," Lynch said.

"The men we honor today are not only the pride of Quincy, Massachusetts - they are the pride of our nation, and they have served of guardians of the very ideals of freedom and justice and equality that have been at the vanguard of what it

truly means to be an American. As someone who never served in the military, who never shared that high honor, I would like to thank all of those who have, our veterans, and all of those who do, our active military."

In his remarks near the start of the ceremony, Mayor Thomas Koch called for a moment of silence in observance of the 20th anniversary of terrorist attacks of Sept. 11, 2001.

"As we join together on this historic occasion, let us not forget our country's history," Koch said. "Twenty years ago today on Sept. 11, 2001, we tragically lost nearly 3,000 lives."

The mayor recognized two former Quincy residents killed that day.

Kevin P. Connors, age 55, a graduate of the US Naval Academy and senior vice president for Euro Brokers, was working on the 84th floor of the South Tow-

er of the World Trade Center that morning.

Susan A. MacKay, age 44, a vice president for TJX Companies, was onboard American Airlines Flight 11, which struck the North Tower of the World Trade Center.

Koch also called for a moment of silence in memory of US Marine Corps Sgt. Johanny Rosario Pichardo and the 12 other American servicemembers killed during an Aug. 26 suicide bombing at Hamid Karzai International Airport in Kabul, Afghanistan.

The costs for Saturday's ceremony and a reception held the evening before were paid for by private donors, Koch said. The mayor said those donors also helped raise \$1.2 million for the Semper Fi & America's Fund, which supports the military's wounded, ill and injured men and women.



FAMILY, FRIENDS AND other well-wishers of the seven Quincy generals honored at Saturday's Generals Bridge and Park dedication gather near the statues and busts of the generals honored after they were unveiled in the park. More coverage of the bridge and park dedication in the Sept. 23rd issue of The Quincy Sun.



## Gunther Tooties Thanks First Responders On 9-11 Anniversary

As a show of support for Quincy's First Responders, Gunther Tooties on Hancock Street delivered fresh bagels to all locations of Quincy's First Responders for the 20th anniversary of 9/11.

On Friday, Sept. 10th they made their first stop to Quincy Police Headquarters on Sea Street, followed by

stops at all eight local firehouses throughout the city on Saturday, Sept. 11th, and finishing with Brewster Ambulance headquarters on Washington Street Sunday, Sept. 12. Owners Christine Mai and her husband Tony Chen wanted to show their appreciation to all first responders for their great

work they do throughout the city.

Christine said, "Sometimes we take for granted their hard work and dealing with tough situations whether public safety or health concerns within our community." Christine, Tony and her staff felt this was the best way in showing their appreciation.



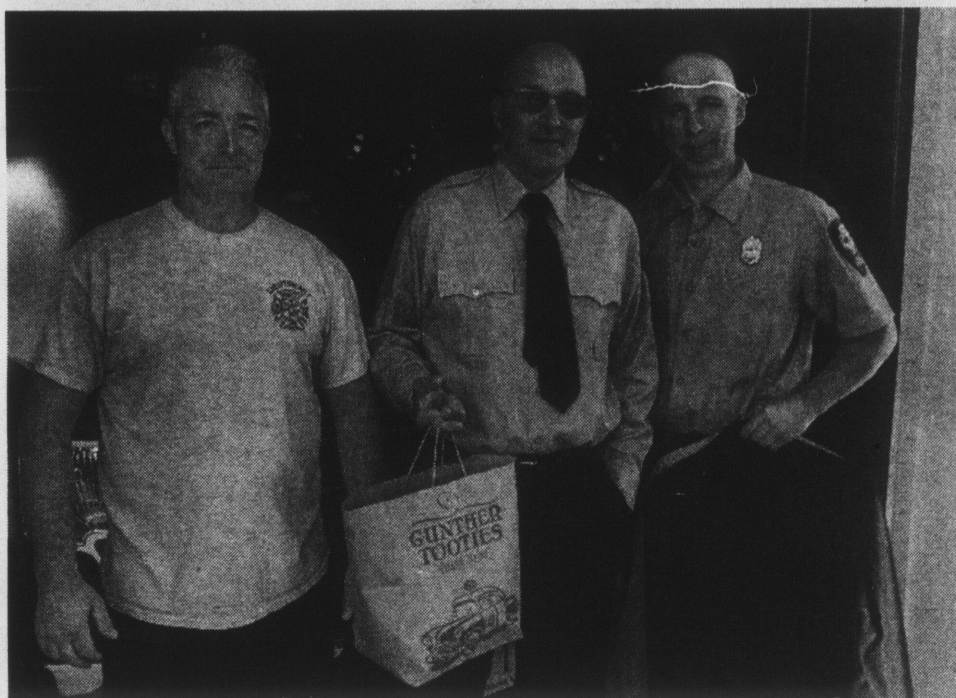
HOUGHS NECK FIREHOUSE – Matt Lawlor, Ryan Brennan, Joe Scribi, and Mike Furey



FIREHOUSE HEADQUARTERS – C-200 Michael Radigan, Christine Mai, owner of Gunther Tooties; and Justin Drum.



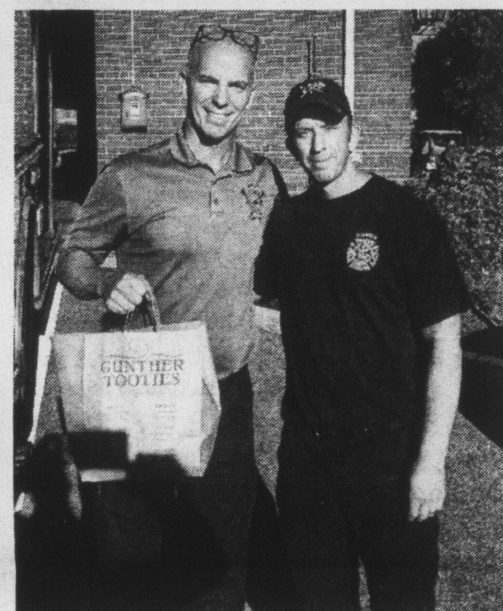
POLICE HEADQUARTERS – Captain John Dougan; Christine Mai, owner of Gunther Tooties; staff members from Gunther Tooties Connor Dolan and Ian Cummings; and Sgt. Steve O'Donoghue



QUINCY POINT FIREHOUSE – (left to right) Mike Casey, Matt Ryan and Lt. Mark Kennedy



GERMANTOWN FIRE HOUSE – Captain Jeff Boldock



COPELAND STREET FIREHOUSE – Captain Kevin O'Connor and Chris Stivaletta



BREWSTER AMBULANCE – Jamal Lewis and Chris Oliver

## QUINCY POLICE CRIME AWARENESS JOURNAL

Cont'd From Page 10

ing arrest.

**LARCENY (from person), 9:41 a.m., Quincy District Court, 1 Dennis Ryan Parkway.** Meet court officers out front.

**LARCENY (of package), 12:51 p.m., Billings Street.** Ordered full size black metal bed frame that she states was delivered from Amazon. No suspects and no surveillance. Case number provided for refund. Incident closed.

**LARCENY (package), 1:30 p.m., Oval Road.** Bike was damaged. Caller wanted incident documented. Case number provided.

**THURSDAY, SEPT. 9**

**VANDALISM/PROPERTY (gunshots to vehicle), 8:16 a.m., Nelson Street.** Enterprise recovered their vehicle here and found at least two bullet holes. Vehicle had been

rented by known drug dealer.

**LARCENY/MOTOR VEHICLE (past), 9:45 a.m., Granite Street.** Reporting party states that scooter was stolen near the Star Market. Reporting party will meet officer in front of 125 Granite St.

**LARCENY (wallet), 10:31 a.m., Walmart, Falls Boulevard.** Wallet and cell phone taken while inside dressing room. Report to be filed. LP was able to get video of the suspects.

**BREAKING AND ENTERING/PROGRESS (male now outside), 11:47 a.m., Billings Road.** Hispanic male forced way into house. Heading towards Vassal Street. Blue t-shirt, blue shorts and sandals. Billings Road towards Channing Street. Has green hat. Detained in front of 241 Billings Road. Brewster notified for evaluation. One to Carney Hospital. Officer brought the suspect's house keys to the police station (front window) where they were tagged with name

and case number when ready for pick up.

**VANDALISM/PROPERTY (in lobby), 6:31 p.m., Chubbuck Street.** Damage to yard. Has video of person in yard. Report.

**ASSAULT AND BATTERY (two males fighting), North Quincy High School, Hancock Street.** Sent on way. Two males fighting outside the band room. Mutual combatants. Complaints to be filed.

**Total Calls for Service: 1,492**

**Breaking & Entering in Progress:** Billings Road  
**Breaking & Entering in Past:** Taber Street, Highland Avenue, Edwards Lane

**Breaking & Entering Motor Vehicle:** 300 block Quincy Avenue, West Squantum Street (4), Clay Street (2), Miller Street (3), Willard Street, Avalon Drive

**Larceny Motor Vehicle:** Granite Street, Quincy Avenue, South Street, Highland Avenue.

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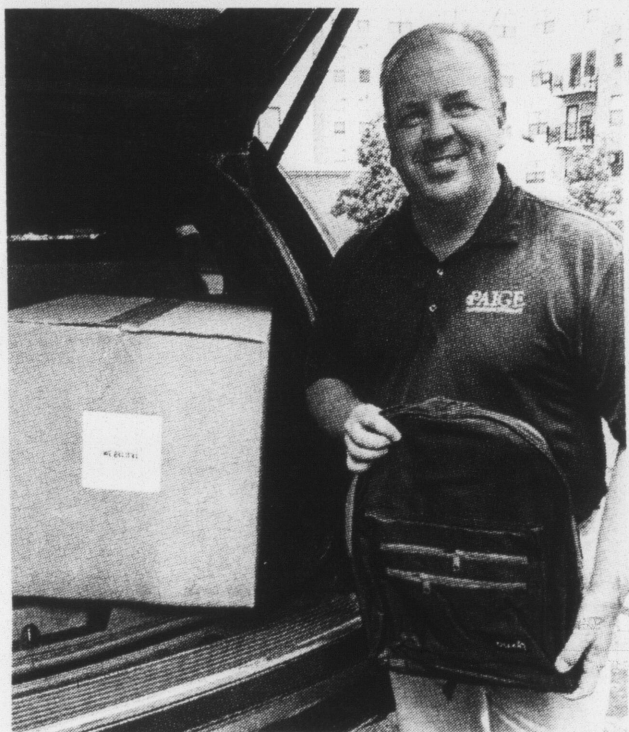
EMPLOYEES OF HarborOne Bank assembled more than 1,000 backpacks for several community nonprofits, including Interfaith Social Services of Quincy.

## Students Receive Backpacks From Interfaith's Donors

South Shore parents struggling to make ends meet during this challenging time have one less thing to worry about as their children return to the classroom. Hundreds of families received new backpacks and school supplies from Interfaith Social Services during the month of August, lightening the burden of back-to-school expenses for families in need. Generous donors provided backpacks and school supplies for more than 600 children whose families utilize Interfaith's programs.

Interfaith Social Services operates one of Greater Boston's largest emergency food pantries, a mental health counseling center, Thrift Shop and homelessness prevention program. Since 1947, Interfaith Social Services has been a safety net for thousands of children and families from the South Shore who are struggling to make ends meet.

Interfaith's food pantry conducts several seasonal initiatives throughout the year aimed at bringing joy to children who may be growing up in difficult situations. One of those initiatives is Interfaith's annual Backpack Drive, intended to make sure students start out the school year outfitted with the supplies they need



BRIAN PAIGE of Paige Landscape Company dropped off more than 70 backpacks filled with supplies at Interfaith Social Services. Volunteers distributed more than 600 backpacks to the children of Interfaith's food pantry clients in August.

to succeed.

"After such a hectic year, we hope to provide children with some stability by making sure they have the sup-

plies they need to return to the classroom," said Interfaith's Family and Children Program Manager Emily Ryan. "Back-to-school costs



ARAMIS MEJIA, of Quincy, tries on his new backpack. Generous businesses and individuals donated hundreds of backpacks and school supplies to Interfaith Social Services' 2021 Backpack Drive.

*Photos Courtesy Interfaith Social Services*

don't fit into the budgets of many of our client families. We're so grateful to all the donors that help us alleviate some of these expenses."

The Backpack Drive is made possible through the support of many individuals, businesses and organizations who donate backpacks, supplies and monetary contributions during the summer. Several local businesses and organizations supported the

program this year with donations of backpacks and supplies, including Bank of Canton, Bay State Milling, Black Rock Country Club Women's Golf, the Braintree Council Knights of Columbus, Congregation Beth Shalom of the Blue Hills, Families4Families, First Church of Squantum, FoxRock Properties, HarborOne Bank, Hingham Congregational Church, and Paige Landscape Company.

Volunteer groups, including Blue Cross Blue Shield of Massachusetts, IntelyCare, and SIGNET Electronics Systems, helped fill the backpacks with notebooks, pens, pencils, markers and other supplies.

To learn more about Interfaith's seasonal programs, contact Interfaith's Family and Children Program Manager Emily Ryan at [eryan@interfaithsocialservices.org](mailto:eryan@interfaithsocialservices.org) or 617-773-6203 ext.26.

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**FIREFIGHTER WILLIAM MCGOFF** (right) lowers the flag to half staff as Firefighter Matt Keenan (far left) and Lt. Ralph Blight ring the bell in memory of the victims of the 9-11 terrorist attacks including the more than 300 New York City firefighters who died responding to the World Trade Center after terrorists hijacked two commercial airliners that crashed into the Twin Towers 20 years ago on Sept. 11.

*Quincy Sun Photos/Robert Bosworth*



**FROM LEFT** Firefighter Paul Kearns, Captain Patrick Dee, Firefighter Michael Eastwick, QFD Chaplain Peter Preble and Quincy Fire Chief Joseph Jackson stand at attention as the American flag is lowered at the department's 9-11 ceremony Saturday at fire headquarters.



## Quincy Fire Ceremony Marks 20th Anniversary Of 9-11

**By ROBERT BOSWORTH**

The ceremony was brief, respectful and somber. So much so that some in the crowd wiped away tears as a moment of silence was held for the nearly 3,000 lives lost in the terrorist attacks on Sept. 11, 2001.

It's been 20 years since that horrific morning when terrorists hi-jacked four planes and steered three of them into iconic national symbols: the Twin Towers of the World Trade Center in NYC and the Pentagon in Arlington, Virginia, just outside Washington, D.C. The fourth plane – which may have targeted the U.S. Capitol – crashed in rural Pennsylvania after passengers aboard that flight fought back against the terrorists and averted more loss of life than just those aboard.

Anyone alive that day remembers where they were when they first heard the news of that first plane to strike one of the World Trade Center towers. It was preliminary election day in Quincy Tuesday, Sept. 11, 2001. The weather that day was eerily similar to the

beautiful sunny day of this past Saturday.

Every year since 2002 the Quincy Fire Department has held a ceremony marking the 9-11 tragedy. Bells are tolled, the flag lowered to half staff and firefighters salute in memory of those who were killed including the 343 firefighters who lost their life as they went bravely into the burning towers to rescue the burned and injured.

And for 19 years a strong contingent of Quincy citizens have gathered on the apron of Quincy Fire Department headquarters on Sept. 11 to remember lives lost and to show support for the many families whose lives changed forever that tragic September Tuesday 20 years ago. The emotion of that day is still raw for many – some wiped away tears during a moment of silence and playing of "Amazing Grace" by Quincy firefighter Steve Sweet on the bagpipes.

Twenty year does not dull the profound impact on 9-11 on so many of us. It's become just as an important day as Memorial Day and

Veterans Day.

Quincy Fire Chief Joseph Jackson said reflecting on 9-11 and coming together is very important to him personally and as the leader of

the city's fire department.

"Coming together on this day every year is very important. It means a lot to all the first responders, the fire department all the police

who are here," Jackson said following the ceremony. "I think it's very important that we get together. It's a brief ceremony but it's a very respectful thing to do I think

given what went on 20 years ago today. I think the loss of life including 343 firefighters this is something that I hope continues to go on.

*Cont'd On Page 19*



**QUINCY FIRE DEPARTMENT** Honor Guard left to right: Firefighter Jason Walker, Firefighter Daniel Garrett, Firefighter Steven Chencharik, Firefighter Gerard Shea and Firefighter Michael Griffith and officers from the QFD pause at Saturday's ceremony marking the 20th anniversary of the 9-11 terrorist attacks. Front row of officers left to right: Deputy Chiefs Gary Smyth, Kevin Bythrow, Timothy Burchill, Paul Griffith, Captain Joseph Barron and Lieutenant Kevin Ferent.

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# Retired Quincy Firefighter Reflects On 9-11-01

By **ERNIE ARIENTI**

It doesn't seem possible it has been 20 years since the attack on our country. Twenty years ago on Sept. 11, 2001 an attack was made on the New York World Trade Center and the Pentagon building as well as a failed attempt on a plane that heroes brought down.

The morning of 9/11 I was working wiring a house in Abington when my phone started ringing, friends telling me what was going on. I immediately called the Quincy Fire Headquarters to see if anyone was needed to report back to work in Quincy. I was informed that as of then every department was just standing by. So I went home to watch what was happening. To my amazement both Towers had been hit by aircraft and the Pentagon also. Not believing what my eyes were seeing I was in shock. From that time and forward our lives have been changed forever.

I remember before this when I would leave to go to work at the station, I would give my wife a kiss and say good-bye without any worries on either part. But things have now changed, the first tour of duty after this was the night of Sept. 11. When I was leaving my wife was actually scared and I was nervous as she hugged me and kissed me good-bye. And this is how it was for

the rest of my career.

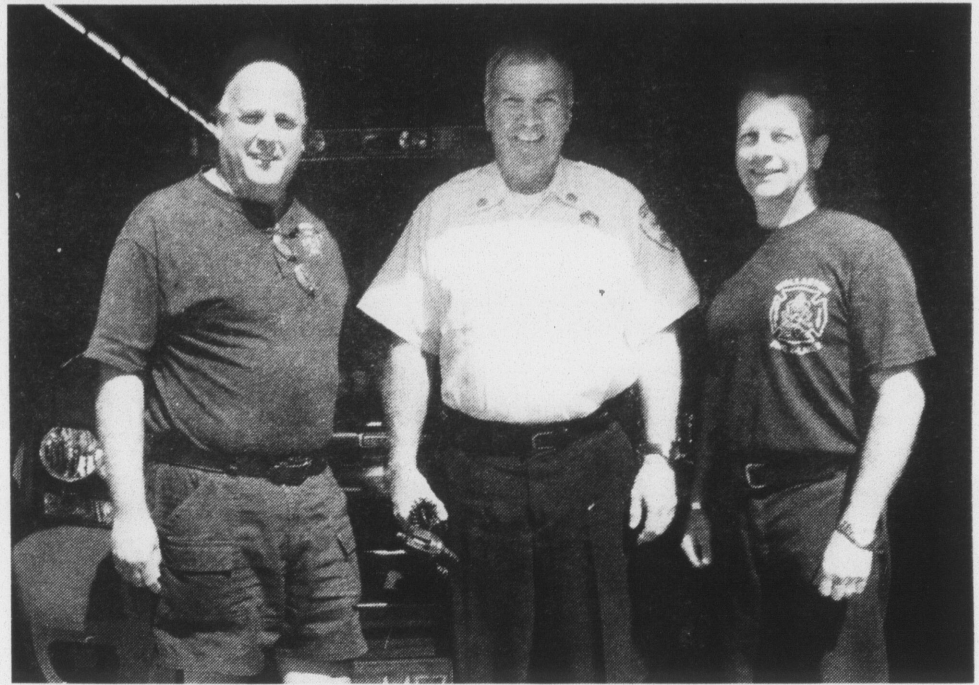
After the attack firefighters from all over the country wanted to go to help but were told to stay away unless called. Well, the calling came, it wasn't for help at Ground Zero, it was to attend funerals due to the large amount of Firefighters who gave the ultimate that day. There were so many funerals and the FDNY members were working their shifts and also working Ground Zero, they needed our help for the falling heroes.

I went to NY three times to attend funerals. I attended three funerals the first time, and two a day the following two days. There were firefighters from all over the world there to help attend these, that was the least we could do for our brothers and sisters. I will never forget the first funeral I went to there, while standing at attention saluting the casket and the procession going by, the young son of the firefighter was in the family car watching as they drove by. He was about 7 years old and that is when reality hit me. I was in tears watching this young boy, thinking about all the children left behind. It was the saddest moment of the day for me. At the end of this day the group of Quincy Firefighters that went to NY headed back to the Amtrak station for the ride home. The employees

of Amtrak were great to us. We went to buy a beer or soft drink and there was no charge and we were told to just keep our cups because the drinks were on them. On the way back we just sat and talked about the day.

The last funeral I attended on the final trip was held at St. Patrick Cathedral; it was for a Firefighter Captain Patrick "Patty" Brown. This Captain was one of the most decorated firefighters on FDNY. I actually remember seeing him on the news many years earlier performing a rescue from the roof of a building, it was one of the most spectacular rescues I have ever seen, one for the movies. This was the largest funeral I have ever attended. Every political NY person was there. After the casket and the guest were brought into the Church, the firefighters would be dismissed until the funeral mass was over and then reassemble for the exit. After we were dismissed, I went inside the Cathedral for the funeral mass, there was standing room only. It was the most touching funeral I ever attended. Something I will never forget in my lifetime.

After that funeral several of us went down to Ground Zero. What I saw was like a scene out of a war movie. The surrounding buildings were blown wide open with everything just hanging out



AMONG THE QUINCY first responders who travelled to New York City following the terrorist attacks on Sept. 11, 2001, were Quincy firefighters (from left) Ernie Arienti, Jeff Star and Steve Sweet. All three visited Ground Zero and attended the funerals of fallen firefighters.

Quincy Sun File Photo

of them, it reminded me of the destroyed town in Saving Private Ryan, it was just unbelievable. While there the search team found a body of a FDNY firefighter. All the people working there along with all the out of town firefighters lined up on both sides of the road and stood at attention with a hand salute as the FDNY members carried the body out on a stretcher. I stood there again with tears running down my face.

In 2017 I returned to Ground Zero for the first time since the last funeral. The monument is unbelievable, but the 9-11 museum is

something else. I along with my wife went through the museum. Everyone in there whispered while talking. You were able to hear the actual phone calls from family members, and the actual transmissions of the radio calls to and from the command center. But the thing that hit me the most was the ladder truck that was destroyed at the collapse. This was the ladder that Captain Patty Brown responded on. Along with the truck was Captain Patty Brown's helmet. As the woman that worked there spoke about this, again I had tears running

ning down my face as my wife held my hand. It was a very emotional day.

On Sept. 11, 2001 almost 3,000 lives were lost at the Twin Towers – 343 of them were firefighters, along with police officers, and other enforcement agency officers, along with the many victims. But that number hasn't stopped there. To this day we are still losing brothers and sisters that worked at Ground Zero from the effects of the horrendous day.

May they all Rest In Peace.

Ernie Arienti  
Quincy Fire Department  
Retired

## Quincy Fire Ceremony Marks 20th Anniversary Of 9-11

Cont'd From Page 18

"We see the same faces here at this ceremony every year and we appreciate it very much. The motto is 'never forget' and I hope that we never do forget and this is some evidence of it. This is a great turnout here today."

Jackson was among the Quincy firefighters who went to Ground Zero and attended a myriad of funerals for fallen NYFD comrades in the days following 9-11.

Asked what stands out two decades later, Jackson replied:

"I never in my life seen that many people together – first responders and the public – and it would be so quiet and as the casket would come up the road on the engine, you could only hear the engines from the motorcade and the bagpipes. It was a very surreal, very

quiet experience."

Another Quincy firefighter who went to Ground Zero and showed support at those funerals was Ernie Arienti. He is now retired. His reflection of 9-11 appears above on this page.

For me, I think back to that day 20 years ago and remember watching the towers collapse on television here at the Sun office. We also were covering the city preliminary election that day, an election that some thought may be postponed because of the terror attacks. We waited to hear back from city leaders and soon learned that the secretary of state had decided that

all municipal elections that day would continue until the polls closed at 8 p.m.

The tragic news hit particularly hard when we got a phone call that a former Quincy resident had been among the passengers on American Airlines Flight 11 – one of the planes that departed from Boston and struck the World Trade Center.

The passenger – Susan (McAleney) MacKay – had lived in Westford at the time with her husband and their two children. Susan grew up in Quincy, was active in the Sacred Heart Youth Organization and graduated from North Quincy High School

in 1975.

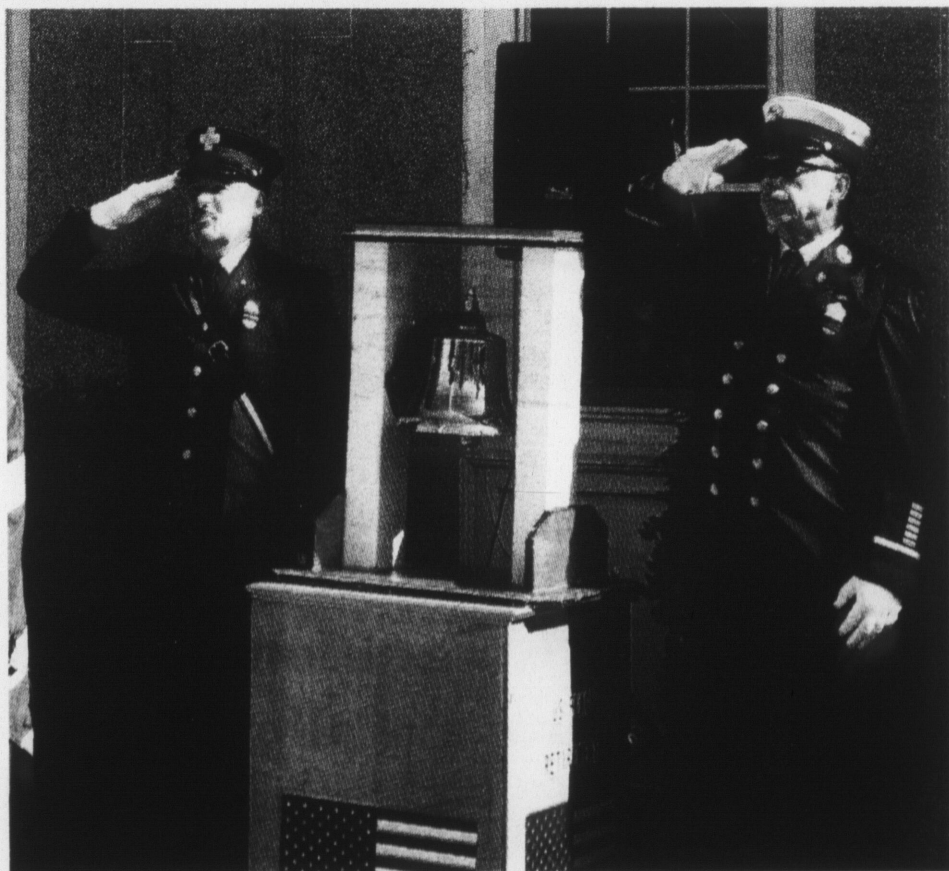
On Sept. 11, 2001, she was flying to Los Angeles with co-workers from TJX Companies – a discount apparel and home fashion retailer – to open a new store on the West Coast.

Ms. MacKay, 44, spent her entire professional life in retailing, first for Jordan Marsh, then for Marshalls, a retailer that was later bought by TJX.

Published stories about Susan say she loved her job but her family more.

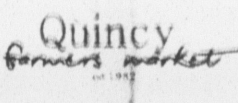
"She loved her job, but she was so excited about having children," said Nan Alphen, a longtime friend

Cont'd On Page 28



QUINCY FIREFIGHTER Matt Keenan (left) and Lt. Ralph Blight salute as fellow firefighter Steve Sweet plays "Amazing Grace" on the bagpipes at Saturday's 9-11 ceremony.

Quincy Sun Photo/Robert Bosworth



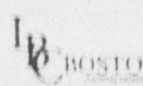
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FARMERS MARKET


**Quincy Farmers Market  
at Kilroy Square**

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**NOON - 5:00pm**  
**SEPTEMBER / OCTOBER**

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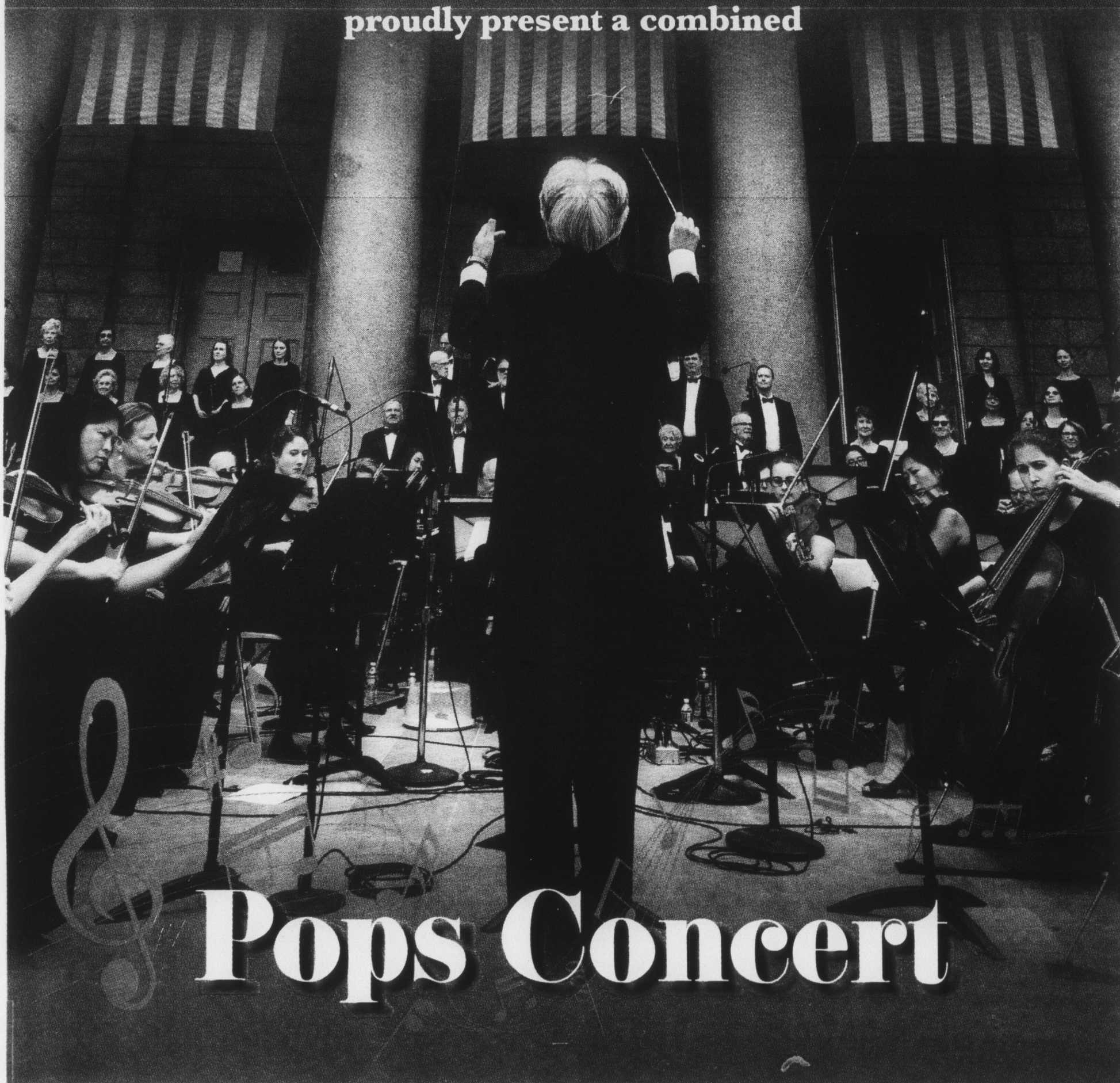
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# **Pops Concert**

**Saturday, September 18, 2021  
5 p.m.**

**Hancock Adams Common**

**in front of The Church of Presidents, Quincy, MA 02169**

**Enjoy a relaxed "Pops" style evening on the Hancock Adams Common. Cabaret tables and chairs along with traditional rows of theatre seats will be available. Lawn chairs are allowed.**

**Beer and Wine can be purchased from HIVE MOBILE BAR.**

***QuincyMA.gov***

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**NORTH QUINCY SENIOR** captain Matt Ryan scores the first Raider touchdown of the 2021 season on a 63-yard run in North Quincy's 48-6 victory over Somerville Friday night at Veterans' Memorial Stadium.

*Quincy Sun Photos/Robert Bosworth*

## NQ Dominates Somerville In Football Opener, 48-6

By TOM JOYCE

Normally when your team completes every pass it makes, 10 different players run the ball and your backups are in the game in the second quarter, you get the final outcome that you want.

That's exactly what happened for the North Quincy High football team in their opening game of the season.

The Raiders (1-0) were dominant against Somerville (0-1) in non-league action. North Quincy overpowered their opponent in the trenches, capitalized on mistakes, and gave playing time to a lot of different players as they won the game 48-6.

It didn't take the Raiders long to get on the scoreboard. On the second play of the game, fullback Matt Craig (2 carries, 77 yards) broke loose and had a 63-yard touchdown run. Thomas Murray's extra point kick was good, putting the team up 7-0 with 11:05 left in the first. This came after Hunter MacIsaac (4 carries, 20 yards) returned the opening kickoff to the 35-yard line and had a two-yard run on first down.

Somerville responded with miscues, and the Raiders took advantage.

Grant Murphy and Jordan Mahoney tackled Somerville at the 19-yard line on the ensuing kickoff, giving the team tough field position to start the game. Defensive lineman Brandon Baker spoiled the drive on the first play of the game. He didn't fall for Somerville's read-option, instead tackling the quarterback for a six-yard loss. Somerville kept the ball on the ground over the next two plays, but couldn't gain the 16 yards necessary for a first down. Instead, the team punted, but the punt went off the side of the punter's foot. This gave the Raiders the ball at their own 35-yard line to start the drive.

MacIsaac and Craig once again had no issue carrying the ball. MacIsaac got the first two carries, a six- and 10-yard gain respectively. Then, Craig ran a 13-yard counter to put the team in the goal zone. An encroachment penalty against Somerville then moved the Raiders half the distance to the goal. MacIsaac almost got them

in on first down; he had a two-yard run up the middle to put them inside the one. Quarterback Cooper Hansen

*Cont'd On Page 23*



**SENIOR TIGHT END** Colm Geary reaches for the goal line after hauling in a 42-yard touchdown reception from senior quarterback Cooper Hansen in the Raiders' 48-6 win Friday night.



**NORTH QUINCY'S DEFENSE** also played a strong game against Somerville. Here junior linebacker Grant Murphy sacks Somerville quarterback Aidan Slattery.



**SENIOR LINEBACKER** Brian Rodrigues returns an interception 30 yards for a North Quincy touchdown against Somerville. Also running down the sideline is Raider teammate senior linebacker Michael Gorman (right).



# Walker (3 TDs) Sparks Quincy Past Archies, 39-34

**By LIAM GAMBON**  
Last Saturday night at Memorial Field in Braintree, the weather started out hot and cooled down as the evening passed along. That was the exact opposite case for Quincy High football.

Early into their season-opening game against Archbishop Williams, the Presidents blew a defensive coverage and allowed receiver Matt Kowalski to break free unchecked for a 48-yard touchdown

pass from quarterback Will Leclair. So, things started out pretty chilly for the white and blue.

But senior running back and Patriot League All-Star Jarod Walker was right there to get things cooking in the cold. Exactly 15 seconds after the Presidents ceded the game's opening touchdown, Walker took a hand-off from senior quarterback Drew Boretti and brought it 67-yards to the house.

"What can I say about this kid?" Quincy coach Kevin Carey said. "He's something. Our line was fantastic tonight for him."

The Presidents would go on to claim a 39-34 victory over their rivals in Braintree, with Walker having made Memorial Field his stomping grounds as he put together 219 rushing yards and three touchdowns. Having accounted for over half of the backfield's 395 total yards Saturday, Walker is off to a quick start in his final year with Quincy.

One might even be surprised to know he wasn't always playing football. But that all changed when his older cousin Lina Farrell got

him hooked.

"She was a big lineman," Walker said. "I found it interesting. Seeing her play, I said, 'why can't I?'"

And so, the six-foot 200-pound power back with breakaway speed stepped onto the football field. Now able to shake the ground with a 310-pound squat, Walker has the ability to not only run past defenders, but through them.

Which is how he scored Quincy's first touchdown of the season as he broke through tackles at the line before leaving everyone else in his wake. After slamming a touchdown right back at Archie's following their opening score, Bishops QB Leclair returned the favor with a four-yard pass to Kowalski again in the endzone. But as the temperature dropped, Walker just kept heating up.

Two minutes and forty-five seconds after Archie's made it 13-7, the bruising running back took it 22-yards down the middle of the field to tie the game up. But just before halftime, Bishop running back Marcus Thurston ran the ball in

for a five-yard touchdown to stretch their lead to 20-13. Once they returned from the locker rooms, Quincy's defense stepped up.

With 6:27 to go in the third quarter, the Presidents blew up Archie's offense for a fumble that defensive end Nick Blasi took across the endzone to make it a one score game.

"They had all the momentum," Carey said. "We needed a play. That fumble was a turning point. Nick worked hard in the off-season and deserved all of that."

The result was electric as Quincy would force another fumble that led to a Gabe Rodriguez two-yard rush into the endzone before they picked off Leclair and set up Walker for a 22-yard touchdown rush that put his team up 32-20 in the blink of an eye.

A big fan of rapper/singer Kevin Gates, Walker embodies the Los Angeles native's mentality of playing the way he wants to. And one of the ways is by playing for the people around him, including his father Terry.

"He just pushes me to my limits," Walker said about his father. "I want to be the best I can for him and everyone around me."

Before he could shoot for 300 rushing yards, the star back was taken out of the game as his team powered their way to a 39-34 win following another Rodriguez touchdown. Having gone 1-4 during the Fall II season and six years without a record above .500, the Presidents' opening win is an important one.

And it was one that everyone played a part in, especially all-star senior running back Jarod Walker.

"I'm just mad I went out," Walker said with a laugh. "I feel like I was on my way to 300. But it wasn't just me, the linemen were always down the field with me. Every yard that I went."

"We've got a lot of work to do on defense, but we made some big plays," Carey said. "I was nervous those first few possessions, but they came through. How can I complain about 39 points?"

## Quincy-North Quincy Cross-Country Highlights

**Patriot League Inter-Divisional QNQ @ Whitman-Hanson**

**Friday, Sept. 10**

**Distance 3.15 miles, JV 1.89 miles**

**Starter: Susan Moss MTFOA**

**Boys Score: Whitman-Hanson 26 QNQ 31**

**Girls Score: Whitman-Hanson 25 QNQ 32**

### BOYS QNQ SCORERS (top 7 finishers)

1. Robert Cannon 17:08
2. Hatim Bouhktam 17:12
7. David Schmidt 19:34
10. Jonathan Bina 19:53
11. Kyle Clements 19:53
14. Matt Hollatz 21:02
18. Patrick Lee 22:31

37 finishers  
Records WH 1-0  
QNQ 0-1

### GIRLS QNQ SCORERS

2. Salma Bouhktam 21:26
4. Aluna Coogan-Coyne 21:49
5. Caitlin Cormican 22:47
10. Victoria Mariano 26:21
11. Grace Cody 26:37
13. Sabrina Egan 27:15

Records WH 1-0  
QNQ 0-1

### JV Coed Boy QNQ Finishers

- Liam Murohy 12:49  
Max Francouer 14:16  
Nathan Feldman 14:47  
Stevie Byrnes 15:33  
JV Coed Girl QNQ Finishers  
Chloe Fitzgerald 20:48  
Serena Swan 22:54  
Ali DiRuzza 22:59  
Stephanie Graziano 23:30  
Mia Tratzinski 23:35  
Mia Soto 25:00

### MSTCA X-C RELAY CARNIVAL

**Saturday, Sept. 11**

**Highland Park, Attleboro**

#### Frosh/Soph Boys

- Team A David Schmidt, Patrick Lee, Kyle Clements 11th 29:02  
Team B Trevor Mangino, Matt Hollatz, Liam Murphy 16th 30:27  
Team C Richard Pan, Max Francouer, Lito Breslin 32nd 35:21  
Team D Nathan Feldman, Stevie Byrnes, Nick Bina-Rodriguez 36th 37:18

47 teams

#### Junior/Senior Boys

- Team A Peter Cooney, Cam Griffin, Shane Faherty 57th 32:11

70 teams

#### Junior/Senior Girls

- Team A Victoria Mariano, Grace Cody, Sabrina Egan 41st 36:44

69 teams

#### COED Girl-Girl-Boy

- Team A Jonathan Bina Caitlin Cormican, Salma Bouhktam 3rd 30:56

21 teams

#### 12:17 p.m. - COED Boy-Boy-Girl

- Team A Hatim Bouhktam, Aluna Coogan-Coyne, Robert Cannon

1st 26:11

28 teams

## NQ Girls Volleyball Blanks Fontbonne

**By TOM JOYCE**

The first challenge of the season was no problem for the North Quincy High girls' volleyball team.

The Raiders took down Fontbonne Academy at home on Sept. 8. North Quincy outscored their opponent at about a two-to-one clip as they won the match 3-0 (25-17, 25-9, 25-11).

"I did a lot of different setups just to play around with our offense and to see who would pair up best with who and what our defense could handle," Raiders head coach Caitlin Plaskasovitis said. "It was definitely a good game. It was interesting to see how they stepped up or didn't step up. They had great serves. And the offense was able to mix it up and play different positions that they normally don't get to play."

"They did a good job of keeping up the energy level and that's something we've been talking about," she added. "To see them putting it to practice, it's important

that no matter the energy from the other team, that we're always putting out the exact same energy because it's not always going to be easy. And when the going gets tough, we need to make sure we can maintain that energy and momentum on our side."

The Raiders started the first set strong, taking a 10-5 lead in the first 15 points. The biggest lead they had in the first set was 17-7. It came as a result of a 7-2 run from the Raiders. Good serving was a difference-maker for North Quincy in this one. Steph Huang had an ace that gave the team a 14-6 lead, and Jen Lee's ace put them up 17-7.

The Raiders kept rolling in the second set of the match. They took 11 of the first 15 points of the set, including a strong hit from Bridget Keene that Fontbonne couldn't return to make it an 11-4 game. It was the start of a 7-0 run that gave the Raiders a 17-4 lead. Flora Chen shined

while serving on that set; she had back-to-back aces for the 14th and 15th points of it. This was too big of a deficit for Fontbonne to overcome. North Quincy won the set, 25-9.

The early going of the third set was the most competitive of the match, but the Raiders once again pulled away. NQ held an 8-7 edge after the first four points. However, they went on a 4-0 run, in part thanks to a pair of Fontbonne hitting errors. Huang served another ace in this set to make it 14-9 and Bryanna White put the team up 16-9 with a block. While Fontbonne called a timeout once the set got to 19-9 in the Raiders favor, they ended up losing the set 25-11.

Plaskasovitis said that her team got many strong performances in the bout. She thought that Flora Chen served well, Olivia Bailey served and set well, and that Kaila Jacques performed well both on the outside and the right side.


The Raiders have a lot

of experience this season; there are 11 seniors on their roster. Plaskasovitis said that will be helpful for the team this season.


"That's fantastic, especially after last year, a COVID year," she said. "It was really difficult because we had setbacks, we had COVID outbreaks. So to be able to give them the season they deserve as seniors is huge. Also, we don't want them to have worked that hard for nothing. We want them to have a memorable senior year. And I've got juniors and sophomores waiting in the wings to take everyone's spots, and they know that because they're not just playing because they're seniors—they're playing because they've earned it—but there's definitely girls that are coming for their positions, so they have to keep up their levels or they'll be on the bench."

She also said that they expect to be competitive this season.

"I don't want to let them down," she said. "I want to push through that it's not about making the tournament, it's about seeing how far we can make it into the tournament, so just making sure that they are using every single day to get better. I don't care where we start, I care where we finish. I want them to know that this is the bottom and that we're working our way to the top and trying to get stronger."



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# NQ Dominates Somerville In Football Opener, 48-6

Cont'd From Page 21

capped off the drive with a quarterback sneak up the middle to get the touchdown. Murray hit the extra point, putting them up 14-0.

Once again, Somerville got the ball back but quickly handed it over to the opponent.

Somerville completed an 18-yard pass to get to the 45-yard line, but the drive fell apart on the next set of downs. Grant Murphy had a pair of sacks, one on first down for a four-yard loss, and another on third down for an eight-yard loss as Somerville struggled to contain the outside pressure. Additionally, Somerville had a delay of game penalty and a dropped pass on this set of downs. Somerville then had a 14-yard punt to put the Raiders at their own 42-yard line.

It took one play for the North Quincy to add to their lead. Hansen connected with a wide-open Colm Geary for a 42-yard touchdown pass on a play-action waggie. Murray once again made the extra point, giving the Raiders a 21-0 lead with 2:50 left in the first quarter.

Shortly thereafter, Brian Rodrigues got North Quincy their first defensive touchdown of the season. On third-and-six, Somerville went to pass. Rodrigues caught it at the 30-yard line and ran it into the end zone. Murray's extra point was good, making it 28-0 with 1:31 left in the first.

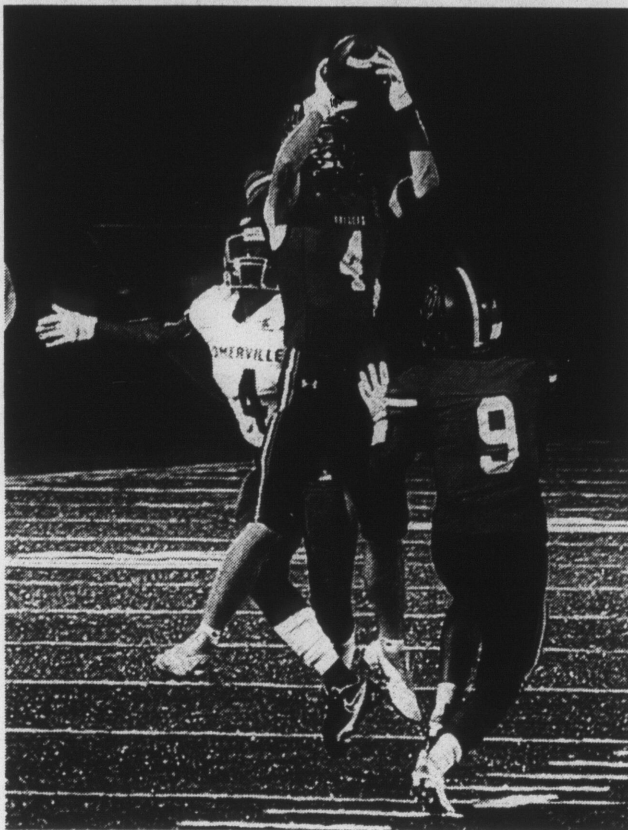
Things didn't get any better for Somerville on its next drive.

Samee Akhouzie came up with a sack for a 10-yard loss, and the team's run on second down was held to no gain on the final play of the first quarter. Somerville's quarterback lofted the ball up on third-and-long on the first play of the second quarter. Jackson Murphy intercepted the throw at around the 30-yard line and got it up to the 24.

On the fourth play of the drive, Murray (3 rushes, 21 yards) rushed in a 3-yard touchdown run on a drive highlighted by his 17-yard power run. Murray also made the extra point, putting them up 35-0.

While Somerville picked up a first down on the ensuing drive, Grant Murphy stripped the ball and his team recovered.

The Raiders then put in their second offense, led by sophomore Charlie Baker (2 rushes, 9 yards) at quarterback. The team made it to about the 10-yard line before a fumble ended their drive. However, Somerville



**SENIOR DEFENSIVE BACK** Jackson Murphy (#4) intercepts a Somerville pass in North Quincy's 48-6 win last Friday night at Veterans' Memorial Stadium. Also defending for the Raiders is sophomore linebacker Cydney Green.

fumbled on the first play of its drive on a strip caused by Jordan Mahoney. This gave the Raiders the ball on the 13-yard line and on the third play of the drive, Mike Gorman (3 carries, 9 yards) scored a one-yard touchdown. Murray's extra point gave them a 42-0 lead.

Before the first half ended, Somerville had one last drive. The team made it to around the 50-yard line before the first half came to a close.

Somerville got some yards against the Raiders backups in the second half as well. However, Somerville's first drive was halted at North Quincy's 34-yard line. This came after Ben Hudach had a sack for a five-yard loss and Somerville had back-to-back incomplete passes. The Raiders scored their final touchdown of the game on the following drive. Mahoney (6 carries, 37 yards) shined on the drive, at one point picking up back-to-back eight-yard gains. Somerville committed a 15-yard penalty on the second run, giving the Raiders even better field position. Baker finished the drive with a quarterback sneak from one-yard out early in the fourth quarter. This put the Raiders up 48-0. However, Somerville finally scored on its last drive of the game. Somerville scored on North Quincy's backups using a 33-yard jet sweep. Dan Hudach blocked the extra point kick for the Raiders. When North Quincy got the ball back, Baker kneeled it down to end the game.

The Raiders will host Westwood on Saturday, Sept. 18 at Veterans' Memo-

rial Stadium. Kick off is 7 p.m.



**RAIDER SENIOR QUARTERBACK** Cooper Hansen celebrates in the endzone with fullback Michael Gorman after finding the end zone on a quarterback sneak for the Raiders' second touchdown against Somerville.

Quincy Sun Photos/Robert Bosworth

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**TROOP 42 FALL FLOWER SALE** – Troop 42 will be selling flowers Saturday, Sept. 18 from 9 a.m. to 2 p.m. at Tower Automotive, 570 Adams St., Quincy. Flower sales raise funds to support the Troop on monthly Camp outs, supplies for weekly meetings, and provides funds for boys and girls from Troop 42 to attend Summer Camp and other outings. *Courtesy Photo*

## Quincy Point Congregational Church

On Sunday, Sept. 19 at 10 a.m. there is in-person worship at Quincy Point Congregational Church, 444 Washington St., Quincy and it will also be live for people at home. The live broadcast will have a feed to YouTube and Facebook.

The church sanctuary is accessible to all with designated parking and an elevator via the Abbey Road side

of the church.

The children and youth of the church will be painting a garden mural in the downstairs classroom again this week. They depart with their teachers during worship. For more details contact the church office for a schedule or see the latest version to "To the Point" monthly newsletter at <https://www.quincypoint->

[congregational.org/church-life-1](https://www.quincypoint-). Any new families can also sign up online at <https://www.quincypointcongregational.org/christian-education>.

The Missions and Social Justice Committee of Quincy Point Congregational Church is sponsoring a summer clothing collection for Quincy Public Schools McKinney Vento Program. Items needed in Children's

Sizes XS-XL are: children's underwear (needed most), socks (needed most), t-shirts, sweatpants and leggings. The drive ends on Sept. 26. Drop off to the church on Sundays before worship or weekdays from 9 a.m. to 2 p.m. Ring the church doorbell by the bakery, doorbell at the Abbey Road accessible door or call 617-773-6424.

## Ask John Paul: AAA New England's Car Doctor

Cont'd From Page 14

manual states the Dexron III is acceptable fluid to use. My question is can I use Dexron IV, V or VI? My other question is how long do sealed containers of oil last?

When I looked up the specification for power steering fluid in the databases that I use I did get conflicting information. One database stated use only Mercedes Benz fluid and didn't show an equivalent. When I looked it up another it agreed with the Mercedes owner's manual and it did state that Dexron III was compatible. According to AC Delco who markets Dexron fluids they state that Dexron VI are backwards compatible with previous DEXRON automatic transmission fluids and can be used as a replacement for older vehicles. Regarding shelf life of oil, the last time I had someone from an oil company on my radio program I asked that question and he said five years is the number they use. I don't believe the oil goes bad (although the additives could settle out) it is more of a case of newer vehicles need newer formulated products.

I'm 25 years old and I have a chance for a new job in Park City, Utah and unfortunately, they do not offer work from home. They do offer remote access but to work for this company you do need to live within a reasonable commuting distance. The job looks better than great, with terrific pay and benefits but will require this very long road trip. Here is the issue: my car is a 10-year-old Honda Accord. Can I take this car safely cross country?

The three most common reasons people call AAA are keys locked in the car, dead batteries and flat tires. If I was to do this trip, I would bring the car to a good garage for an overall checkup focusing on parts that age. This would be drive belts, cooling system, tires, and the electrical system. If your Accord has a six-cylinder and the timing belt was not replaced, do it before the trip. The four-cylinder engine uses a timing chain and requires no maintenance. I would also look at brakes, steering and suspension components and fuel and brake lines. Also carry an emergency kit of premixed coolant, extra oil and transmission fluid, first aid kit, portable air compressor and jump-pack. If everything is repaired or looks okay the trip certainly is possible. The job sounds like a great opportunity and best of luck.

I have a GMC 2500HD pickup that is used for work

(I'm a carpenter) and towing my 24-foot boat on weekends. The door sticker states the front tires should be at 65 PSI and the rear tires should be inflated to 75 PSI. I just had an oil change and tire rotation at my dealer, at about 11,000 miles. I checked my tires, and they are all at around 65 PSI. Should I set the tires at different levels?

I believe in setting vehicle tires at the pressure recommended by the vehicle manufacturer. The only time I would vary the pressure is when you are towing your boat or if you were carrying a heavy load for a long distance.

Recently, while driving out on the highway the windshield just cracked. I didn't see anything hit the window, but the crack ran across the entire windshield. The car is a 2016 Honda Pilot and I have only owned it for a couple of years, so I don't know if the windshield was original or not. When I had the windshield replaced the glass guy said this is fairly common with these cars. If it is why?

Glass can shatter from stress (the body flexes), poor installation, defective product and, of course, impact. Glass also has a memory, and an almost undetectable chip can turn into a crack due to heat and stress. A quick search of online forums shows the incident of cracked windshields in the 2016 Honda Pilot to be common.

I have a 2019 Toyota Corolla and the air conditioner is stinky, not that it doesn't work, it cools fine it just smells. The dealer told me it is normal and there isn't anything they can do about it. I purchased the car when it was about 18 months old. I wonder if this is why they traded the car in?

Start with making sure the air-conditioner evaporator drain is clear (you should see water drip under the car when the A/C has been running for a while). When using the air conditioner, always try to use the fresh air or outside air setting. This will help in reducing odors stuck in the car and also will help eliminate excessive moisture which can lead to mold and mildew in the ducts and air-conditioner evaporator. In some cases, the evaporator and cooling ducts need to be cleaned. Toyota also has a charcoal impregnated filter which helps reduce odors. If you can get in the habit a couple of minutes before the end of your drive shut off the A/C but leave the fan on – this will help dry out the air-conditioning/heater ducts.

## 'Black Oscars' Crane Library Online Program Sept. 23

The Thomas Crane Public Library will host an online program on the topic "Black Oscars: From Mammy to Minny, What the Academy Awards Tell Us About African Americans."

Join Dr. Frederick W. Gooding, Jr. live online at the Thomas Crane Public Library on Thursday, Sept. 23 from 7 to 8:30 p.m. for a fascinating look at the topic of his most recent book "Black Oscars: From Mammy to Minny, What the Academy Awards Tell Us About African Americans."

Second only to the Super Bowl in audience size and revenue, The Academy of Motion Picture Arts and Sciences' Oscars ceremony is a phenomenon. For over 90 years, the Oscars have long been considered the pinnacle of fantasy, beauty, romance and high class. Only recently have movements such as #OscarsSoWhite raised awareness around the more complicated legacy of the Oscars and African American participation in film. Join on Zoom for a "behind the scenes" look at racial patterns for African

Americans that have both changed and stayed the same over time.

Frederick W. Gooding, Jr. (PhD, Georgetown University) is an associate professor within the Honors College at Texas Christian University in Fort Worth, TX. Gooding critically analyzes race within mainstream media, effectively contextualizing problematic patterns based upon their historical roots. As such, Gooding's best-known work thus far is "You Mean, There's RACE in My Movie? The Complete Guide to Understanding Race in Mainstream Hollywood," which has been utilized in high schools and universities nationwide.

Join on Zoom (meeting ID 817 6640 4915). Using the free Zoom app. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the Crane Public Library's YouTube channel.

The program is sponsored by the Friends of the Thomas Crane Public Library.

## Bethany Congregational

Bethany Congregational Church service for Sunday, Sept. 19 will begin at 9:30 a.m.

Rev. Patrick McCorkle will be preaching, with music provided by Paul Frazer as soloist. Sunday School classes will be starting up later in September.

There will be a coffee hour after church with COVID precautions followed.

Bethany Congregational Church is located at 18 Spear St., Quincy. The

church website is: [bethanycongregational.org](http://bethanycongregational.org). Telephone number is: 617-479-7300.

You can attend Bethany Church services in person or view them on line. Check the church website for instructions on how to watch.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/or fill out an application, go to the website at [broadhorizonsbethany.com](http://broadhorizonsbethany.com) or call 617-471-0022.

## First Baptist Church Of Wollaston

The First Baptist Church of Wollaston located at 81 Prospect Ave., Quincy is open for everyone. For those who have not fully vaccinated, continue to wear mask and safe distance. However, on-line worship will continue.

Our online dial-in/Zoom weekly meeting Schedule are the following: (see the church website: <http://firstbaptistchurchofwollaston.org/>)

• Sunday 9:30 a.m. Vietnamese Worship Service at Fellowship Hall:

Pastor Duc

• Sunday 10:30 a.m. English Worship Service – Rev Bill Swilling

• Thursday 6:30 p.m. Bible Class – Book of Revelation – Pastor Paul Lee

• Friday 11 a.m. Prayer Group Meeting

Next Sunday, Sept. 26, FBCW will mark its 150th church anniversary. The public is welcome join in the celebration.

For inquiries call 617-472-0824 and ask for for Lewann Mina, the church administrator.

## Houghs Neck WWII Veterans' Memorial Rededication Oct. 2

The Houghs Neck Garden Club will sponsor a rededication of the World War II Veterans' Memorial in Houghs Neck, in front of the Atherton Hough School, on Saturday, Oct. 2nd, at 11 a.m.

Rain date is Sunday, Oct. 3rd at 1:30 p.m.

The Houghs Neck Garden Club is a 5013c non-profit organization and a member of the Garden Club Federation of Massachusetts.

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## OBITUARIES

## Ann M. Howie, 74

A funeral Mass for Ann Marie (Schell) Howie, age 74, will be celebrated Saturday at 10:30 a.m. in St. Jerome Church, Weymouth.

Mrs. Howie died unexpectedly with her friends at her side at her winter home in Naples, FL, on Jan. 15.

She was a lifelong quilter/crafter and was the proprietor of Ann's Crafts in Quincy for the better part of a decade. Mrs. Howie also worked for the city of Quincy, for many years, teaching at the North Quincy Neighborhood Center and Recreation Department running the summer crafting classes for kids. Mrs. Howie remained active right till the end organizing quilt related outings, road trips, and luncheons with her "Quilting Ladies."

She was born Sept. 29, 1944 in Boston, to the late Walter J. Schell Sr. and Lillian Cuniff. She was the oldest of three and graduated from Braintree High School in 1962. She met her late husband, Donald F. Howie Sr., while bowling with friends. They married in 1969 and were inseparable for the next 50 years until his passing on Aug. 2, 2019. They lived in Quincy for 40+ years and spent every summer at their favorite



ANN M. HOWIE

place, "the cottage" on Curlew Pond in Plymouth.

Mrs. Howie is survived by her four sons, Donald F. Howie Jr. of Quincy, Michael P. Howie and his wife Noreen of Scituate, and Christopher D. Howie and his wife Maryellen of Braintree, and Colby C. Deering of Manchester, NH; She is survived by her brothers Walter J. Schell Jr., of Hanover, Thomas Schell of Braintree and Kevin Schell of Boston. And six grandchildren, Allyson, Dylan, Mathew, Rebecca, Lillian and Rosie.

Private interment.

Memorial donations may be made to Boston Higashi School (a school for autistic children) 800 North Main St., Randolph, MA 02368.

Funeral arrangements were made by Clancy-Lucid Funeral Home, Weymouth.

## Gerald B. Ross, 87

A funeral Mass for Gerald B. Ross, age 87, of Quincy will be celebrated Sept. 21 at 10:30 a.m. in St. Agatha Church, Milton.

Mr. Ross died April 30 at home.

Born in Framingham and later moved to Dorchester, he graduated from Dorchester High School for Boys and was a veteran of the United States Navy and served with distinction in the Korean War. Mr. Ross retired as chief clerk of Conley Terminal in South Boston after 43 years of membership in the International Longshoremen's Association.

He was a member of the Quincy Elks, the Quincy Neighborhood Club and a longtime parishioner of St. Agatha Church in Milton.

Beloved husband of 55 years to Suzanne Ross. Father of Michael Ross and his wife, Kathleen and Stephen Ross and his wife, Krista. Proud grandfather of Kai-



GERALD B. ROSS

lyn, Madeline and Brandon Ross. Brother of Charlene McLellan and the late Charles Ross.

Interment at Massachusetts National Cemetery, Bourne, at 11 a.m. on Sept. 22.

Memorial donations may be made to the Norwell Visiting Nurses Association, 120 Longwater Dr., Norwell, MA 02061.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

## Anthony A. Iavicoli, 87

A funeral Mass for Anthony A. "Tony" Iavicoli, age 87, of Quincy, formerly of East Boston, will be celebrated Friday at 10 a.m. in St. John the Baptist Church, Quincy.

Mr. Iavicoli died peacefully Sept. 11.

Born in East Boston, to the late George and Rose (Bernardinelli) Iavicoli, he was raised there and was a graduate of East Boston High School, Class of 1951. He earned an Associate's degree from the former Newbury College. Mr. Iavicoli had lived in Quincy for over sixty years.

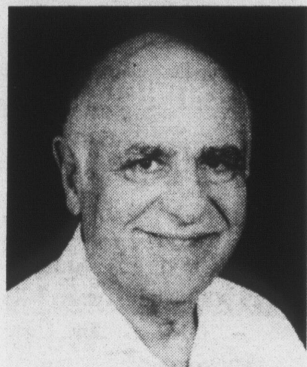
He was proud to have served in the United States Army during the 1950s.

Mr. Iavicoli worked as a pipefitter for the Bethlehem Steel Company at the former Fore River Shipyard in Quincy. He also worked for General Motors for over twenty-five years and was a member of United Auto Workers, Local 422.

He enjoyed bowling, playing cards, and enthusiastically supporting his Boston sports teams. He was also an active member of the Quincy Sons of Italy.

Most of all, Mr. Iavicoli was dedicated to his loving wife, Lorraine (Teebagy) Iavicoli, to whom he was married for 62 years.

Devoted father of George Iavicoli and his wife Shireen of Wellesley, Donna M. Butler and her husband William of Doylestown, PA Anthony L. Iavicoli and his wife Ma-



ANTHONY A. IAVICOLI

ria of Garrison, NY, Joyce R. Higgins and her husband John of Norwood, Gail M. Glatiotis and her husband James of Groton, and Jeanette A. Iavicoli of Quincy.

Cherished grandfather of Nicole, Bill, Matt and Christy Butler; Lauren, Megan, Jack and Julia Higgins; Rachel Iavicoli; and Dan and Emily Glatiotis.

Mr. Iavicoli is survived by his sister Rita Pelosi, of Saugus, his sister Georgia Devine and her husband Paul of Woburn, and his sisters-in-law Jeannette Teebagy and Olga Teebagy. He is also survived by many loving nieces and nephews.

Visiting hours are 5 to 8 p.m. Thursday at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment, with military honors, at Mount Benedict Cemetery, West Roxbury.

Memorial donations may be made to The Fisher Center for Alzheimer's Research Foundation, FDR Station, P.O. Box 220, New York, NY 10150 or alzinfo.org.

## Maureen Mackenrodt

A funeral Mass for Maureen (Sheehan) Mackenrodt was celebrated Tuesday in St. Francis of Assisi Parish, Braintree.

Mrs. Mackenrodt died peacefully Sept. 6.

Raised and educated in Quincy by her parents, the late John and Genevieve Sheehan. Mrs. Mackenrodt was a dedicated homemaker for her family in Braintree.

She was the beloved wife of Robert F. Mackenrodt Sr.; loving mother of Donna Mackenrodt of Brockton, Robert F. Mackenrodt Jr. of Braintree; dear grandmother of Scott Hawes and his wife Lindsay of Mansfield; Heather Kinnealey and her husband Matthew of Bridgewater; dear great-



MAUREEN MACKENRODT

grandmother of Samantha, Victoria, and Ryan; she is also survived by several nieces and nephews.

Interment at Mount Wollaston Cemetery.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

## NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

## Joseph M. Pistorino

A funeral Mass for Joseph M. Pistorino of Rhode Island, formerly of Quincy, will be celebrated Thursday at noon in Sacred Heart Church, Quincy.

Mr. Pistorino died Sept. 8.

He is predeceased by his mother, Carol M. Pistorino of Quincy. He is survived by his loving daughter Erica S. Pistorino and her husband Kyle L. Cehanowicz of Narragansett, RI, former wife Suzanne K. Pistorino of Rhode Island, father Robert W. Pistorino of Quincy, brother Robert L. Pistorino of Quincy, brother Thomas G. Pistorino and his wife Lisa of Walpole and sister Mary Lou Pistorino and her husband Robert Reed of Easton. He is also survived by nephews and nieces: Stephen Previte of Easton, Joshua Previte and his wife Tiffanie of Raynham, Samuel Previte of Irvine, CA, Joseph Previte of Quincy, Caroline Previte of Brighton, Gianni Pistorino of Walpole, Anthony Pistorino of Walpole, as well as extended family and dear friends.



JOSEPH M. PISTORINO

Mr. Pistorino was an electrician who was known for being a master of his trade and a generous and kind soul. He enjoyed playing golf, being on the water, and spending time with family and dear friends. He had an affinity for music.

Visiting hours are Thursday from 9:30 to 11:30 a.m. in Keohane Funeral Home, 785 Hancock St., Quincy, followed by a celebration of life service at 11:30 a.m.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to SSTAR Treatment Center, Attention Mrs. Edwards, 386 Stanley St., Fall River, MA 02720.

## Georgia Lydon, 89

A funeral Mass for Georgia (Joseph) Lydon, 89, of Quincy, will be celebrated Saturday at 10 a.m. in Sacred Heart Church, Quincy.

Mrs. Lydon died Sept. 1.

Beloved wife of the late William V. Lydon, Ret. BPD. Devoted mother of Donna Donaghey and her husband Brian of Quincy, Patricia Lydon-Prassinos and her fiancée Anthony Carnevale of Quincy, Janice DiFabio and her husband David of Billerica and William P. Lydon of Quincy. Daughter of the late Peter and Athena (Lazar) Joseph. Sister of the late Victoria Andrews, Pandora Fielder, Adam Joseph, Olga Owen and Kay Kreger. Cherished Nana to Kerry Griffin, Brian, Patrick, Christopher, and Connor Donaghey, Leah and Alec Prassinos and Sam DiFabio. Mrs. Lydon is also survived by her nieces Debra Donlan and Cheryl Flaherty who were very helpful throughout her illness, their kindness will never be forgotten. She is also survived by several other nieces and nephews.

Mrs. Lydon grew up in South Boston. She graduated from South Boston High School and then married the love of her life, William V. Lydon. Together they made a great looking couple. They moved to Quincy back in 1968 and raised their family.

Mrs. Lydon took great pride in her home and her children. She spent her life making sure her children were well taken care of. As her family grew older, she



GEORGIA LYDON

took a position as the activities director at Resthaven Nursing Home.

Mrs. Lydon was a very talented artist, she loved drawing. In her free time, she enjoyed trips to the casinos, going to the beach, going out to eat at her favorite restaurants and taking trips with her family. Mrs. Lydon also loved to sew and sing. She was a member of the Castle Island Association.

She will be remembered as a devoted wife, a cherished mother and a doting grandmother who adored spending time with her family. She was larger than life to all of them and they are all broken hearted at her passing, but they feel fortunate for all the blessings she brought to their lives. She will be sadly missed, but she will remain in their hearts forever. They find comfort in knowing she is reunited with her beloved William.

Visiting hours are 4 to 8 p.m. Friday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held there at 9:15 a.m. Saturday.

Interment at Blue Hill Cemetery, Braintree.



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## Angela R. Hanna, 74

A funeral service for Angela R. (Radeos) Hanna, 74, of Quincy, formerly of Milton, will be held Thursday at 10:30 a.m. in St. Catherine Greek Orthodox Church, Braintree.

Mrs. Hanna died surrounded by her family on Sept. 10 at Pat Roche Hospice House, after a courageous battle with lung cancer.

Devoted mother of Nicole Hanna of Oldsmar, FL and Kristina Alexander and her husband Jai of Braintree. Cherished YiaYia to Leonidas and Damon Alexander, both of Braintree. Former wife of Robert Hanna of Dorchester. Daughter of the late Stavros and Panagiotis (Agriakonitis) Radeos. Sister of George Radeos of Madeira Beach, FL, John Radeos and his late wife Susan of Stoughton formerly of Milton, Niko Radeos and his wife Maureen of Braintree, Michael Radeos and his wife Dorina of Whitesboro, NY and the late Peter Radeos and his wife Rita of Dorchester. Mrs. Hanna is also survived by many nieces and nephews. She also



ANGELA R. HANNA

had a very special place in her heart for Jackson – the dog.

Mrs. Hanna worked at Milton Town Hall for more than 30 years. She will be sadly missed.

She moved to Dorchester from Greece when she was a young girl. She brought with her a great pride in her heritage and enjoyed preparing Greek food, listening to Greek music, and celebrating traditions with her family.

Her appreciation of fashion along with her fondness for hats and dangling earrings had her looking perfectly put together for any occasion.

Mrs. Hanna loved a good restaurant, an extra dry gin martini, and could track

down the best fried clams in New England.

The love she had for her daughters, Nikki and Tina, knew no bounds. That unconditional love carried over to her grandsons. She embraced her role as YiaYia, spending her time playing cards, board games, and ball with Leo and Damon. When at their house, she shared a special bond with Jackson, the family dog, who followed her around everywhere and would lay at her feet whenever she sat.

Mrs. Hanna loved to dance and enjoyed a good party. Her only ask for her services was that they be upbeat and light – a celebration of the life she lived!

Visiting hours were 4 to 8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Milton Cemetery.

Memorial donations may be made to Norwell Visiting Nurse Association & Hospice, 120 Longwater Dr., Norwell, MA 02061 or to Pat Roche Hospice House, 86 Turkey Hill Rd., Hingham, MA 02043.

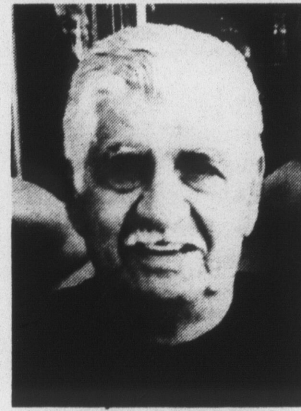
## Toffee H. Derbes, Jr., 81

Toffee H. Derbes, Jr., age 81, of Braintree, formerly of Quincy, died peacefully Sept. 10 surrounded by his loving family.

Mr. Derbes was born in Quincy, to the late Toufic "Toffee" and Nowfe "Nellie" (Hassan) Derbes. Raised and educated in Quincy Point, he was a graduate of Quincy High School, Class of 1959. After excelling as a varsity football player, he continued to play semi-professional football for the Morrissey Club of Quincy.

In 1962, Mr. Derbes and his brothers established Derbes Brothers Construction from humble beginnings, starting with just a 1947 dump truck, a wheelbarrow, and several hand tools. He was the co-founder and co-owner alongside his brothers of one of the largest general contracting companies on the South Shore.

Mr. Derbes loved spending time with his family and telling wise jokes to every-



TOFFEE H. DERBES, JR.

one he met. In addition to his love of cars, his patience led him to be the family's go-to handyman. If it was broken, he could fix it.

Most of all, he was dedicated to his family and was especially proud of his three beloved grandchildren.

Devoted husband of fifty-five years to Linda C. (Tantillo) Derbes. Loving father of Darline F. Lynch and her husband Timothy, and Lori A. Del Vecchio and her husband Marco, all of Braintree. Cherished grand-

father of twins, Tommy and Nellie Lynch, and Adree Del Vecchio.

Dear brother of Kimal Derbes and his wife Mary of Weymouth, Margaret "Peggy" Pignone and her husband Edward of Stoneham, and predeceased by Carol Ohrenberger, Robert H. Derbes, Sr., Richard H. "Hus" Derbes, Sr., Frank F. Derbes, and Jazelle N. Derbes. Brother-in-law of Connie Derbes and Arlene Derbes. He is also survived by many nieces, nephews, and their families.

At the request of the family, funeral services and interment were private.

Memorial donations may be made to the American Heart Association, 300 5th Avenue, Suite 6, Waltham, MA 02451-8750.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

## John K. Buckley, 91

A funeral service for John K. Buckley, age 91, of Quincy was held Wednesday at Boston Cremation, 116 Franklin St., Quincy.

Mr. Buckley died Sept. 9 after battling a brief cardiovascular illness. He received compassionate and caring end of life care at Season's Hospice of Milton.

He was born and raised in South Boston and Dorchester, along with his six siblings. Mr. Buckley was a Golden Gloves boxer prior to joining the Marine Corps. As a marine, he served in the Korean War and was honorably discharged. Following his discharge, Mr. Buckley continued his government service in the registered mail division of the USPS. Upon retirement, he took on yet another career in facility maintenance for the Milton



JOHN K. BUCKLEY

Public Schools system. He was never one to sit still!

Mr. Buckley was an active member of the Disabled American Veterans organization, serving as the local chapter commander for several years; he was active in fundraising efforts and participated in many Veterans Day Parades. In his spare time, he was a talented carpenter, an avid

reader, and he was on the Olindy's bowling league in Quincy for many years. In recent years Mr. Buckley was a resident of Brookdale Quincy Bay, where he made many friends and enjoyed being part of that community.

He was preceded in death by his wife of over 50 years, Anna, for whom he was a devoted caregiver; and also, by his four brothers and two sisters. He is survived by his daughter Cathie Range and his son-in-law Mike Range, as well as several nieces and nephews, grandnieces, and grandnephews.

Interment at Mount Wollaston Cemetery.

Memorial donations may be made to Disabled American Veterans at [dava.org](http://dava.org) or to Seasons Hospice at [seasonsfoundation.org](http://seasonsfoundation.org).

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247 Atlantic Ave.

**CARMINE'S CAFE**  
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265 Beale St.

**EVEREST MARKET**  
121 Standish Ave.

**5 CORNER FOOD MART**  
163 Newbury Ave.

**WEST ELM VARIETY**  
139 W. Elm Ave.

## 2021 Hamel-Lydon Compassionate Service Awards

In the spirit of compassionate service, Hamel-Lydon Chapel is proud to honor individuals by granting ten \$500 Compassionate Service Awards to healthcare providers. Visit [HamelLydon.com](http://HamelLydon.com) for more information.



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&  
CREMATION SERVICE OF MASSACHUSETTS  
Pre-Planning • Funerals • Cremations

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**DIRECTORS**

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650 Hancock Street, Quincy, MA 02170 • [HamelLydon.com](http://HamelLydon.com)



# Quincy Fire Ceremony Marks 20th Anniversary Of 9-11

Cont'd From Page 19

and neighbor in Westford, about 25 miles northwest of Boston. "They were the highlight of her life."

Another account told the

story of how Susan was an accomplished seamstress and repurposed her wedding dress into a christening gown for her children. She also made her youngest sister a wedding dress.

Another victim of 9-11

also had Quincy ties. Kevin P. Connors, age 55, a graduate of the US Naval Academy and senior vice president for Euro Brokers, was working on the 84th floor of the South Tower of the World Trade Center that morning.

I think about how the staff led by my father ral-

lied to put the paper out that Tuesday evening.

Never once did he entertain the idea that we would not produce a newspaper that awful day.

The Sun office was already somber before the attacks. On Monday we learned that the mother of

one of our colleagues had died unexpectedly over the weeked while she was on vacation. Our co-worker had to wait a week for her body to return to the U.S. because flights were grounded in the wake of the terrorist attacks. Twenty years later I also think about the thousands of lives lost fighting the 20-year war on terror in Iraq and Afghanistan. Like 9-11, the war changed the lives of so many families who lost loved ones.

On Saturday, Sept. 11, 2021, I caught a glimpse of a gorgeous sunrise - a palette of orange and yellow hues mixed with blue skies. As I scanned the horizon,

I noticed a plane streaking across the sky bound for some unknown destination. Just like that morning 20 years ago.

And then I remember that my wife and I were passengers on United Airlines Flight 175 - four months before Sept. 11 - in May of 2001. We flew to L.A. for a vacation. Flight 175 was the other plane that left Boston and struck the other World Trade Center Tower.

I think the same thing every 9-11 - life is precious. Live every day, hug your loved ones, be kind and count your blessings.

And never forget 9-11.

## LEGAL NOTICE

**CITATION ON PETITION FOR FORMAL ADJUDICATION**  
Docket No. NO21P2268EA

**Commonwealth of Massachusetts**  
The Trial Court  
Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200  
**Estate of:**  
Evelyn E. Crews  
**Date of Death:**  
05/01/2021

To all interested persons:  
A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Daniel L. Crews of Pembroke, MA and Robert W. Crews of Randolph, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Daniel L. Crews of Pembroke, MA and Robert W. Crews of Randolph, MA be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in unsupervised administration.

## IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/06/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS, Hon. Patricia Gorman, First Justice of this Court.**

Date: August 31, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

9/16/21

## LEGAL NOTICE

**CITATION ON PETITION FOR FORMAL ADJUDICATION**  
Docket No. NO21P2257EA

**Commonwealth of Massachusetts**  
The Trial Court  
Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200  
**Estate of:**  
Katherine A. Twohig  
**Date of Death:**  
05/14/2021

To all interested persons:  
A Petition for Formal Adjudication of Will with Appointment of Personal Representative has been filed by Kevin M. Twohig of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Kevin M. Twohig of Quincy, MA be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in unsupervised administration.

## IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/06/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS, Hon. Patricia Gorman, First Justice of this Court.**

Date: August 31, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

9/16/21

## LEGAL NOTICE

**CITATION ON PETITION FOR FORMAL ADJUDICATION**  
Docket No. NO21P2231EA

**Commonwealth of Massachusetts**  
The Trial Court  
Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200  
**Estate of:**  
Ruth M. Levine  
**Date of Death:**  
05/20/2015

To all interested persons:  
A Petition for Late and Limited Formal Testacy and/or Appointment has been filed by Alan Levine of Quincy, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Alan Levine of Quincy, MA be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in unsupervised administration.

## IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/06/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS, Hon. Patricia Gorman, First Justice of this Court.**

Date: September 7, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

9/16/21

## LEGAL NOTICE

**CITATION**  
Docket No. NO21P2327PO

**Commonwealth of Massachusetts**  
The Trial Court  
Probate and Family Court  
Norfolk Division

**Case Name:**  
The Eleanor C. Flibotte  
Revocable Trust-  
Declaration of Trust

To all interested persons:  
A Petition has been filed by: Julianne Flibotte of Quincy, MA requesting:  
**General Trust Petition for reason more fully stated in said petition.**

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on 10/13/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

**WITNESS, Patricia A. Gorman, First Justice of this Court.**

Date: September 10, 2021  
COLLEEN M. BRIERLEY  
Register of Probate

9/16/21

## PUBLIC NOTICE

### CITY OF QUINCY BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from Taipei Cuisine, Inc., dba Taipei Cuisine Restaurant, for an all-alcoholic beverages restaurant license for the premises located at 68 Billings Road. Proposed manager Jin Xia Li. The proposed licensed premises is a ground floor restaurant serving authentic Chinese cuisine of approximately 1,450 sq. ft. with a walk-in freezer and storage in the basement. A hearing will be conducted at 4 p.m. on Tuesday, September 28, 2021 using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

**Topic: September 28 License Board**  
**Time: Sep 28, 2021 04:00 PM Eastern Time (US and Canada)**

Join Zoom Meeting  
<https://quincycollge.zoom.us/j/2309068852>

**Meeting ID: 230 906 8852**

One tap mobile

+19292056099,,2309068852# US (New York)

+13017158592,,2309068852# US (Washington DC)

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

Meeting ID: 230 906 8852

Find your local number: <https://quincycollge.zoom.us/j/kDpypqzfg>

Nicole L. Crispo  
Chair

## PUBLIC NOTICE

### QUINCY HOUSING AUTHORITY

#### QUINCY

#### SECTION 8 Mainstream PROJECT-BASED VOUCHER PROGRAM (PBV) Sept. 10, 2021

Quincy is soliciting proposals from local property owners with multifamily projects to participate in the Section 8 Mainstream Project Based Voucher program. The project must be designed to assist non-elderly persons with disabilities and their families who are transitioning out of institutional or other segregated settings, are at serious risk of institutionalization, are homeless, or are at risk of becoming homeless.

Interested parties may obtain a copy of the Request for Proposals (RFP) by contacting:

**Grace McAuliffe**, Director of Finance/Admin and Leased Housing.  
[gmcauliffe@quincyha.com](mailto:gmcauliffe@quincyha.com). Telephone: 617-847-4350 ext 800.

**Proposals are due October 8, 2021**

The Criteria for Selection also include:

- The building and the apartments when completed must meet federal Housing Quality Standards as defined by HUD at 24 CFR part 5, subsection G.
- The housing site must be consistent with the deconcentration and expanding housing opportunity goals stated in this RFP and in the QUINCY's PHA plan and with civil rights laws and regulations, including HUD's rules on accessibility at 24 CFR 8.4.
- No more than 25 units or 25% of the units in a building (whichever is greater) may receive PBV assistance except for projects that will house families (including disabled families) offered supportive services.

The Housing Authority may initially award up to 35 vouchers for project based Section 8 funding.

Only applications submitted in response to this advertisement and the accompanying Request for Proposal (RFP) will be considered.

\*\*\*EQUAL HOUSING OPPORTUNITY\*\*

9/16/21

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## AAA: Gasoline Prices Up One Penny

Massachusetts's average gas price is up one cent from last week (\$3.08), averaging \$3.09 per gallon, according to AAA.

Monday's price is 5 cents higher than a month ago (\$3.04), and 95 cents higher than Sept. 13, 2020 (\$2.14). Massachusetts's average gas price is 8 cents lower than the national average.

"Timing is everything,

and while supplies have tightened due to the slow recovery after Hurricane Ida, this is also the point when gas demand starts its seasonal decline," said Mary Maguire, AAA Northeast Director of Public Affairs. "While there may be some price fluctuation, we expect most motorists to see stability at the pump."

AAA Northeast's Sept.

13 survey of fuel prices found the current national average to one cent lower than last week (\$3.18), averaging \$3.17 a gallon. Monday's national average price is 1 cent lower than a month ago (\$3.18), and 98 cents higher than this day last year (\$2.19).

The AAA Gas Prices

website is your resource for up-to-date fuel price information. Search average gas prices by regular, plus, premium and diesel on national and state levels, as well as metro areas.

### LEGAL NOTICE

**CITATION**  
Docket No. NO21P2327PO  
**Commonwealth of Massachusetts**  
**The Trial Court**  
**Probate and Family Court**  
**Norfolk Division**

#### Case Name:

The Eleanor C. Flibotte  
Revocable Trust-  
Declaration of Trust

To all interested persons:  
A Petition has been filed by:  
**Julianne Flibotte of Quincy, MA**

**Requesting that a suitable Successor Trustee be appointed.**

**Petition for Removal of a Trustee for reason more fully stated in said petition.**

**You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on October 13, 2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.**

**WITNESS, Patricia A. Gorman, First Justice of this Court.**

Date: September 10, 2021  
**COLLEEN M. BRIERLEY**  
Register of Probate

9/16/21

### NOTICE OF PUBLIC HEARING

Case ZBA 21-72

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 28, 2021 @ 5:30 P.M. to consider the application of **Christopher Chenette** for a Variance to add a full second story to the current building footprint and a front left corner addition in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered **60 MACY STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals  
Time: Sep 28, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting  
<https://us06web.zoom.us/j/84712832152?pwd=Q2F3NldyWkFIYzhnZ0EraXd0Wkpldz09>

Meeting ID: 847 1283 2152

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 847 1283 2152

Passcode: 656062

Find your local number: <https://us06web.zoom.us/j/kpRwleY4X>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

9/9/21, 9/16/21

### LEGAL NOTICE

**INFORMAL PROBATE PUBLICATION NOTICE**  
Docket No. NO21P1875EA

**Commonwealth of Massachusetts**  
**The Trial Court**  
**Probate and Family Court**  
**Norfolk Division**  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200

#### Estate of:

**George Elliot Diott**

**Also Known As:**

**George Diott**

**Date of Death:**

November 25, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Michael D. Diott of Quincy, MA.**

**Michael D. Diott of Quincy, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

9/16/21

### LEGAL NOTICE

**INFORMAL PROBATE PUBLICATION NOTICE**  
Docket No. NO21P1890EA

**Commonwealth of Massachusetts**  
**The Trial Court**  
**Probate and Family Court**  
**Norfolk Division**  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200

#### Estate of:

**Patricia M. Mullen**

**Date of Death:**

January 2, 2021

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Patricia Mullen London of Westwood, MA.**

a Will has been admitted to informal probate.

**Patricia Mullen London of Westwood, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

9/16/21

**More News online at**  
**[www.TheQuincySun.com](http://www.TheQuincySun.com)**

### NOTICE OF PUBLIC HEARING

Case ZBA 21-71

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 28, 2021 @ 5:30 P.M. to consider the application of **Attorney Patrick Foley** for Variances to demolish the existing single family home and construct a new two-family, townhouse style home in this Residence B zoning district in violation of Title 17 as amended, Chapter 4.0 (table of dimensional requirements), Chapter 5.1.16 (paving of yards) and Chapter 5.1.8 (table of off street parking requirements) on the premises numbered **49 SHEA STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals  
Time: Sep 28, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting  
<https://us06web.zoom.us/j/84712832152?pwd=Q2F3NldyWkFIYzhnZ0EraXd0Wkpldz09>

Meeting ID: 847 1283 2152

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 847 1283 2152

Passcode: 656062

Find your local number: <https://us06web.zoom.us/j/kpRwleY4X>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

9/9/21, 9/16/21

## Three On SNHU Dean's List

Three students from Quincy have been named to the summer Dean's List at Southern New Hampshire University in Manchester,

N.H.

They are:

Sierra Brown, Victoria Sagar and Kamala Faulder.

### INVITATION FOR BIDS

#### INVITATION FOR BIDS

for  
**"Fabrication of Granite Pier Caps"**  
Quincy, Massachusetts

The City of Quincy, Department of Natural Resources is seeking sealed bids for Fabrication of Granite Pier Caps until **11:00 a.m. on September 30, 2021**, in the office of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud. Late bids delivered by mail or in person will be rejected.

The work includes the fabrication, finishing, and delivery of; **"Granite Pier Caps"** to Merrymount Park.

Detailed specifications are available on-line at the City of Quincy's website, [www.quincyma.gov](http://www.quincyma.gov) and available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

No Pre-Bid Conference will be held; however bidders may visit the site and are requested to submit inquiries in writing to the project to the Purchasing Agent to be addressed by the appropriate party.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive, and/or unbalanced bids may be rejected.

Thomas P. Koch David Murphy Kathryn R. Logan  
Mayor Director of Purchasing Agent  
Natural Resources

9/16/21

### NOTICE OF PUBLIC HEARING

Case ZBA 21-57

#### NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, September 28, 2021 @ 5:30 P.M. to consider the application of **Hien Le** for a Finding to change the use of the premises from real estate to a nail salon in violation of Title 17 as amended, Chapter 3.4.2 (nonconforming uses) on the premises numbered **134-138 WASHINGTON STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals  
Time: Sep 28, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting  
<https://us06web.zoom.us/j/84712832152?pwd=Q2F3NldyWkFIYzhnZ0EraXd0Wkpldz09>

Meeting ID: 847 1283 2152

Passcode: Quincy

Dial by your location

1 646 558 8656 US (New York)

Meeting ID: 847 1283 2152

Passcode: 656062

Find your local number: <https://us06web.zoom.us/j/kpRwleY4X>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

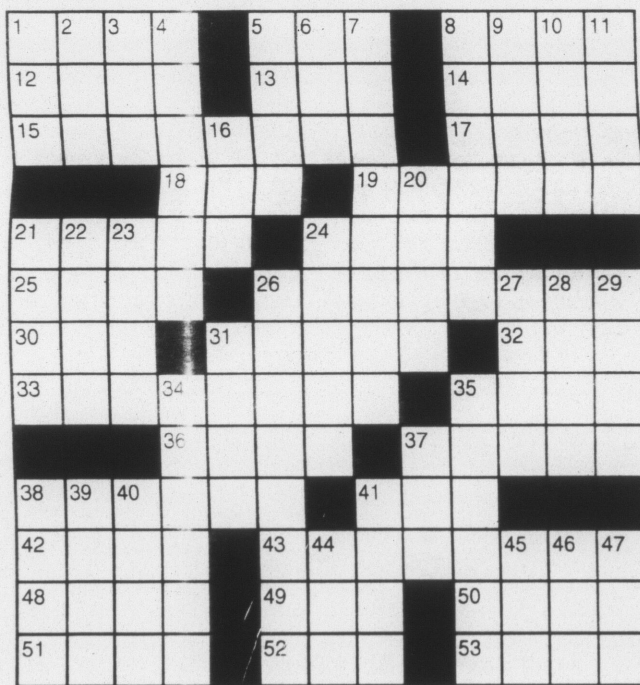
9/9/21, 9/16/21



# SUN FUN PAGES

## King Crossword

- ACROSS**
- 1 Havana's land  
5 For each  
8 — Valley, Calif.  
12 Miles away  
13 Parisian pal  
14 Former Yankee slugger, to fans  
15 Abe Lincoln's first home  
17 Cello's ancestor  
18 In the style of  
19 Shiny, as a photo  
21 Trombone part  
24 Swizzle  
25 Ireland  
26 Backyard structure  
30 Old Oldsmobile  
31 Move to one side  
32 — roll (winning)  
33 Theme park attraction  
35 Landed  
36 Mater lead-in
- 37 Test score  
38 Spider's creation  
41 Spill catcher  
42 Location  
43 Cozy spot on the slopes  
48 Sandwich shop  
49 Last (Abbr.)  
50 Jeopardize  
51 Pieces for one  
52 Evening hrs.  
53 Hose woe
- DOWN**
- 1 Nev. neighbor  
2 Flying saucer  
3 Satchel  
4 Video-game hub  
5 Sunscreen additive  
6 Brit. record label  
7 Cellphone tune  
8 Relishes  
9 Eye part  
10 Cattle calls?  
11 In a lazy way
- 16 Hearty quaff  
20 Joyful tune  
21 Lowly worker  
22 Stead  
23 Press agent?  
24 "The March King"  
26 "OK" gesture  
27 Spanish greeting  
28 Oklahoma city  
29 See socially  
31 Only  
34 Aloha State  
35 Garden shelters  
37 Baseball's Hodges  
38 Scoundrels  
39 Sandwich treat  
40 Phone inventor  
41 Morsels  
44 Carrier to Amsterdam  
45 Cacophony  
46 Fed. property manager  
47 Heart chart (Abbr.)



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## MAGIC MAZE • CONTAINING A DRINK

W Q N S K I F D A X V T Q O M  
R E H T O R B J H F C D A Y W  
A U K E Y P U N C H E R P N E  
R I L A T J H F D C W B P K M  
M E N M C A Z X I A V O A U E  
C T D I R E M D T Q P S R N T  
H O M N G K E E I I R T I H T  
A F D G A R R F L O N W B Z A  
I Y W V T L I L F A T R Q O L  
R N L K O I O V T O T H F D P  
C A Z O X L H C T O C S P O H

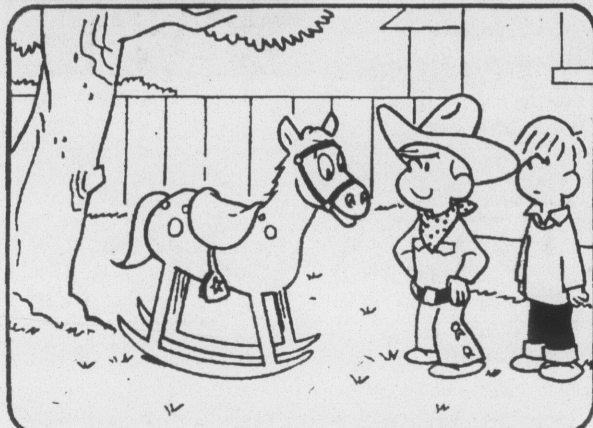
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally  
Unlisted clue hint: A LIGHTWEIGHT CORD

Armchair    Decider    Lollipop    Tantrum  
Brother    Forsake    Platte    Virginia  
Coffeecake    Hopscotch    Stalemate    Waterloo  
Colander    Keypunch    Steaming

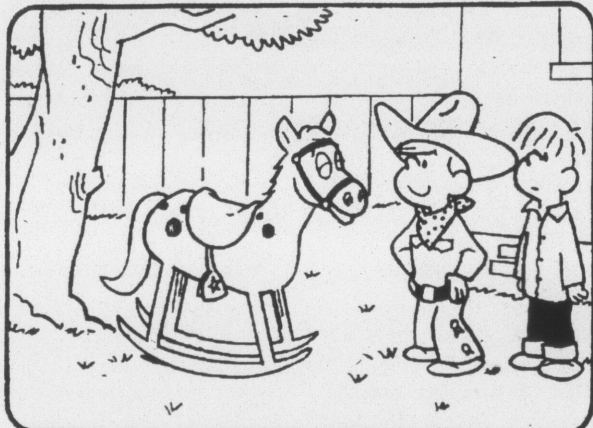
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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Spots are different. 2. Eyes are closed. 3. Sweater is missing. 4. Tail is longer. 5. House is missing. 6. Bricks are added.

## Trivia test

by Fifi Rodriguez

- TELEVISION: What was the name of Tim Taylor's friend and sidekick on the "Home Improvement" sitcom?
- GEOGRAPHY: Which U.S. city has the nickname "Big D"?
- LITERATURE: Which novel begins with the line, "Last night I dreamt I went to Manderley again"?
- MEDICAL: What usually causes rickets in children?
- MUSIC: Which novel is referenced in The Police's song "Don't Stand So Close to Me"?
- FOOD & DRINK: Cafe du Monde is a famous restaurant in what city?
- ENTERTAINERS: Which

famous actor was born Maurice Micklewhite?

- MEASUREMENTS: What scientific unit of measurement also is the name of a mammal?
- GENERAL KNOWLEDGE: What is a thalassophile?
- ANATOMY: What is the colored part of the eye called?

Answers

- Al Borland
- Dallas
- "Rebecca"
- Lack of vitamin D
- "Lolita"
- New Orleans
- Michael Caine
- Mole, which is used to measure particles in a substance
- A lover of seas and oceans
- Iris

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## Wishing Well®

6 7 2 5 7 3 5 4 7 5 7 8 3  
F T B A H J W M I A N C O  
2 4 3 7 3 2 6 7 4 7 2 7 5  
E O Y K F I U P D O N S R  
8 2 7 2 5 6 5 7 6 4 2 5 7  
H V I E M N F T T E N R I  
2 3 8 6 4 6 7 2 6 2 3 5 8  
T R A I R M V I E V O I R  
2 8 3 4 5 7 3 6 5 3 4 5 3  
E M M A E E H S N U T D M  
4 5 4 3 6 8 6 5 3 8 4 8 4  
E S S O A E H H R D P L E  
8 5 4 8 5 6 4 8 6 4 6 4 4  
I I N F P E D E A I D N G

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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## Salome's Stars

**ARIES** (March 21 to April 19) Decisions involving your finances might seem to be foolproof. But they could have underlying risks you should know about. Don't act on anything until all the facts are in.

**TAURUS** (April 20 to May 20) Keep that keen Bovine mind focused on your financial situation as it begins to undergo some changes. Consider your money moves carefully. Avoid impulsive investments.

**GEMINI** (May 21 to June 20) You'll need to adjust some of your financial plans now that things are changing more quickly than you expected. All the facts you need haven't yet emerged, so move cautiously.

**CANCER** (June 21 to July 22) Personal and professional relationships dominate this period. Try to keep things uncomplicated to avoid misunderstandings that can cause problems down the line.

**LEO** (July 23 to August 22) That elusive goal you'd been hoping to claim is still just out of reach. But something else has come along that could prove just as desirable, if only you would take the time to check it out.

**VIRGO** (August 23 to September 22) This is a good time to get away for some much-needed rest and relaxation. You'll return refreshed and ready to take on the workplace challenge that awaits you.

**LIBRA** (September 23 to October 22) Confidence grows as you work your way through

some knotty situations. Watch out for distractions from well-meaning supporters that could slow things down.

**SCORPIO** (October 23 to November 21) Consider spending more time contemplating the possibilities of an offer before opting to accept or reject it. But once you make a decision, act on it.

**SAGITTARIUS** (November 22 to December 21) You're in a very strong position this week to tie up loose ends in as many areas as possible. Someone close to you has advice you might want to heed.

**CAPRICORN** (December 22 to January 19) Congratulations. This is the week you've been waiting for: After a period of sudden stops and fitful starts, your plans can now move ahead with no significant disruptions.

**AQUARIUS** (January 20 to February 18) You're in an exceptionally strong position this week to make decisions on many still-unresolved matters, especially those involving close personal relationships.

**PISCES** (February 19 to March 20) The new moon starts this week off with some positive movement in several areas. A special person becomes a partner in at least one of the major plans you'll be working on.

**BORN THIS WEEK:** You work hard and get things done. You also inspire others to do their best. You would do well heading up a major corporation.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

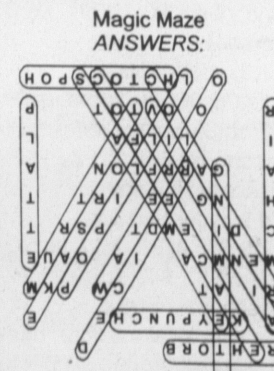
Clue: Q equals S

K Z W B I E E W B I Q I G V V J U X W Q  
H G Y B V J Q V X O V J, P I K Z W Z G Q  
P W U I E Q S B Y E K Y E U, Z W O G E K Q G  
A Z G E U W X H S G A W.

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## King Crossword — Answers

Solution time: 23 mins.



## CryptoQuip answer

change of pace.  
Began sprinting. He wants a fairly slowly, but he has the runner goes

S  
E  
P

1  
6

2  
0  
2  
1



# HOLLYWOOD

by Tony Rizzo

**HOLLYWOOD** – Jake Gyllenhaal's breakout film was "The Day After Tomorrow" (2004), which grossed \$552 million. It was followed by "Brokeback Mountain" (2005), which featured romantic scenes with the late Oscar-winning actor Heath Ledger, shocking to some, but still able to win Oscars for its director, adapted screenplay and musical score, and a best-actor nomination for Ledger. Gyllenhaal's voiceover in the animated film "Spirit Untamed," with Julianne Moore, opened in June and managed to gross \$38.6 million despite the pandemic. His Danish crime thriller "The Guilty," with Ethan Hawke, Riley Keough and Peter Sarsgaard, was well-received at The Toronto Film Festival. He's just wrapped-up Michael Bay's action thriller "Ambulance," with Eliza Gonzalez, about two brothers who steal an ambulance with a female paramedic and a critical patient in the back, due Feb. 18 in theaters.

\*\*\*

Despite the success of "Brokeback Mountain," it has taken 16 years for a major studio to make a romantic comedy about two men. Billy Eichner stars in "BROS," which he co-wrote with Nicholas Stoller (who's directing), with Judd Apatow producing for Universal Studios. It's about two men with commitment problems who attempt to start a relationship. The "other" man will be Luke Macfarlane, who played the gay lover of one of the title characters of the 2006-11 ABC series, "Brother & Sisters." In 2008 he "outed" himself as a gay

man in an interview, but still played "straight" men in one Hallmark movie a year from 2014-19, two in 2020 and another in 2021. Universal is touting "BROS" as the first gay rom-com made by a major studio, but Netflix already beat them to the punch with "Single All the Way," which stars "Ugly Betty's" Michael Urie and, well lookie here, Luke Macfarlane, dropping in December. Meanwhile, Billy Eichner is set to play Paul Lynde in "The Man in the Box." Lynde didn't hide his "gayness" and successfully played Ann-Margret's father in "Bye, Bye, Birdie" and Uncle Arthur in Elizabeth Montgomery's "Bewitched" series. He never had to "come out," no one cared.

\*\*\*

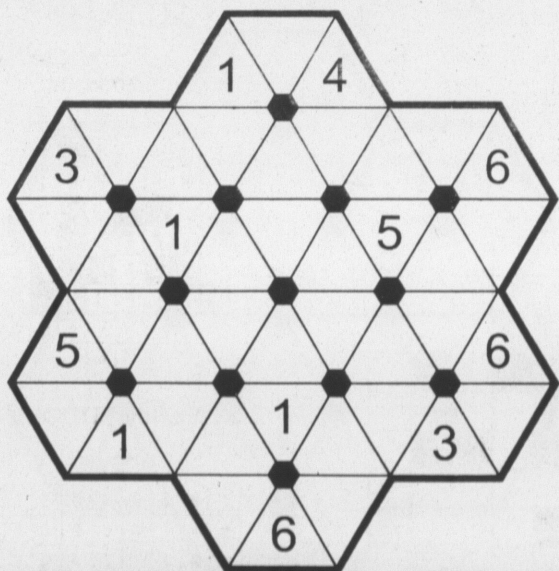
While Universal getting more liberal, Netflix is turning cautious. They thought their upcoming film "Blonde" (based on Joyce Carol Oates' best-selling book of the same name), with Ana de Armas as Marilyn Monroe, was "too graphic"! The film has Oscar-winner Adrian Brody as "The Playwright," Bobby Cannavale as "The Ex-Athlete," Caspar Phillipson as "The President" and Michael Masini as Tony Curtis. Brad Pitt is one of the producers, and what could have been more graphic than those violent scenes in "Once Upon a Time in Hollywood"? Speaking of once upon a time, I was once lured to Paul Lynde's house under false pretenses for a re-shoot and found myself locked up with him in his house...but that's another story!

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## SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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## GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult  
★★★ GO FIGURE!

	÷		+		10
×		×		÷	
	-		×		12
-		+		+	
	÷		+		10
7		8			11

1 2 3 4 5 6 8 9

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## KOVELS' Antiques & Collecting

By Terry and Kim Kovel

**Original Egg Chair** — At least five famous midcentury modern designers made chairs that looked like large hard-boiled eggs with a cutout for seating space: Arne Jacobsen (1902-1971), Milo Baughman (1923-2003), Peter Ghyczy (1940-) and Charles Eames (1907-1978) are four of them. But the fifth and most famous was the Ovalia egg chair made in 1968 by Danish designer Henrik Thor-Larsen (1932-). The chair was made with a round aluminum base and velvet upholstery on a white fiberglass frame. It was made to swivel. Some of the chairs were made with stereo speakers built into the backs. Hundreds of other chairs seemed inspired by Ovalia. There are womb chairs, rocking egg chairs, fried egg chairs, wicker egg chairs, swing egg chairs and more, all with the rounded egg shape. There are also hundreds of copies selling at low prices. The original Egg chair, sold by New Orleans Action Galleries, brought a bid of \$1,000, the estimated price, in a recent auction.

\*\*\*

**Q: I'd like to know if my McCoy Aunt Jemima cookie jar is real or a reproduction. She has a red bandana on her head and is wearing a white dress with a red towel hanging from her waist. The colors are faded. I think the jar is bisque. Did McCoy ever make a bisque cookie jar?**

**A:** McCoy made "Mammy" or "Aunt Jemima" cookie jars like yours from 1944 to 1957. Some were plain white, and some had trim in other colors. Thousands of cookie jars like yours were made, and they also have been reproduced.

The original jars were painted after firing and colors are usually faded or have flaked off. Colors on reproduction jars were glazed and then fired, so they remain bright. Value is about \$150 if original.

\*\*\*

**Q: We have a very heavy Jacobean style dining-room set we'd like to sell. It was a wedding gift to my parents in 1932. Is there a market for this?**

**A:** The heavy, "antique" furniture that was in fashion years ago isn't popular today. The cost to ship the set to an out-of-town auction would be high, so try to sell it locally at a house sale or resale shop.

\*\*\*

### CURRENT PRICES

Mt. Washington salt & pepper shakers, enamel flowers, yellow ground, squat fig shape, 2 3/4 inches, \$95.

Electric lamp, torchiere, faux bamboo pole, spread base, flared brass shade, Russel Wright, 65 inches, \$150.

Poster, music concert, Simon & Garfunkel, Jan. 22, Lincoln Center, black stylized letters figures, blue & green shadows, 1967, 40 x 26 inches, \$207.

Doll, Effanbee, Honey, hard plastic, blond hair with bangs, sleep eyes, peach taffeta party dress, black shoes with bows, 1951, 18 inches, \$374.

\*\*\*

**TIP:** Paper must "breathe." Don't glue it to a backing. It expands and contracts, and eventually it will tear.

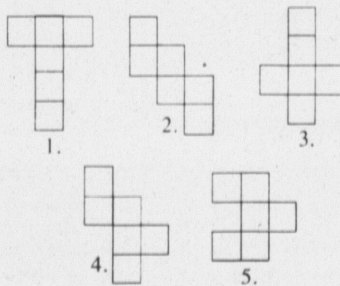
*Looking to declutter, downsize or settle an estate? Kovels' Antiques & Collectibles Price Guide 2021 by Terry and Kim Kovel has the resources you're looking for.*

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## STICKELERS

by Terry Stickels

Which one of the following images cannot be folded into a cube?



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## Strange BUT TRUE

• Baritone Leonard Warren died on stage at The Met in 1960 just as he finished singing Verdi's "Morir, Tremenda Così" ("To Die, a Momentous Thing").

• While shedding, geckos will eat their skin in order to prevent predators from finding and eating them more easily.

• A man named Ronald MacDonald robbed a Wendy's in 2005.

• In the early 2000s, when hackers were not that rampant, a survey showed that 70% of London commuters would reveal their computer password in exchange for a chocolate bar, while 30% of the respondents admitted they would give their password even without said candy.

• The sequel to the 1953 film titled "Gentlemen Prefer Blondes" was called "Gentlemen Marry Brunettes."

• Per capita, the happiest countries in the world also rank highest in terms of consumers of antidepressants.

sants.

• The term "plastic surgery" was coined in 1839, 70 years before plastic was even invented. It comes from the Greek word "plastike," which means "the art of modeling" of malleable flesh.

• Journalist John Richards founded The Apostrophe Protection Society in 2001 to enforce the proper use of the apostrophe in written English. He closed the society in 2019, however, at the age of 96, with the announcement that "the ignorance and laziness present in modern times have won!"

• The World Health Organization (WHO) recommends avoiding drinking camel urine to prevent contracting Middle East respiratory syndrome. Thanks, guys, but we'll wait for the shot.

• Abibliophobia is the fear of running out of material to read.

\*\*\*

**Thought for the Day:** "When the path ignites a soul, there's no remaining in place. The foot touches the ground, but not for long." —Hakim Sanai

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## Now here's a tip!

by Jo Ann Derson

• If you need to pick up small shards of glass, use a cotton ball that's been moistened, or a slice of white bread (insides only) wadded up.

• Glass and chrome will shine if you clean them with newspaper. You can mist the paper with water first, but not too much. Rub... and the shine comes right out, plus no streaks or lint!

• "Use purified water in your coffeemaker to lengthen its life. Water deposits build up and affect both the flavor and function of your machine. They can be cleaned, but it's much better if you use purified drinking water from a jug. It makes it very easy to fill the machine, too." —M.E. in Wyoming

• "Purchase colorful laundry baskets for each child in your home. In the evening, you can have the child find

all his or her stray items, put them in the basket and then put them away. In our house, the kids also use their basket to hold anything they need for school the next day — backpack, coats and outerwear, even boots. We stack the baskets by the door, and nothing gets left behind." —P.W. in Missouri

• When you are frying up ground beef, add a tablespoon or two of water. It will help the excess grease to pull away from the meat, making it easier to drain off.

• "To speed the healing of bruises, try eating pineapple. Drink lots of water, too. I play contact sports, and this has always helped me." —R.E. in Missouri

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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### Go Figure!

answers

11	8	7
01	6	5
10	4	3
9	2	1

Stickelers Answer

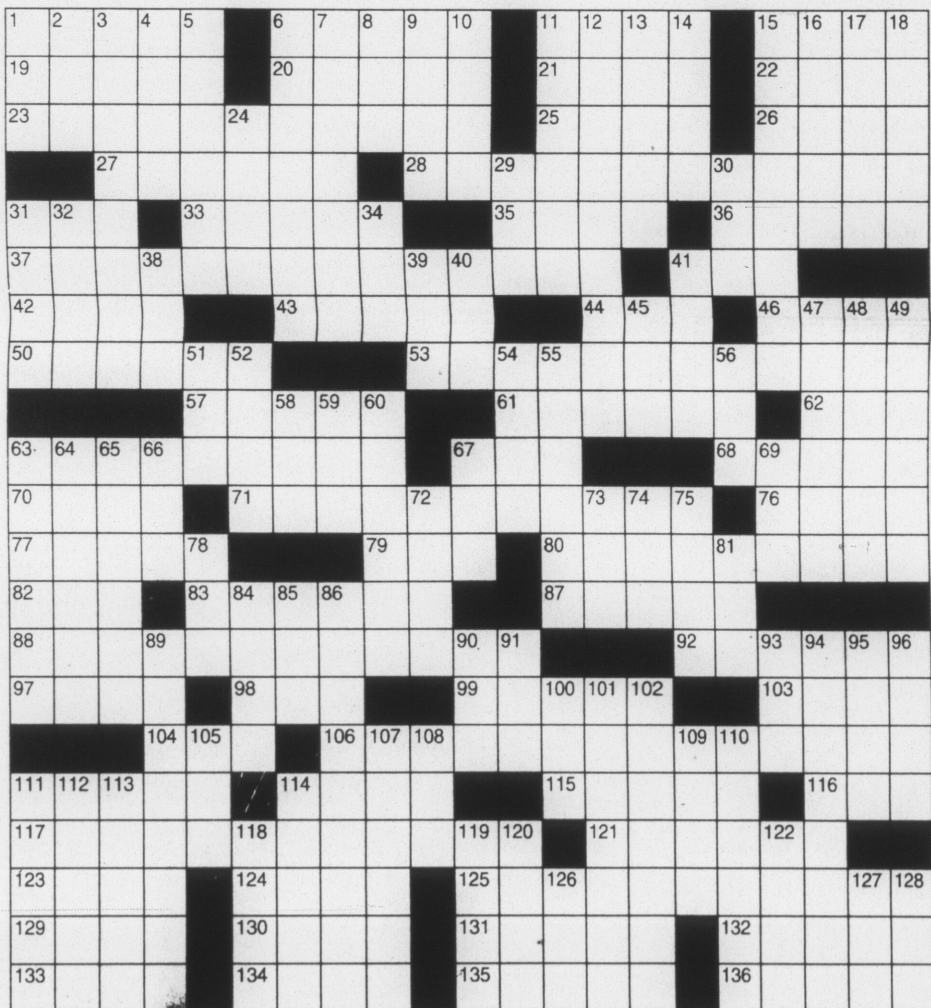
Figure 5 can't be folded into a cube



# Super Crossword

ON A FIRST-NAME BASIS

- ACROSS**
- 1 Father
  - 6 Gather
  - 11 No. on a car lot sticker
  - 15 Quaint letter salutation
  - 19 Pool table fabrics
  - 20 Large town, in Italian
  - 21 Bum slightly from a palm
  - 22 Purple fruit
  - 23 Candid bow wielder? [Anne]
  - 25 Green
  - 26 Lisa formerly of "The View"
  - 27 Bread eaten at Passover
  - 28 Gallic senior citizens? [Victor]
  - 31 Subside
  - 33 Earnest and solemn
  - 35 D.C. VIPs
  - 36 Four doubled
  - 37 Ebony-colored card given on February 14? [Karen]
  - 41 Stable scrap
  - 42 Writer Ayn
  - 43 Houston site
  - 44 Little bit
  - 46 A Great Lake
  - 50 Cry of worry
  - 53 Precious gem that formed just recently? [Neil]
  - 57 Port in Italy
  - 61 Boot leathers
  - 62 Chi preceider
  - 63 Hueless
  - 64 Focus or Fiesta? [Betty]
  - 67 Self-help writer LeShan
  - 68 Butts in
  - 70 Long-eared hopper
  - 71 Undersized carriage with a fold-down top? [Martin]
  - 76 Prefix with plane
  - 77 University of Maine's town
  - 79 Reply to "Are you?"
  - 80 Annoyed
  - 81 Small
  - 82 PD alert
  - 83 Mutiny
  - 87 Pioneer in graph theory
  - 88 Sweetheart prone to sulk? [Ron]
  - 92 Sailor who flew on a roc
  - 97 Absorbed by
  - 98 Follower of "Co.," often
  - 99 Little bit
  - 103 The last Mrs. Chaplin
  - 104 Showery
  - 106 Robust artisan working in precious metal? [Oliver]
  - 111 Venue
  - 114 Byte lead-in
  - 115 Brand of fake fat
  - 116 Wee, in brief
  - 117 British noble who feels no affection?
  - 121 Quartets doubled
  - 123 Oratorio solo
  - 124 "Der —" (nickname for Konrad Adenauer)
  - 125 Clear quartz fashioned to look like a suitor's flower? [Billy]
  - 129 Mets' clubs
  - 130 In tatters
  - 131 Tickle pink
  - 132 Long-term con
  - 133 Louver strip
  - 134 ERA or HRs
  - 135 Quick
  - 136 Up to now
  - 40 General on Chinese menus
  - 41 Stage prize
  - 45 Total up
  - 47 More stringy
  - 48 Possible follower of "Pssst!"
  - 49 Menlo Park "wizard"
  - 51 Grow mellow
  - 52 Ring arbiters
  - 54 Meat stamp
  - 55 Subtlety
  - 56 Horned viper
  - 58 Osaka drama
  - 59 "— y plata"
  - 60 "This is not —!" ("Red alert")
  - 63 Self-reflective question
  - 64 Talk about ad nauseam
  - 65 1950' Asimov classic
  - 66 Five doubled
  - 67 Elegant tree
  - 69 With 109-Down, unprocessed facts
  - 72 "Mon Oncle" star Jacques
  - 73 Actress Joanne
  - 74 MSN rival
  - 75 Employs
  - 78 Suffix with audit or arm
  - 81 — Lanka
  - 84 Revise copy
  - 85 Ryder vehicle
  - 86 A maestro conducts it
  - 89 In Maine
  - 90 Doze off
  - 91 Dude
  - 93 — de plume
  - 94 Removes via very hot water, as impurities
  - 95 "No" voter
  - 96 Writer Roald
  - 100 Oxfam or Amnesty Intl.
  - 101 Huge statues
  - 102 Voted in
  - 105 Twisty fish
  - 107 Gung-ho
  - 108 Writer Santha Rama —
  - 109 See 69-Down
  - 110 Fishhook lines
  - 111 Hefty slices
  - 112 Deep pink
  - 113 Madonna musical
  - 114 Groove for a letter-shaped bolt
  - 118 Ingests
  - 119 Old Chrysler
  - 120 Bombeck of humor
  - 122 Sextet halved
  - 126 "I reckon so"
  - 127 Body of water
  - 128 Drop the ball



## celebrity extra

by Dana Jackson

**Q: Is the "Real Housewives of Salt Lake City" coming back or was it canceled after one season? Didn't one of the cast members get arrested? — E.M.**

**A:** The entire "Real Housewives of Salt Lake City" cast just returned for a second season on Bravo, and much of the drama will certainly be focused on cast member Jen Shah's arrest. Shah and her assistant Stuart Smith were booked on federal charges this past March for allegedly heading up a telemarketing scheme aimed at defrauding the elderly. Shah's trial is scheduled for March 2022.

Joining all the returning housewives is Jennie Nguyen, a stay-at-home mom who recently sold her medical spa business. Nguyen's hubby is apparently eager to add to their brood of three children and even goes so far as to introduce the idea of a sister wife.

**Q: I'm so excited that Dr. Addison Montgomery (Kate Walsh) is returning to "Grey's Anatomy." I loved her on "Private Practice," but "Grey's" is my favorite show. How long can we expect the character to stick**

around this time? — T.G.

**A:** Kate Walsh "shocked" "Grey's Anatomy" fans when she debuted as "McDreamy's" (Patrick Dempsey) estranged wife at the end of season one. Showrunner Shonda Rhimes was such a fan of Walsh that she gave her a spinoff with "Private Practice." Dr. Addison Montgomery will be returning to "Grey's" for its impressive 18th season on ABC beginning Thursday, Sept. 30. Walsh's character is scheduled for a multi-episode story arc along with actors Kate Burton and Peter Gallagher.

**Q: When is "You" coming back to Netflix? I've been watching it since it was first on one of the networks and was thrilled when Netflix picked it up. — S.S.**

**A:** The series started out on Lifetime, but didn't become a hit until Netflix viewers started streaming it a few months later. "You" stars Penn Badgley as a bookstore manager who becomes fixated on a customer played by Elizabeth Lail. In the second season, Badgley's character adopts a new identity, relocating to California where he finds a new obsession played by Victoria Pedretti.

In season three, the toxic couple assimilates with other suburbanites, including Scott Speedman ("Felicity") as a "successful CEO, husband and uncommunicative father," according to Deadline.com. You can start streaming



Jen Shah  
Photo Credit:  
Fred Hayes/Bravo

the third season of "You" on Netflix beginning Oct. 15.

**Q: Will Marg Helgenberger be returning to the new "CSI" series? I saw that three of the actors from the original series will be in this one, but there's been no mention of Marg's character. — B.B.**

**A:** "CSI: Vegas" will reunite original "CSI" cast members William Peterson, Jorja Fox and Wallace Langham, but Helgenberger has other commitments. Her latest series, "All Rise," was canceled after two seasons, but according to IMDb.com, she has a new project on the horizon, an NBC drama titled "Getaway." Helgenberger may have another hit on her hands, as "Getaway" was created by the duo behind the hit series "Blacklist."

Send me your questions at [NewCelebrityExtra@gmail.com](mailto:NewCelebrityExtra@gmail.com), or write me at KFWs, 628 Virginia Drive, Orlando, FL 32803.

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## Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                       |             |                     |             |
|-----------------------|-------------|---------------------|-------------|
| 1. Clean sweeper      | — — — — — M | Babbling stream     | — — — — — K |
| 2. Funny man Seinfeld | J — — — — — | Toweling material   | T — — — — — |
| 3. Hair snag          | — A — — — — | Pins and needles    | — I — — — — |
| 4. Deer's larger kin  | — — — — — S | Mary Tyler          | — — — — — R |
| 5. Talcum             | — — — — — W | Contemplate         | — — — — — N |
| 6. Serve food         | — — — — — T | Escapade            | — — — — — P |
| 7. Pirate's board     | — — — — — L | Practical joke      | — — — — — R |
| 8. Soho setting       | — — — — — O | President Johnson   | — — — — — Y |
| 9. Serving tray       | — — — — — A | Lone Ranger's horse | — — — — — I |
| 10. Dawdle            | — — — — — A | Singer Parton       | — — — — — O |

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## Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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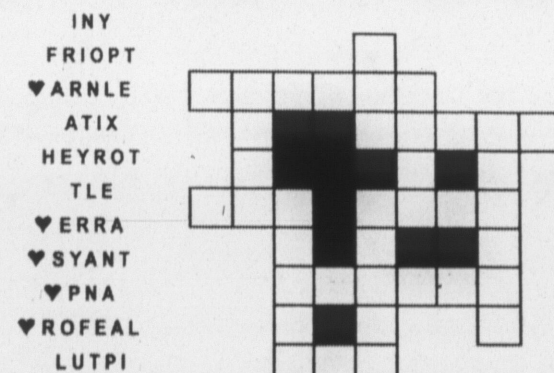
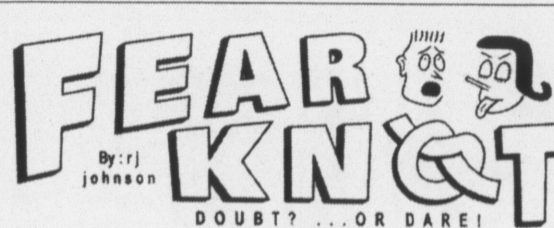
## Super Crossword

Answers

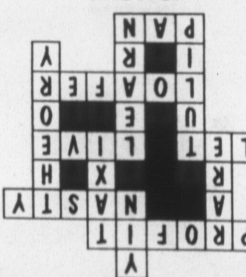
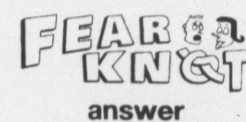


## Even Exchange answers

- |                   |                   |
|-------------------|-------------------|
| 1. Broom, Brook   | 5. Powder, Ponder |
| 2. Jerry, Terry   | 6. Coter, Capter  |
| 3. Tangle, Tingle | 7. Plan, Prank    |
| 4. London, Lyndon | 8. Silver, Silver |
|                   | 9. Moose, Moore   |
|                   | 10. Daily, Dolly  |

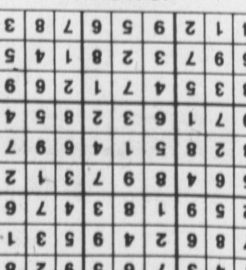


Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



## Weekly SUDOKU

Answer



S  
E  
P  
  
1  
6  
  
2  
0  
2  
1



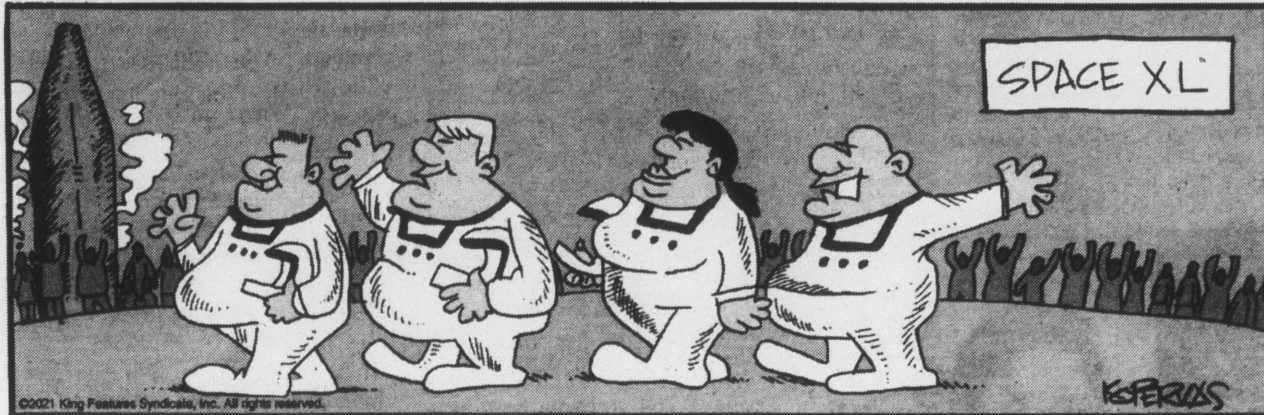
## Amber Waves

by Dave T. Phipps



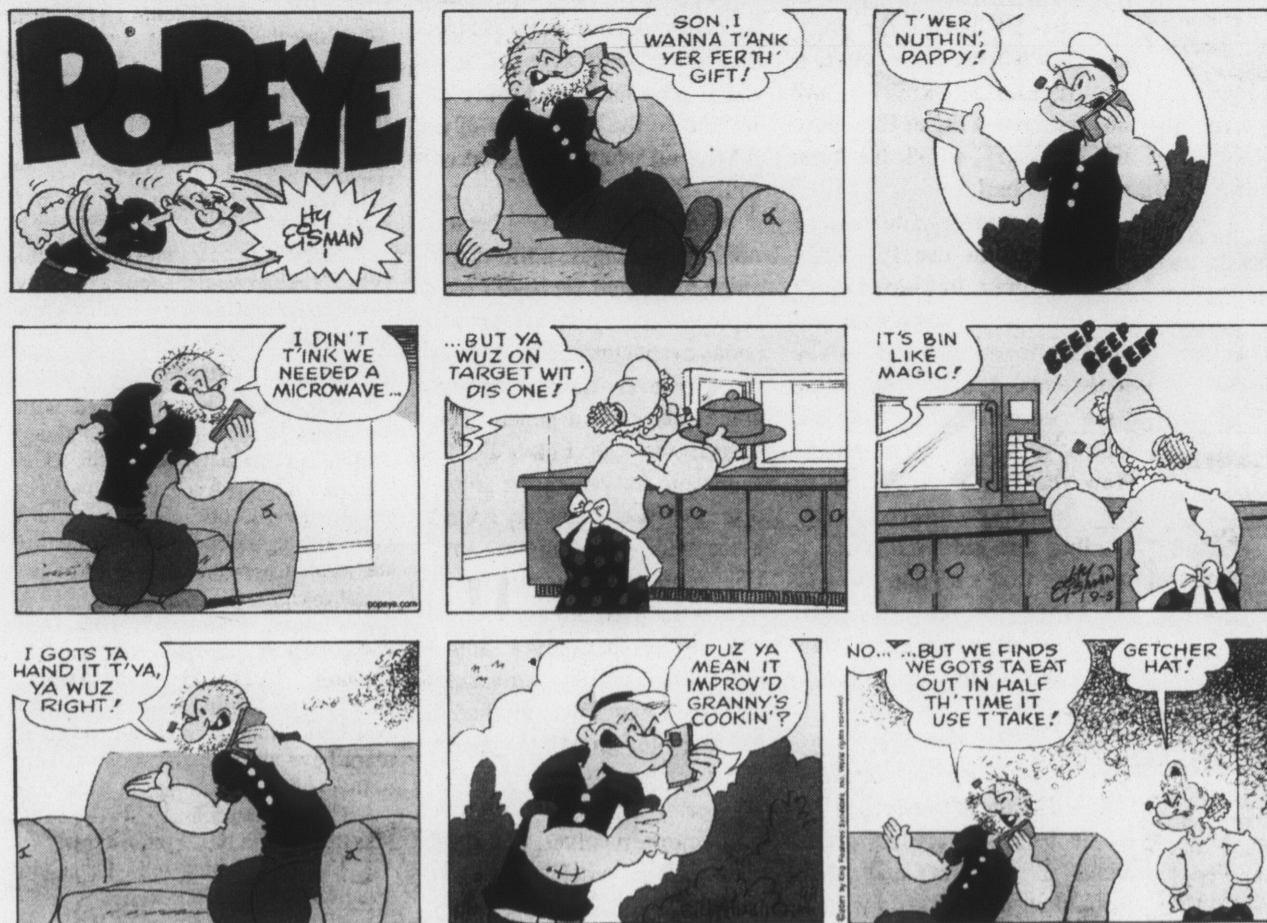
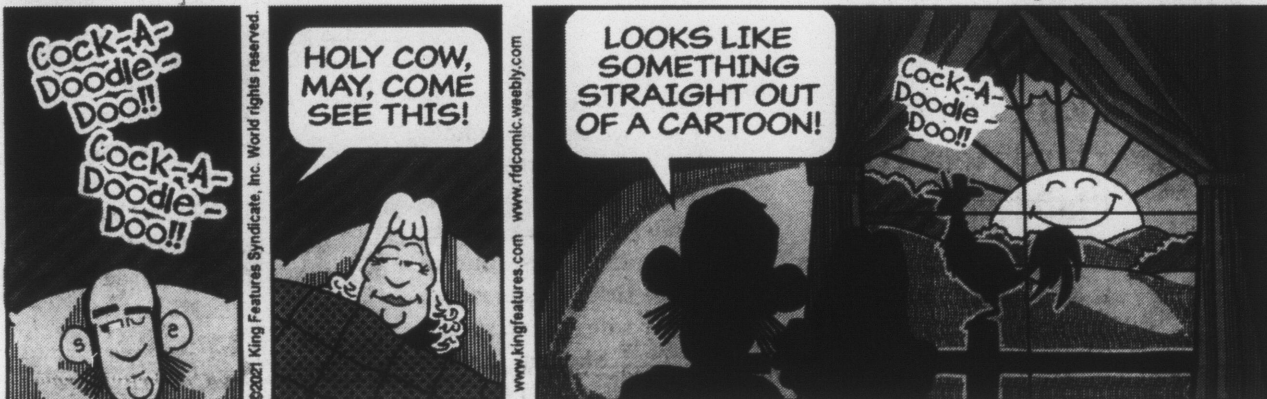
## Out on a Limb

by Gary Kopervas



## R.F.D.

by Mike Marland



## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Beyond  
TEDIOUS  
Blend  
LEMING  
Coma  
NECTAR  
Pay  
MITER

TODAY'S WORD

## Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

4	5	6	4	4	2
4	3	1	5	1	6
4	2	1	6	6	4
1	4	1	2	6	5
5	2	2	6	3	1
5	1	4	2	2	2

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## Brewer's Yeast and Pet Allergies

**DEAR PAW'S CORNER:** I read an article that says brewer's yeast is safe for cats and dogs. I disagree. I found several more articles online that say pets can be allergic to brewer's yeast. What do you say about that? — Carla L, via email

**DEAR CARLA:** Pet owners should always research and evaluate the risks of any supplement for their pets. Brewer's yeast is a mainstay for owners trying to find a natural flea control treatment, and others swear that its blend of B vitamins makes their pets healthier.

It has been found that brewer's yeast created for humans often contains ingredients like garlic and onions that are downright toxic to pets. Owners should purchase only brewer's yeast formulated for dogs or cats, as PetMD notes ([www.petmd.com/dog/nutrition/brewers-yeast-dogs-](http://www.petmd.com/dog/nutrition/brewers-yeast-dogs-)

understanding-benefits-and-risks).

Here are some other tips for picking the right brewer's yeast:

- Give only the amount recommended for your pet's size.
- Brewer's yeast that has been "de-bittered" lacks chromium, a mineral that helps regulate blood sugar in humans but hasn't been studied in dogs.
- Read the label carefully: Some brewer's yeast for pets contains garlic, which can be toxic, especially for smaller pets.
- Consider a brewer's yeast that includes omega-3 oils for added benefits.
- This supplement can add up to 80 calories to your pet's meal. It can also cause excess gas.

Some pets really are allergic to the yeast itself, though. Avoid giving brewer's yeast to dogs with known yeast allergy, who have digestive illnesses like colitis, or who are immunocompromised. Always monitor your pet for new behaviors or symptoms after giving them any new supplement.

Send your questions, comments or tips to [ask@pawscorner.com](mailto:ask@pawscorner.com).

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**TOP TEN VIDEO, DVD**  
for release week of  
September 13, 2021

## Video On Demand

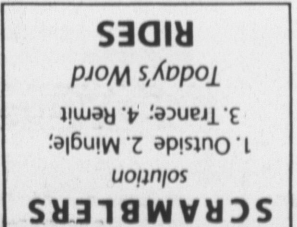
1. Respect (PG-13) Jennifer Hudson
2. The Hitman's Wife's Bodyguard (R) Ryan Reynolds
3. Peter Rabbit 2: The Runaway (PG) Rose Byrne
4. A Quiet Place: Part II (PG-13) Emily Blunt
5. Snake Eyes: G.I. Joe Origins (PG-13) Henry Golding
6. Stillwater (R) Matt Damon
7. Those Who Wish Me Dead (R) Angelina Jolie
8. Wrath of Man (R) Jason Statham
9. Pig (R) Nicolas Cage
10. Risen (NR) Terri Pur-

## Hitori answer

2	2	2	2	5	1	4	2	2	5
3	1	9	2	2	5	2	6	3	5
5	4	1	2	6	5	4	2	1	6
4	4	2	1	6	6	4	2	1	6
6	4	3	1	5	1	6	4	3	1
2	4	5	6	4	4	2	5	6	4

Source: Comscore/Media Play News

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# MORE FUN

## COUCH THEATER

BY RACHEL ROSE

**Cry Macho** (PG-13) — Even at 91 years old, Clint Eastwood is still acting and directing, and his latest project's plot feels slightly familiar. If you enjoyed "Gran Torino," you'll probably like "Cry Macho." Eastwood plays a grizzled former rodeo star who finds himself in the extended company of a teenage boy who's struggling to deal with life and growing up. During their time together, Eastwood teaches the boy how to be a decent man. It's a role Eastwood plays well. The film will be dual released in theaters and on streaming, but only available for 31 days from its release on Sept. 17, so get crackin'. (HBOMax)

**The Harper House** (NR) — A new animated series geared toward adults, "The Harper House" attempts to find the funny in housing desperation. It follows a family forced to move from the rich side of a small Arkansas town into a dilapidated Victorian house on the poor side when mom Debbie loses her job. Sounds fun so far, right? Trust me, it is. Debbie is not your typical mother hen; she's a can-do, make-it-happen feminist type, while her husband, Todd, is the mellow stay-at-home dad to their twin kids, who are also opposites of each other. The mismatched personalities are exaggerated, but that's what makes it enjoyable. (Paramount+)

**My Heroes Were Cowboys** (PG) — Few people get the chance to turn their childhood dreams into their life's work. Horse trainer Robin Wiltshire spent his troubled youth escaping through the fantasy of Western movies. After competing in rodeos, the Wyoming resident got to train the iconic Budweiser Clydesdales for their TV commercials. His ability to connect and communicate with these giants led to a longstanding career in film production animal training. But

as this short documentary shows, for Wiltshire it's more than a job, it's the saving grace of his life. (Netflix)

**Everybody's Talking About Jamie** (PG-13) — Really, they are! This Amazon original musical movie is a little bit "Glee," a little bit "La Cage aux Folles," and a whole lot of flash. An adaptation of the stage show of the same name, it tells the story of 16-year-old Jamie New, a British teenager who dreams of becoming a drag queen. Supported by his mum and his best friend (but not by his father), Jamie enlists the help of a local drag queen to mentor his dream. It's a fun, energetic flick inspired by true events. (Prime Video)



Scene from "Everybody's Talking About Jamie"

**Backyard Blowout** (NR) — Every good reality competition show deserves a kid version (see the success of "Top Chef Junior"). What kids might lack in experience or training, they make up for with their enthusiasm and creativity. This original series starts with parents ready and willing to renovate their own backyards; the twist is that they must use plans drawn up by their own children. As expected, the kids think big because they have yet to learn the meaning of the word budget... or city codes... or even safety. But it's all in fun, and the end results are a great bonding experience for the families. (Peacock)

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## Contract Bridge

### FAMOUS HAND

South dealer.

East-West vulnerable.

#### NORTH

♦ A 10 3  
♥ K Q 9 7  
♦ A K Q 9  
♠ 5 4

#### WEST

♦ K 6 4  
♥ A 10 8 6  
♦ J 10 7 4  
♠ 6 2

#### EAST

♦ J 8 7 2  
♥ J 4 3  
♦ 8 6 2  
♠ Q 10 8

#### SOUTH

♦ Q 9 5  
♥ 5 2  
♦ 5 3  
♠ A K J 9 7 3

The bidding:

South	West	North	East
1 ♠	Pass	1 ♦	Pass
2 ♣	Pass	2 ♥	Pass
3 ♣	Pass	3 ♠	Pass
3 NT	Pass	4 ♣	Pass
5 ♣	Pass	6 ♣	

Opening lead — four of diamonds.

Everyone is occasionally guilty of becoming enamored of a particular hand and overestimating its value. All players should, of course, strive to keep such excesses to a minimum, as steady overbidding is a serious fault in anyone's game. The best policy in bridge is to try to bid your hands as accurately as possible — neither overbidding nor underbidding them

by Steve Becker

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## Puzzles4Kids

by Helene Hovanec

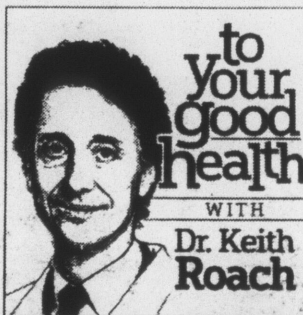
### RIDDLE SEARCH — TYPES OF COOKIES

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: What is a monkey's favorite cookie?

ALMOND  
APPLE CIDER  
APRICOT  
DATE  
DROP  
FUDGE  
HONEY  
LEMON  
LIME  
MINT  
ORANGE  
PECAN  
PLUM  
PUMPKIN  
ROCKY ROAD  
SPICE  
VANILLA  
WALNUT

A	P	R	I	C	O	T	N	I	M
L	P	U	M	P	K	I	N	V	D
M	C	P	E	C	A	N	H	A	A
O	O	C	L	I	M	E	T	N	O
N	H	O	N	E	Y	E	O	I	R
D	F	S	P	I	C	E	L	L	Y
M	U	L	P	A	T	I	E	L	K
E	D	R	O	P	C	M	D	A	C
E	G	N	A	R	O	H	I	E	O
M	E	T	U	N	L	A	W	P	R

Riddle answer: \_\_\_\_\_



## Estrogen Insert May Help With Bladder Problems

**DEAR DR. ROACH:** I am an 83-year-old female with bladder problems. I get up two or three times a night and usually make it to the bathroom. I thought it would be good to see a doctor in case the problem got worse. An operation was mentioned, which I am not interested in, so they gave me a pessary, which has been good and bad.

It is comfortable and I don't have to use the bathroom as often, but now I don't get bathroom warnings and don't always make it to the bathroom. I also leak urine with coughs and sneezes, which didn't happen before. Now the doctor wants me to use Imvexxy inserts. After reading the side effects, I'm not sure that's a good thing to do. What are your thoughts: Is the Imvexxy necessary? The side effects really scare me. -- Anon.

**ANSWER:** You have symptoms of both urge incontinence (the sensation of needing to get to the bathroom right away to avoid an accident) and stress incontinence (losing urine with abdominal pressure, such as cough or sneeze). It is possible that you have two separate problems. However, loss of estrogen can cause the lining of the vagina and vulva to thin. This includes the urethra, which provides conscious control over urinary flow. It needs estrogen to close optimally, and older women often have stress or urge incontinence (or both, which is called mixed) due to lack of estrogen.

Imvexxy (estradiol) is a low-dose estrogen preparation inserted in the vagina, usually daily for two weeks then twice weekly thereafter. It is a very reasonable choice for women with symptoms of urge or stress

incontinence and who have findings of estrogen loss on physical exam. The low dose makes side effects uncommon (in the initial trial of 764 women, there were no adverse effects that happened in women using estradiol at greater frequency than in the placebo group).

\*\*\*

**DEAR DR. ROACH:** My wife's mother and her mother's father had subarachnoid hemorrhages (SAHs) — he died immediately, and her mother recovered after a time, during which she suffered delusions. Should my wife receive special monitoring? She has always had migraines, which have for the most part been controlled by medicine, but as we get into our older years (70s), I wonder if we should pay more attention to the possibility of an SAH, and what might that entail. -- J.C.

**ANSWER:** Most subarachnoid hemorrhages, a life-threatening bleed into the head from a ruptured aneurysm, are spontaneous events unrelated to genetics. However, they sometimes come related to a genetic condition, such as Ehlers-Danlos syndrome and polycystic kidney disease. Even when they are not associated with a known condition, people with a strong family history for SAH are at increased risk for one themselves. Someone with one first-degree relative (like your wife's mother, in her case) has about a 1% chance of having a SAH in the next 10 years. Someone with two first degree relatives has a 7% chance. Your wife would be in between, with one first-degree and one second-degree relative (her grandfather).

There is no consensus on whether she should be screened (with a CT- or MRI-based angiogram scan), but she should discuss it with her doctor, or see an expert, such as a neurosurgeon.

\*\*\*

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu).

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## Comfort foods

Made fast  
and  
healthy



by Healthy Exchanges

## Ultra-Easy Italian Vegetable Relish

Zucchini is one of those vegetables that gets far too little respect. I think it might be because its vines are so prolific. No matter how good something is, when it's overabundant, it somehow is taken for granted. Try this ultra-easy relish, and others just might ask you, "Where in the world did you come up with this great recipe?"

- 1 1/2 cups finely chopped unpeeled zucchini
- 1 cup shredded carrots
- 1/4 cup finely chopped green and/or red bell pepper
- 1/4 cup finely chopped onion
- 1/2 cup fat-free Italian dressing

In a medium bowl, combine zucchini, carrots, pepper and onion. Add Italian dressing. Mix gently to combine. Cover and refrigerate for at least 1 hour. Gently stir again just before serving. Makes 6 (1/2 cup) servings.

• Each serving equals: About 28 calories, 0g fat, 1g protein, 6g carb., 231mg sodium, 2g fiber; Diabetic Exchanges: 1 Vegetable.

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- Name the group that started out as Chocolate Hair.
- Which Neil Diamond song is often heard at sporting events?
- Who originally released "I'll Be There"?
- Which duo had a hit with "I Can't Go for That"?
- Name the song that contains this lyric: "Like a sweet magnolia tree, my love blossomed tenderly, my life grew sweeter through the years."

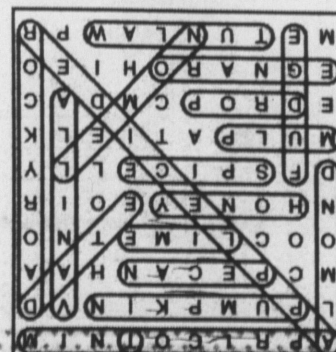
### Answers

- Sugarloaf. They'd formed with members from The Moonrakers, which had originally been called The Classics. The switch to the name Sugarloaf came about after the record company legal department feared that the name Chocolate Hair could have racist overtones.
- "Sweet Caroline." The U.S. (especially at Fenway Park), Canada (Ontario Hockey League), Australian football (Sydney Swans) and the Northern Ireland national football team have all used the song as their anthem or for singalongs.
- The Jackson 5, in 1970. The song was their fourth No. 1 hit in a row.
- Daryl Hall and John Oates, in 1981.
- "I Was Made to Love Her," by Stevie Wonder, in 1967. The song, like several other Wonder hits (including "Signed, Sealed, Delivered I'm Yours"), was co-written by his mother, Lula Mae Hardaway.

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## Puzzles4Kids

Answer

S  
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P1  
62  
0  
2  
2  
1



# NQ Football Remembers 9-11 Victims At Home Opener



NORTH QUINCY JUNIOR linebacker Matt Whooley holds an American flag as the Raiders remembered the victims of the 9-11 terrorist attacks with a moment of silence prior to kicking off the season against Somerville last Friday night at Veterans' Memorial Stadium. The Raiders also took to the field waving American flags (photos at right) in memory of the lives lost on 9-11.

Quincy Sun Photos/Robert Bosworth



## There's still time to stay on track.

### Don't worry if you've missed Fall enrollment.

Starting in October, we'll be offering accelerated courses to make sure you aren't falling behind. So whether you're looking to fill a pre-req, speed up your degree progress, or simply looking to explore new fields of study, we've got you covered.

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QUINCY | PLYMOUTH | ONLINE [quincycollege.edu](http://quincycollege.edu)

## NQHS '81 REUNION COCKTAIL PARTY

OCTOBER 15th 7-11  
WATER CLUB MARINA BAY

\$25

PLEASE VENMO  
@STEVE-KAVANAGH  
OR SEND CHECK TO  
STEVE KAVANAGH  
7 PUTNAM ST  
CHARLESTOWN, MA 02129 BY  
OCTOBER 1 st

Remember the parties, remember the fun,  
remember the class of '81



# HOUSEHOLD HAZARDOUS WASTE DROP-OFF DAY



**SATURDAY, OCTOBER 2, 8 AM TO 12 PM**

**DEPARTMENT OF PUBLIC WORKS, 55 SEA STREET, QUINCY, MA 02169**

Quincy Residents Only | Proof of residency with valid MA Driver's License.

## WHERE TO START

When gathering products for the drop-off event leave materials in original containers and tighten all caps and lids. Sort and pack items separately in sturdy upright boxes. **NEVER MIX CHEMICALS.** Pack your car the morning of the event and drive directly to the DPW. Do not smoke while handling hazardous material and do not bring children in the car with you.

Items **not accepted** at the hazardous materials drop-off day are ammunition, fireworks and explosives, commercial/industrial/biological waste, prescription medicine and radioactive waste. For the proper disposal of these materials visit the City's website [www.QuincyMA.gov](http://www.QuincyMA.gov)

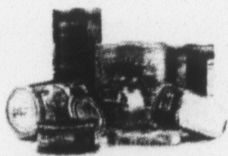
## ACCEPTABLE ITEMS

- |                                |                              |
|--------------------------------|------------------------------|
| Antifreeze                     | Moth Balls                   |
| Artist Supplies                | Ni-Cad/Lithium Batteries     |
| Brake Fluid                    | Oil Based Paints             |
| Car Wax                        | Oven Cleaner Paint           |
| Carburetor Cleaner             | Strippers and Thinners       |
| Chemical Fertilizers           | Photo Chemicals              |
| Chemistry Sets                 | Poisons/Insecticides         |
| Drain/Toilet Cleaner           | Roofing Tar                  |
| Driveway Sealer                | Rubber Cement                |
| Engine Degreaser               | Model Glue                   |
| Fiberglass Resin               | Rug and Upholstery Cleaner   |
| Flea and Tick Control Products | Solvent Adhesives            |
| Metal Polish                   | Spot Remover                 |
| Fuels/Gasoline/Kerosene        | Stains & Varnishes           |
| Fungicides                     | Swimming Pool Chemicals      |
| Furniture Polish               | Transmission Fluid           |
| Hobby Supplies                 | Weed Killers                 |
| Latex Paint                    | Wood Preservatives, Cleaners |
| Lighter Fluid                  |                              |
| Mercury Items*                 |                              |

\*Fluorescent Light Tubes and "Swirly" Light Bulbs, Thermometers, Thermostats, Button-Cell, Ni-Cad and Lithium Batteries, Flow Meters and Mercury Switches.

**Recycle Smart**

**Metal**



**Food and Beverage Cans**  
empty and rinse

**Plastic**



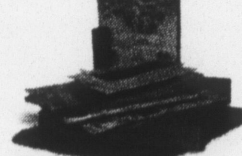
**Bottles, Jars, Jugs and Tub**  
empty and replace cap

**Glass**



**Bottles and Jars**  
empty and rinse

**Paper & Cardboard**



**Mixed Paper, Newspaper, Magazines, Boxes**  
empty and flatten

**NO!**



**Do Not Bag Recyclables  
No Garbage**



**No Plastic Bags  
or Plastic Wrap**  
(return to retail)



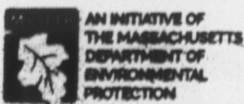
**No Food or Liquid**  
(empty all containers)



**No Clothing or Linens**  
(use donation programs)



**No Tangles**  
(no hoses, wires, chains or electronics)



[RecycleSmartMA.org](http://RecycleSmartMA.org)

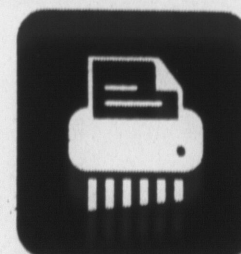


**FREE  
PAPER  
SHREDDING**



From Bay State Shredding  
of Quincy

**Cardboard,  
paper clips,  
staples and  
elastics OK!**



**City of Quincy  
DPW**

Thomas P. Koch, Mayor  
Alfred J. Grazioso, Commissioner  
[www.QuincyMA.gov](http://www.QuincyMA.gov)



**CLEAN WATER  
IS EVERYBODY'S BUSINESS**

S  
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